



STAY Breakfast (6-12) Menu

February 2016

All breakfasts are FREE. Full student breakfast includes entrée, fruit & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—if you see it in green, it's Local!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 1	Feb 2	Feb 3	Feb 4	Feb 5
Pancakes w/Syrup 100% Fruit Punch	Turkey Ham & Cheese Frittata w/ Toast Fresh Orange	Bagel w/Reduced Fat Cream Cheese Fresh Local Apple	Apple Cinnamon Muffin or Blueberry Muffin Pear Sauce	Waffles w/Syrup Fresh Banana
Feb 8	Feb 9	Feb 10	Feb 11	Feb 12
Cinnamon Biscuit 100% Fruit Punch	Chicken Sausage Biscuit Fresh Orange	Maple French Toast Sticks Fresh Local Apple	Turkey Sausage on a English Muffin Pear Sauce	PD Day No School
Feb 15	Feb 16	Feb 17	Feb 18	Feb 19
Washington's Birthday No School 	Cinnamon Brown Sugar Oatmeal Fresh Orange	Cinnamon Biscuit Fresh Local Apple	Pancakes w/ Syrup Pear Sauce	Bagel w/Reduced Fat Cream Cheese Fresh Banana
Feb 22	Feb 23	Feb 24	Feb 25	Feb 26
Parent Teacher Conference No School	Turkey Sausage on English Muffin Fresh Orange	Bagel w/Reduced Fat Cream Cheese Fresh Local Apple	Cinnamon Biscuit Pear Sauce	Banana Muffin Fresh Banana
Available daily – Assorted Cereals, Whole Grain Strawberry Bar, Graham Crackers, Assorted Fresh & Cupped Fruit, Yogurt Cup				

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