



Early Childhood Lunch Menu

February 2016

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and a grain/bread accompaniments), 1 vegetable sides, 1 fruit side & choice of **1% or skim white milk**. All grains are whole grain rich. Did you know— If you see it in **green**, it's **local** and if you see it in **blue**, the meal has international influence!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 1	Feb 2	Feb 3	Feb 4	Feb 5
Asian Chicken w/Ginger Lime Brown Rice	Homemade Cheese Pizza	Rotini w/ Turkey Meat Sauce	Turkey Salami Sandwich	Capitol City Chicken Breast w/ Biscuit
Seasoned Green Peas and Carrots	Baby Carrots w/Light Dressing	Green Beans Italiano	Sweet Potato Fries	Fresh Baby Carrots w/Light Dressing
Fresh Local Apple	Pineapple Cup	Fresh Orange	Fresh Banana	100 % Grape Juice
Feb 8	Feb 9	Feb 10	Feb 11	Feb 12
Chicken Wrap	Caribbean Chicken Breast (Chicken Stoba) w/ Brown Rice	Homemade Cheese Pizza	Steak Sandwich	PD DAY NO SCHOOL 
Fiesta Black Beans	Local Fresh Baked Sweet Potato w/Cinnamon	Glazed Carrots	Mashed Potatoes w/ Gravy	
Fresh Local Apple	Pineapple Cup	Fresh Orange	Fresh Banana	
Feb 15	Feb 16	Feb 17	Feb 18	Feb 19
WASHINGTON'S BIRTHDAY NO SCHOOL 	Hot Beef Meatballs w/ Marinara, Mozzarella and Dinner Roll	Chicken Nuggets w/ Mumbo or Ranch Sauce & Dinner Roll	Homemade Cheese Pizza	Ukrainian Chicken Breast with a Bun
	Fresh Celery w/Light Dressing	Seasoned Carrots	Seasoned Green Beans	Fresh Roma Roasted Local Red Potatoes
	Fresh Local Apple	Fresh Orange	Fresh Banana	100 % Grape Juice
Feb 22	Feb 23	Feb 24	Feb 25	Feb 26
	Spaghetti w/ Beef Meatballs	Mozzarella Pizza Melt	Teriyaki Chicken w/ Ginger Lime Brown Rice	Mac-N-Cheese
	Seasoned Carrots	Roasted Corn & Carrots	Baked Beans	Sweet Potato Fries
	Fresh Local Apple	Fresh Orange	Fresh Banana	100 % Grape Juice