

DCPS High School Menu

November 21-25

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

Daily Special



MONDAY	Super Veggie Macaroni & Cheese*
TUESDAY	Classic Roasted Turkey & Gravy
WEDNESDAY	Mexi-Chicken Tacos
THURSDAY	No School Today
FRIDAY	No School Today

Daily Sides

*Garden Bar: Salad Greens, Cucumber Slices,
Mo' Rockin Slaw, Baby Carrots*



MONDAY	Sauteed Kale*
TUESDAY	Mashed Potatoes
WEDNESDAY	Mexican Black Beans
THURSDAY	No School Today
FRIDAY	No School Today

Daily Specials

Specialty Grill Items: Monday & Wednesday



MONDAY	Honey BBQ Chicken Sandwich/ Cheeseburger/ Spicy Bahama Burger
TUESDAY	Holiday Meal
WEDNESDAY	Chicken Burger/ Bistro Burger/ Spicy Bean Burger
THURSDAY	No School Today
FRIDAY	No School Today

Daily Sides

Fruit Choices



MONDAY	Fresh Apple*/ Peaches
TUESDAY	Baked Apples/ Dried Cranberries
WEDNESDAY	Applesauce/ Orange Smiles
THURSDAY	No School Today
FRIDAY	No School Today

Daily Specials

Turkey, Turkey Ham, & American Subs



Available Everyday

MONDAY	Fiery Dragon Wrap/ Chef Salad
TUESDAY	Sunbutter & Jelly Sandwich/ Spinach Salad
WEDNESDAY	Greek Wrap/ Caesar Salad
THURSDAY	No School Today
FRIDAY	No School Today

This institution is an equal opportunity provider.