



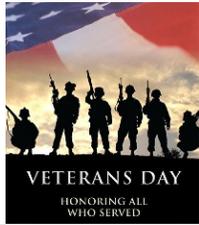
# SIMPLY GOOD



## Supper

November 2015

Did you know—If you see it in **green**, it's **local** and if you see it in **blue**, it has international influence! **All of our chicken is antibiotic free (ABF)!**

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Nov 2</i>	<i>Nov 3</i>	<i>Nov 4</i>	<i>Nov 5</i>	<i>Nov 6</i>
Turkey Ham on <b>Whole Grain Roll</b>  Fresh Baby Carrot w/ Light Dressing  100% Orange Juice  1% Milk	Hummus Platter w/Broccoli Florets, Baby Carrots, Celery Sticks  Whole Grain Pretzel Sticks  1% Milk	<b>Picnic Basket Chicken Drumstick w/ Whole Grain Roll</b>  Fresh Homemade Confetti Cole Slaw  Pineapple Cup  1% Milk	<b>Chicken Salad Sandwich on Whole Grain Bread</b>  Local Tuscan Kale Salad  Peach Cup  1% Milk	Spicy <b>Chicken Taco Bowl</b> w/Romaine, Corn, Tomatoes & Cheese, Light Ranch Dressing  Whole Grain Tortilla Chips  1% Milk
<i>Nov 9</i>	<i>Nov 10</i>	<i>Nov 11</i>	<i>Nov 12</i>	<i>Nov 13</i>
Tuna Salad Sandwich on Whole Grain Bread  Fresh Celery Sticks w/Light Dressing  Peach Cup 1% Milk	Grilled <b>Chicken Caesar Salad</b> w/ Romaine, <b>Cheese &amp; Whole Grain Croutons</b>  100% Apple Juice  1% Milk	<b>No School</b>  <b>VETERANS DAY</b> <small>HONORING ALL WHO SERVED</small>	Garden Salad w/Romaine, Tomatoes and Cheese  Whole Grain Roll  1% Milk	Turkey Bologna on Whole Grain Bread w/Mustard  Fresh Cucumber Coins w/Light Dressing  Applesauce Cup  1% Milk
<i>Nov 16</i>	<i>Nov 17</i>	<i>Nov 18</i>	<i>Nov 19</i>	<i>Nov 20</i>
Tuna Salad Sandwich on Whole Grain Bread  Fresh Romaine & Tomato Side Salad  Diced Pears  1% Milk	Spicy <b>Chicken Taco Bowl</b> w/Romaine, Corn, Tomatoes & Cheese, Light Ranch Dressing  Whole Grain Tortilla Chips  1% Milk	<b>French Bistro Sandwich w/ Tomato, Mozzarella and Chicken Sandwich on Whole Grain Roll</b> Fresh Cucumber Coins  Peach Cup  1% Milk	<b>Chicken Salad Whole Wheat Wrap</b>  Fresh Celery Sticks w/Light Dressing  Fresh Orange  1% Milk	Chef Salad w/Turkey Ham & Cheese  Whole Grain Dinner Roll  Fresh Local Apple  1% Milk
<i>Nov 23</i>	<i>Nov 24</i>	<i>Nov 25</i>	<i>Nov 26</i>	<i>Nov 27</i>
Hummus Platter w/Broccoli Florets, Baby Carrots, Celery Sticks  Whole Grain Pretzel Sticks  1% Milk	Turkey Bologna on Whole Grain Bread w/Mustard  Fresh Cucumber Coins w/ Light Dressing  Peach Cup  1% Milk	<b>Chicken Caesar Whole Grain Wrap</b>  Diced Pears  1% Milk	<b>Happy Thanksgiving</b> <b>No School</b> 	<b>Thanksgiving Friday</b>  <b>No School</b>

USDA is an equal opportunity provider and employer.

### GREAT ADDITIONS

Dried apples or raisins can be toppings in oatmeal and cereal, and added to trail mix as quick and delicious snacks. Diced dried apples, apricots, cranberries and raisins can be added to muffin, granola and salads.

