



## STAY Lunch Cycle Menu

February 1-26

The cost of a paid student meal is \$2.60. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), 2 vegetable sides, 2 fruit side & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—If you see it in green, it's local and if you see it in blue, the meal has international influence! All of our chicken is antibiotic free (ABF)!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Feb 1</b>	<b>Feb 2</b>	<b>Feb 3</b>	<b>Feb 4</b>	<b>Feb 5</b>
Chicken Nuggets w/Mumbo Sauce or Ranch Sauce & Cornbread  Seasoned Green Peas & Carrots Fresh Romaine & Tomato Side Salad  Fresh Local Apple Assorted Fruit	Homemade Cheese Pizza on Whole Grain Crust  Local Country Collard Greens Fresh Baby Carrots w/ Light Dressing  Pineapple Cup Assorted Fresh Fruit	Turkey Hot Dog w/ Toppings  Green Beans Italiano  Fresh Celery Sticks w/ Light Dressing  Fresh Orange Assorted Fresh Fruit	Veggie Chili w/Biscuit  Sweet Potato Fries Fresh Cucumber Coins w/Light Dressing  Fresh Banana Assorted Fresh Fruit	Capital City Chicken Drumstick w/a Biscuit  Baked Beans Fresh Baby Carrots w/Light Dressing  100% Grape Juice Assorted Fresh Fruit
<b>Feb 8</b>	<b>Feb 9</b>	<b>Feb 10</b>	<b>Feb 11</b>	<b>Feb 12</b>
Chicken Nuggets w/Mumbo Sauce or Ranch Sauce & Cornbread  Fiesta Black Beans Fresh Baby Carrots w/Light Dressing  Fresh Local Apple Assorted Fresh Fruit	Caribbean Chicken Drumstick w/ Brown Rice  Local Fresh Baked Sweet Potato w/Cinnamon Fresh Cucumber & Tomato Salad  Pineapple Cup Assorted Fresh Fruit	Spicy Ukrainian Chicken Sandwich  Glazed Carrots Fresh Local Tuscan Kale Salad  Fresh Orange Assorted Fresh Fruit	Homemade Cheese Pizza on Whole Grain Crust  Mashed Potatoes w/ Gravy Fresh Cucumber Coins  Fresh Banana Assorted Fresh Fruit	<b>PD DAY</b>  <b>NO SCHOOL</b> 
<b>Feb 15</b>	<b>Feb 16</b>	<b>Feb 17</b>	<b>Feb 18</b>	<b>Feb 19</b>
<b>WASHINGTON'S BIRTHDAY</b>  <b>NO SCHOOL</b>	Beef Meatball Sub w/Marinara & Mozzarella on a Sub  Southwest Pinto Beans Fresh Celery Sticks w/ Light Dressing  Fresh Local Apple Assorted Fresh Fruit	Korean Bibimbap Chicken w/Ginger Lime Brown Rice  Seasoned Carrots Fresh Cucumber Coins w/Light Dressing  Fresh Orange Assorted Fresh Fruit	Mozzarella Pizza Melt  Seasoned Green Beans Fresh Local Kale Caesar Salad  Fresh Banana Assorted Fresh Fruit	Ukrainian Chicken Breast with a Roll  Fresh Roma Roasted Local Red Potatoes Fresh Baby Carrots w/Light Dressing  100% Grape Juice Assorted Fresh Fruit
<b>Feb 22</b>	<b>Feb 23</b>	<b>Feb 24</b>	<b>Feb 25</b>	<b>Feb 26</b>
<b>NO SCHOOL</b> 	Spaghetti w/ Turkey Meatballs  Seasoned Carrots Fresh Romaine and Tomato Salad  Fresh Local Apple Assorted Fresh Fruit	Steak and Cheese Sub  Roasted Corn & Carrots  Fresh Broccoli w/Light Dressing  Fresh Orange Assorted Fresh Fruit	Chicken Nuggets w/ Mumbo or Ranch Sauce and Cornbread  Baked Beans Fresh Baby Carrots w/ Light Dressing Fresh Banana Assorted Fresh Fruit	Tuna Salad Melt  Sweet Potato Fries Fresh Cucumber Coins w/Light Dressing  100 % Grape Juice Assorted Fresh Fruit