



OCTOBER 2026



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS
FOOD & NUTRITION

mon

tue

wed

thur

fri

ECE Breakfast Menu

MILK SERVED DAILY
1%, Fat-Free,
Lactose-Free



VEGETARIAN ITEM



LOCAL ITEM

USDA is an equal
opportunity provider,
employer, and lender.

Seasonal Fruit

Menus are subject
to change

			1 ✓ Cinnamon Chex or Honey Cheerios w/ Sliced Peaches	2 ✓ Breakfast Bread (Zucchini, Pumpkin, or Banana)
5 ✓ Blueberry Chex or Cinnamon Chex w/ Mandarin Oranges	6 ✓ Waffle w/ Syrup Cup & Warm Cinnamon Pears	7 ✓ Plain Bagel w/ Cream Cheese & Sliced Peaches	8 ✓ Cheesy Scrambled Eggs w/ Tater Tots	9 ✓ Maple Pancakes w/ Syrup Cup & Pineapple Tidbits
12	13	14 ✓ Waffle w/ Syrup Cup & Warm Cinnamon Apples	15 ✓ Cinnamon Chex or Honey Cheerios w/ Sliced Peaches	16 ✓ Breakfast Bread (Zucchini, Pumpkin, or Banana)
19 ✓ Blueberry Chex or Cinnamon Chex w/ Mandarin Oranges	20 ✓ Waffle w/ Syrup Cup & Warm Cinnamon Pears	21 ✓ Plain Bagel w/ Cream Cheese & Sliced Peaches	22 ✓ Cheesy Scrambled Eggs w/ Tater Tots	23 ✓ Maple Pancakes w/ Syrup Cup & Pineapple Tidbits
26 ✓ Egg & Cheese Croissant w/ Pineapple Tidbits	27 ✓ Plain Bagel w/ Cream Cheese & Diced Pears	28 ✓ Waffle w/ Syrup Cup & Warm Cinnamon Apples	29 ✓ Cinnamon Chex or Honey Cheerios w/ Sliced Peaches	30