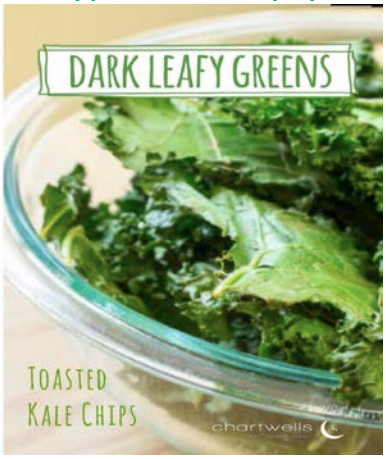
All you care to eat Fresh Bar

Week 1 October 5	Fresh Romaine & Tomato Side	Fresh Local Apple Wedges	Fresh Baby Carrots	Fresh Cucumber Coins	Fresh Celery Sticks	Fresh Local Tuscan Kale Salad
Week 2 October 12	Fresh Spinah & Tomato Side Salad	Fresh Local Pear Wedges	Fresh Local Button Mushrooms	Fresh Cucumber Coins	Fresh Celery Sticks	Fresh Confetti Cole Slaw
Week 3 October 19	Fresh Romaine & Tomato Side Salad	Fresh Local Apple Wedges	Fresh Baby Carrots	Fresh Cucumber Coins	Fresh Celery Sticks	Fresh Broccoli Florets
Week 4 October 26	Fresh Arugula & Tomato Side Salad	Fresh Local Pear Wedges	Fresh Local Button Mushrooms	Fresh Cucumber Coins	Fresh Celery Sticks	Fresh Cucumber & Tomato Salad

A variety of reduced fat dressings available every day

USDA is an equal opportunity provider and employer.

TRY KALE ANY WAY YOU LIKE!

Bake kale chips in the oven with a drizzle of olive oil. Add kale to smoothies, soups, salads and sandwiches!