



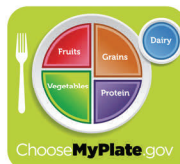
## MARCH 2012 SUPPER MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Turkey Cobb Salad Over Romaine Whole Wheat Roll Fresh Banana Skim or 1% Milk Balsamic Dressing	<b>2</b> BBQ Chicken Salad Whole Wheat Roll Celery Sticks 100% Grape Juice Skim or 1% Milk	<b>3</b> Grilled Chicken Salad Over Spring Mix Whole Wheat Roll Orange Wedges Skim or 1% Milk Balsamic Dressing	<b>4</b> Turkey Caesar Wrap in a Whole Wheat Tortilla Tomato Salad 100% Apple Juice Skim or 1% Milk
<b>7</b> BBQ Chicken Breast Whole Wheat Roll Potato Salad Applesauce Skim or 1% Milk	<b>8</b> Tuna & Macaroni Salad Whole Wheat Roll Baby Carrots 100% Orange Juice Skim or 1% Milk	<b>9</b> Chicken Salad on a Whole Wheat Wrap Baby Carrots Fresh Melon Wedge Skim or 1% Milk	<b>10</b> Turkey & Cheese on a Whole Wheat Roll Celery Sticks 100% Fruit Juice Skim or 1% Milk	<b>11</b> Cheddar, Lettuce & Tomato on a Wheat Wrap Cucumber Sticks Orange Wedges Skim or 1% Milk
<b>14</b> Mediterranean Chicken on Wheat Pita Bread Tomato & Cucumber Salad 100% Fruit Juice Skim or 1% Milk	<b>15</b> Turkey Caesar Salad Over Romaine Whole Wheat Roll Fresh Banana Skim or 1% Milk Parmesan Cream Dressing	<b>16</b> Tuna Salad Whole Wheat Roll Celery Sticks 100% Grape Juice Skim or 1% Milk	<b>17</b> Southwest Chicken Strips Whole Wheat Tortilla Corn & Black Bean Salad Orange Wedges Skim or 1% Milk	<b>18</b> Turkey Ham & Cheese On Wheat Bread Spinach Salad 100% Apple Juice Skim or 1% Milk
<b>21</b> <b>Parent Conference Day</b>  <b>School Closed</b>	<b>22</b> Turkey Cobb Salad Over Romaine Whole Wheat Roll 100% Orange Juice Skim or 1% Milk Balsamic Dressing	<b>23</b> Egg Salad Whole Wheat Roll Spinach Salad Fresh Melon Wedge Skim or 1% Milk	<b>24</b> Honey Lemon Chicken Pasta Salad Broccoli Crowns 100% Fruit Juice Skim or 1% Milk	<b>25</b> <b>Teacher Professional Day</b>  <b>No School</b>
<b>28</b> <b>Memorial Day</b>  <b>School Closed</b>	<b>29</b> Chicken & Apple Salad Whole Wheat Roll Spinach Salad Fresh Banana Skim or 1% Milk	<b>30</b> Turkey & Cheese in a Whole Wheat Roll Sweet Potato Salad 100% Grape Juice Skim or 1% Milk	<b>31</b> Chicken Caesar Wrap in a Whole Wheat Tortilla Cucumber Sticks Orange Wedges Skim or 1% Milk	

For more information on the DC  
Central Kitchen, please visit our website:  
[www.dccentralkitchen.org](http://www.dccentralkitchen.org)

For more information on your school's meal  
program, go to:  
[www.dcps.dc.gov](http://www.dcps.dc.gov)



All supper meals provide all five groups on the  
new MyPlate: grains, protein, fruit,  
vegetables and dairy!

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