



Did you know—If you see a menu item in **green**, it's **local**, if you see it in **blue**, the meal has **international influence** and if you see it in **orange** it is a **Fresh Feature Friday** winner!



NOVEMBER WORKFORCE LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Buffalo Chicken on a Whole Wheat Wrap Whole Wheat Ranch Crackers Celery Sticks 100% Grape Juice Skim or 1% Milk House Ranch Dressing	2 Whole Wheat Pasta Salad with Mozzarella Whole Wheat Roll Caesar Salad Fresh Cantaloupe Wedge Skim or 1% Milk Parmesan Cream Dressing	3 Egg Salad on a Whole Wheat Bun Baby Carrots Fresh Orange Wedges Skim or 1% Milk Honey Mustard Dressing	4 Parent Teacher Conference Day No School
7 Chicken Shawarma in a Whole Grain Flatbread Cucumber Salad Chilled Applesauce Skim or 1% Milk	8 Turkey Club on Whole Wheat Bread Baby Carrots 100% Grape Juice Skim or 1% Milk Mustard & Light Mayonnaise House Ranch Dressing	9 Cobb Salad with Chopped Egg over Romaine Lettuce Whole Wheat Roll Whole Grain Cheese Garlic Croutons Fresh Cantaloupe Wedge Skim or 1% Milk Honey Mustard Dressing	10 BBQ Chicken Tender Whole Grain Cornbread Muffin Potato Salad Fresh Orange Wedges Skim or 1% Milk	11 Veterans Day No School
14 Tuna & Macaroni Salad Whole Wheat Roll Snap Peas Chilled Applesauce Skim or 1% Milk House Ranch Dressing	15 Sunbutter Cup Whole Grain Animal Crackers Baby Carrots 100% Grape Juice Skim or 1% Milk House Ranch Dressing	16 Chicken Salad on a Whole Wheat Hoagie Broccoli Crowns Fresh Cantaloupe Wedge Skim or 1% Milk Honey Mustard Dressing	17 Turkey & Cheddar on a Whole Wheat Bun Cole Slaw Fresh Orange Wedges Skim or 1% Milk Mustard & Light Mayonnaise	18 Chicken Souvlaki in a Whole Grain Flatbread Tomato Salad Chilled Applesauce Skim or 1% Milk
21 Caesar Salad with Mozzarella Cheese over Romaine Lettuce Whole Wheat Roll Whole Grain Cheese Garlic Croutons Fresh Banana Skim or 1% Milk Parmesan Cream Dressing	22 Low Fat String Cheese Whole Wheat Ranch Crackers Baby Carrots 100% Grape Juice Skim or 1% Milk House Ranch Dressing	23 Tuna Salad on a Whole Wheat Bun Corn & Tomato Salad Fresh Cantaloupe Wedge Skim or 1% Milk	24 Thanksgiving Day No School	25 Thanksgiving Day No School
28 Chef Salad with Turkey over Romaine Lettuce Whole Wheat Roll Whole Grain Cheese Garlic Croutons Fresh Orange Wedges Skim or 1% Milk Honey Mustard Dressing	29 Buffalo Chicken on a Whole Wheat Wrap Whole Wheat Ranch Crackers Celery Sticks 100% Grape Juice Skim or 1% Milk House Ranch Dressing	30 Turkey & Cheddar on a Whole Wheat Bun Cauliflower Florets Fresh Cantaloupe Wedge Skim or 1% Milk Mustard & Light Mayonnaise Honey Mustard Dressing		