



STAY Breakfast (6-12) Menu

April 2016

All breakfasts are FREE. Full student breakfast includes entrée, fruit & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—if you see it in green, it's Local!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| 28 | 29 | 30 | 31 | 1 |
| | SPRING | BREAK | NO | SCHOOL |
| 4 | 5 | 6 | 7 | 8 |
| Pancakes w/Syrup 100% Fruit Punch | Chicken Sausage Biscuit Fresh Orange | French Toast Sticks Fresh Local Apple | Turkey Sausage on a English Muffin String Cheese Pear Sauce | Bagel w/Reduced Fat Cream Cheese Fresh Banana |
| 11 | 12 | 13 | 14 | 15 |
| Apple Cinnamon Muffin or Blueberry Muffin 100% Fruit Punch | Turkey Ham & Cheese Frittata w/ Toast Fresh Orange | Cinnamon Biscuit Fresh Local Apple | Pancakes w/Syrup Fresh Local Apple | Emancipation Day No School |
| 18 | 19 | 20 | 21 | 22 |
| Fresh Toast Bake Graham Cracker 100% Fruit Punch | Turkey Ham & Cheese on Biscuit Fresh Orange | Bagel w/Reduced Fat Cream Cheese Fresh Local Apple | Cinnamon Biscuit Pear Sauce | Banana Muffin Fresh Banana |
| 25 | 26 | 27 | 28 | 29 |
| Pancakes w/Syrup 100% Fruit Punch | Turkey Ham & Cheese Frittata w/ Toast Fresh Orange | Bagel w/Reduced Fat Cream Cheese Fresh Local Apple | Chicken Sausage Biscuit Pear Sauce | Waffles w/Syrup Fresh Banana |