



Food Prints Lunch Menu

May 2016

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), 2 vegetable sides, 1 fruit side & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—If you see it in green, it's local and if you see it in blue, the meal has international influence!

Monday	Tuesday	Wednesday	Thursday	Friday
May 2	May 3	May 4	May 5	May 6
Buffalo Chicken Wrap OR Gözleme (Savory Turkish Flatbread filled with Kale & Mozzarella Cheese) Seasoned Corn Fresh Baby Carrots Fresh Local Apple	Rotini Pasta w/ Turkey Meat Sauce OR Rotini Pasta w/Marinara Sauce & Mozzarella Cheese Glazed Carrots Fresh Broccoli Florets Pineapple Cup	Homemade Cheese Pizza OR Haitian Style Fish w/Red Beans & Brown Rice Baked Beans Kale with Lemon and Garlic <small>FoodPrints</small> Fresh Orange	Cheeseburger OR Teriyaki Burger Green Beans Italiano Fresh Romaine and Tomato Salad Fresh Banana	PROFESSIONAL DEVELOPMENT DAY NO SCHOOL 
May 9	May 10	May 11	May 12	May 13
Chicken Nuggets w/ Mumbo Sauce & Dinner Roll OR Veggie Chili w/Dinner Roll Roasted Broccoli Fresh Baby Carrots Fresh Local Apple	Turkey Meatball Sub w/ Marinara & Mozzarella on a Bun OR Mac-N-Cheese w/Dinner Roll Southwest Pinto Beans Homemade Confetti Coleslaw Pineapple Cup	URUGUAY FOOD DAY Meat Tart with Mashed Sweet Potatoes & Dinner Roll  OR Vegetable Tart with Mozzarella and Kale Sweet Potato Fries Fresh Cucumber Coins Fresh Orange	Homemade Cheese Pizza OR Parmesan Chicken Sandwich <small>FoodPrints</small> Seasoned Carrots Fresh Local Kale Caesar Salad Fresh Banana	Chicken & Waffle OR Egg Patty & Waffle Roma Roasted Red Potatoes Fresh Celery Sticks 100 % Fruit Punch
May 16	May 17	May 18	May 19	May 20
Cheeseburger OR Teriyaki Burger Baked Beans Homemade Confetti Coleslaw Fresh Local Apple	Rotini Pasta w/ Beef Meatball OR Rotini Pasta w/Marinara Sauce & Mozzarella Cheese Green Beans Italiano Fresh Baby Carrots Pineapple Cup	Pulled Turkey & Gravy Sandwich w/Cranberry Sauce OR Garden Salad w/ Romaine, Cheese & Dinner Roll Mashed Potatoes w/Turkey Gravy Fresh Celery Sticks Fresh Orange	Mozzarella Pizza Melt OR Haitian Style Fish w/Red Beans & Brown Rice Parmesan & Garlic Broccoli <small>FoodPrints</small> Fresh Baby Carrots Fresh Banana	Spicy Asian Chicken w/ Ginger Lime Brown Rice OR Veggie Lo Mein Glazed Carrots Fresh Romaine and Tomato Salad 100 % Fruit Punch
May 23	May 24	May 25	May 26	May 27
Parent Teacher Conferences  NO SCHOOL	Chicken Nuggets w/ Mumbo Sauce & Dinner Roll OR Garden Salad w/ Romaine, Cheese & Dinner Roll <small>FoodPrints</small> Seasoned Carrots Radish & Cucumber Salad Pineapple Cup	Ukrainian Chicken Breast w/ a Garlic Bun OR Veggie Chili w/Garlic Bun Roma Roasted Red Potatoes Fresh Local Kale Caesar Salad Fresh Orange	Homemade Cheese Pizza OR Parmesan Chicken Sandwich Local Country Collard Greens Fresh Celery Sticks Fresh Banana	Capitol City Chicken Drumstick w/Dinner Roll OR Uruguay Vegetable Tart with Mozzarella and Kale Southwestern Pinto Beans Fresh Baby Carrots 100 % Fruit Punch