INSPIRE CAFÉ

DCPS Middle School Menu

November 21-25

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

From the Field

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

Favorites

Daily Special

MONDAY	Super Veggie Macaroni & Cheese*
TUESDAY	Classic Roasted Turkey & Gravy
WEDNESDAY	Chipotle BBQ Meatloaf
THURSDAY	No School Today
FRIDAY	No School Today

Creations

Daily Specials

MONDAY	Honey BBQ Chicken Sandwich/ Mo'Burger
TUESDAY	Holiday Meal
WEDNESDAY	Bistro Burger/ Black Bean Burger
THURSDAY	No School Today
FRIDAY	No School Today

Deli

Daily Specials

MONDAY	Chicken Salad Sandwich/ Turkey Ham Sub
TUESDAY	Turkey Sub/ American Sub
WEDNESDAY	Garden Sub/ Italian Sub
THURSDAY	No School Today
FRIDAY	No School Today

Grab & Go

Daily Specials

All Salads served w/ Whole Grain Roll

MONDAY	Fiery Dragon Wrap/ Chef Salad
TUESDAY	Sunbutter & Jelly Sandwich/ Spinach Salad
WEDNESDAY	Greek Wrap/ Caesar Salad
THURSDAY	No School Today
FRIDAY	No School Today

From the Field

Daily Special Sides

Garden Bar: Salad Greens, Diced Tomatoes, White Bean & Jicama Salad, Carrots

MONDAY	Jicama & Cucumber/ Fresh Apple*/ Peaches
TUESDAY	Mashed Potatoes/ Baked Apples/ Dried Cranberries
WEDNESDAY	Mexican Zucchini/ Cinnamon Applesauce/ Orange Smiles
THURSDAY	No School Today
FRIDAY	No School Today

This institution is an equal opportunity provider.

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