

CITRUS FRUITS ARE AN EXCELLENT SOURCE OF VITAMIN C,  
WHICH HELPS KEEP THE IMMUNE SYSTEM HEALTHY.

**SIMPLY  
GOOD**

**Elementary School (K-5) Lunch Menu**

**January 2016**

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (meat or meat alternate w/ grain accompaniments), 2 vegetable sides, 1 fruit side & choice of 1% or skim white milk. Did you know—If you see it in green, it's local and if you see it in blue, the meal has international influence! All of our chicken is antibiotic free (ABF)!

**MENU CHANGE: School OPEN Wednesday January 27 - 29**

Monday	Tuesday	Wednesday	Thursday	Friday
Jan 25	Jan 26	Jan 27	Jan 28	Jan 29
<b>SNOW DAY</b>	<b>SNOW DAY</b>	Pescada a la Mexicana ( <i>Mexican Style Baked Fish</i> ) w/Spanish Brown Rice OR Bean & Cheese Burrito  Local Country Collard Greens Fresh Celery Sticks w/Light Dressing  Assorted Fresh Fruit Or Fruit Cup	Spicy Asian Chicken w/ Brown Rice OR Veggie Lo Mein  Baked Sweet Potato w/ Fresh Cinnamon Fresh Broccoli w/ Light Dressing  Assorted Fresh Fruit Or Fruit Cup	Homemade Cheese Pizza on Whole Grain Crust OR Chicken Taco  Glazed Carrots Homemade Confetti Coleslaw  Assorted Fresh Fruit Or Fruit Cup

USDA is an equal opportunity provider and employer.

**Australian International Day will be Re-scheduled**