

INSPIRE CAFÉ

DCPS Elementary Menu

March 27-31

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

Daily Special

Favorites

MONDAY	Mini Cheese Ravioli w/ Marinara Sauce
TUESDAY	Turkey Sausage Pizza
WEDNESDAY	Jerk Chicken Quesadilla
THURSDAY	BBQ Chicken Drumstick w/ Rice Pilaf
FRIDAY	No School Today

Daily Sides

Garden Bar: Salad Greens, Peas

Ginger Carrot Salad, Cherry Tomatoes

*From
the Field*

MONDAY	Green Beans
TUESDAY	Broccoli & Cauliflower
WEDNESDAY	Diced Tomatoes
THURSDAY	Apple & Jicama Slaw*
FRIDAY	No School Today

Daily Special

Creations

MONDAY	Deluxe Cheeseburger
TUESDAY	Classic Cheese Pizza
WEDNESDAY	Southwest Black Bean Nachos
THURSDAY	Sunbutter & Jelly Sandwich
FRIDAY	No School Today

Daily Sides

Fruit Choices

*From
the Field*

MONDAY	Fresh Apple*/ Chilled Apricots
TUESDAY	Applesauce/ Fresh Grapes
WEDNESDAY	Dried Cranberries/ Banana
THURSDAY	Mixed Fruit Cup/ Orange Smiles
FRIDAY	No School Today

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

MONDAY	Cured Turkey Sandwich/ Chicken Dipper Salad
TUESDAY	Turkey Sandwich/ Chicken Caesar Salad
WEDNESDAY	Turkey Wrap/ Spinach Salad
THURSDAY	Chicken Caesar Wrap/ Chef Salad
FRIDAY	No School Today

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opportunity provider.*

INSPIRE CAFÉ

DCPS Elementary Menu

April 3-7

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Mushrooms

Daily Special

Favorites

MONDAY	Toasted Grilled Cheese
TUESDAY	Baked Penne w/ Tomato Sauce
WEDNESDAY	Turkey Pepperoni Pizza
THURSDAY	California Chicken Pot Pie
FRIDAY	Chicken Nachos

Daily Sides

Garden Bar: Salad Greens, Broccoli,

Curried Chickpeas, Cucumber Slices

*From
the Field*

MONDAY	Tomato Soup
TUESDAY	Roasted Broccoli
WEDNESDAY	Roasted Butternut Squash
THURSDAY	Roasted Mushrooms*
FRIDAY	Roasted Corn

Daily Special

Creations

MONDAY	Chipotle Chicken Burger
TUESDAY	Alaskan Pollock Po' Boy Sandwich
WEDNESDAY	Classic Cheese Pizza
THURSDAY	Sloppy Joe
FRIDAY	Pasta w/ Tomato Sauce & Cheese

Daily Sides

Fruit Choices

*From
the Field*

MONDAY	Fresh Apple*/ Chilled Pears
TUESDAY	Applesauce/ Fresh Grapes
WEDNESDAY	Fresh Apple*/ Raisins
THURSDAY	Pineapple/ Orange Smiles
FRIDAY	Fresh Apple*/ Banana

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

MONDAY	American Sub/ Chef Salad
TUESDAY	Asian Chicken Wrap/ Turkey Sandwich
WEDNESDAY	Italian Sub/ Chicken Dipper Salad
THURSDAY	SB & J Sandwich/ Chicken Caesar Salad
FRIDAY	Cured Turkey Sub/ Southwest Chicken Salad

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INSPIRE CAFÉ

DCPS Elementary Menu

April 10-14

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

Daily Special

Favorites

MONDAY	Turkey Sausage Pizza
TUESDAY	Hearty Vegetarian Chili
WEDNESDAY	Glorious Macaroni & Cheese
THURSDAY	Breakfast Bagel Sandwich
FRIDAY	Classic Drumstick w/ Spanish Rice

Daily Sides

Garden Bar: Celery Sticks, Baby Carrots,

Cherry Tomatoes, Broccoli Trees

*From
the Field*

MONDAY	Roasted Zucchini & Bell Peppers
TUESDAY	Sweet Potato Wedges
WEDNESDAY	Hot Peas
THURSDAY	Roasted Potatoes
FRIDAY	Seasoned Black Beans

Daily Special

Creations

MONDAY	Classic Cheese Pizza
TUESDAY	Deluxe Cheeseburger
WEDNESDAY	Turkey Sudanese w/ Brown Rice
THURSDAY	Teriyaki Chicken & Vegetables
FRIDAY	Garden Burger

Daily Sides

Fruit Choices

*From
the Field*

MONDAY	Fresh Apple*/ Chilled Peaches
TUESDAY	Applesauce/ Orange Smiles
WEDNESDAY	Fresh Banana/ Chilled Pineapple
THURSDAY	Fresh Cantaloupe/ Orange Juice
FRIDAY	Fresh Apple*/ Fresh Banana

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

MONDAY	Greens & Gourds Wrap*/ Taco Salad
TUESDAY	American Sub/ Spinach Salad
WEDNESDAY	Turkey Wrap/ Chicken Dipper Salad
THURSDAY	SB & J Sandwich/ Chef Salad
FRIDAY	Turkey Sandwich/ Tuna Salad

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