



OCTOBER 2026



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS
FOOD & NUTRITION

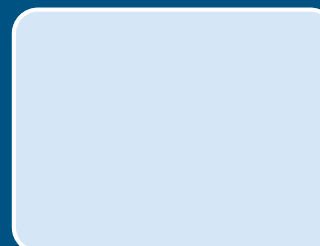
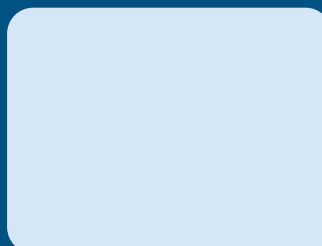
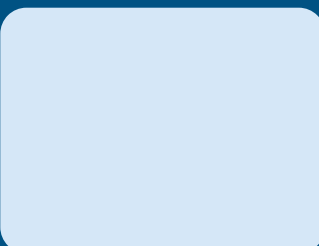
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- 1**
- ✓ Broccoli & Cheese Frittata
 - ✓ Cinnamon Chex or Honey Cheerios
 - Sliced Peaches
 - Seasonal Fruit

- 2**
- ✓ Breakfast Breads
 - ✓ Cinnamon Chex or Blueberry Chex
 - Pineapple Tidbits
 - Seasonal Fruit

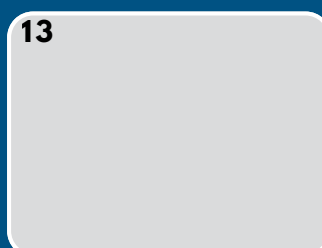
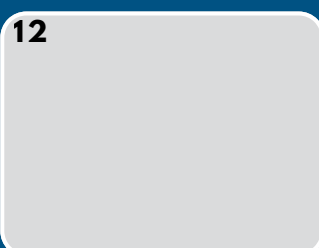
- 5**
- ✓ Hot Honey Chicken Sausage on Biscuit
 - ✓ Cinnamon Chex or Blueberry Chex
 - Mandarin Oranges
 - Seasonal Fruit

- 6**
- ✓ Waffles w/ Blueberry Compote
 - ✓ Honey Cheerios or Cinnamon Chex
 - Seasonal Fruit

- 7**
- ✓ Plain Bagel w/ Cream Cheese
 - ✓ Blueberry Chex or Honey Cheerios
 - Sliced Peaches
 - Seasonal Fruit

- 8**
- ✓ Egg & Cheese English Muffin
 - ✓ Cinnamon Chex or Honey Cheerios
 - Tater Tots
 - Seasonal Fruit

- 9**
- ✓ Maple Pancakes w/ Warm Cinnamon Pears
 - ✓ Cinnamon Chex or Blueberry Chex
 - Seasonal Fruit



- 14**
- ✓ Waffle w/ Warm Cinnamon Apples
 - ✓ Blueberry Chex or Honey Cheerios
 - Seasonal Fruit

- 15**
- ✓ Broccoli & Cheese Frittata
 - ✓ Cinnamon Chex or Honey Cheerios
 - Sliced Peaches
 - Seasonal Fruit

- 16**
- ✓ Breakfast Breads
 - ✓ Cinnamon Chex or Blueberry Chex
 - Pineapple Tidbits
 - Seasonal Fruit

- 19**
- ✓ Hot Honey Chicken Sausage on Biscuit
 - ✓ Cinnamon Chex or Blueberry Chex
 - Mandarin Oranges
 - Seasonal Fruit

- 20**
- ✓ Waffles w/ Blueberry Compote
 - ✓ Honey Cheerios or Cinnamon Chex
 - Seasonal Fruit

- 21**
- ✓ Plain Bagel w/ Cream Cheese
 - ✓ Blueberry Chex or Honey Cheerios
 - Sliced Peaches
 - Seasonal Fruit

- 22**
- ✓ Egg & Cheese English Muffin
 - ✓ Cinnamon Chex or Honey Cheerios
 - Tater Tots
 - Seasonal Fruit

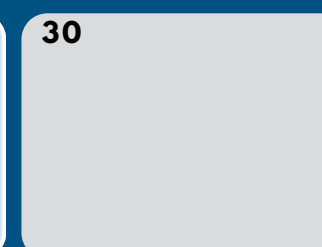
- 23**
- ✓ Maple Pancakes w/ Warm Cinnamon Pears
 - ✓ Cinnamon Chex or Blueberry Chex
 - Seasonal Fruit

- 26**
- ✓ Egg & Cheese Croissant
 - ✓ Cinnamon Chex or Blueberry Chex
 - Fresh Orange Slices
 - Seasonal Fruit

- 27**
- ✓ Sunrise Quesadilla w/ Salsa
 - ✓ Honey Cheerios or Cinnamon Chex
 - Seasonal Fruit
 - Fresh Banana

- 28**
- ✓ Waffle w/ Warm Cinnamon Apples
 - ✓ Blueberry Chex or Honey Cheerios
 - Seasonal Fruit

- 29**
- ✓ Broccoli & Cheese Frittata
 - ✓ Cinnamon Chex or Honey Cheerios
 - Sliced Peaches
 - Seasonal Fruit



Breakfast In The Classroom Menu

MILK SERVED DAILY
1%, Fat-Free,
Lactose-Free



VEGETARIAN ITEM



LOCAL ITEM

USDA is an equal
opportunity provider,
employer, and lender.

Seasonal Fruit

Menus are subject
to change