



October 2026

GRAB AND GO/BIC

BREAKFAST MENU

MON	TUES	WED	THURS	FRI
			¹ Lemon Bread Country Chicken & Cheese Biscuit Banana Craisins	² Maple Pancake Squares English Muffin with Hard Boiled Egg and Strawberry or Orange Marmalade Sour Cherry Juice Orange
⁵ Mini Strawberry Creamy Cheese Bagel Cherry Merry Juice Pear	⁶ Blueberry Mini Loaf Brown Sugar Oatmeal with String Cheese Orange Raisin	⁷ Apple Orange Smoothie with Giant Goldfish Vanilla Graham Cracker Orange Juice	⁸ Eggoji Waffles Banana Craisin	⁹ Pancake Bites Sour Apple Juice Orange
NO SCHOOL	NO SCHOOL	¹⁴ Turkey Sausage & Cheese English Muffin Pear Orange Juice	¹⁵ Mini Cinnamon Creamy Cheese Bagels Banana Craisins	¹⁶ Mini Chicken Sausage Pancake Bites Sour Apple Juice Orange
¹⁹ Blueberry Waffle Country Chicken & Cheese English Muffin Cherry Merry Juice Pear	²⁰ Strawberry Oatmeal Biscuit with Orange Marmalade or Strawberry Jam and Hard-Boiled Egg Orange Raisins	²¹ Banana Mini Loaf with String Cheese Sliced Toast Orange Juice Pear	²² Eggo Mini French Toast Banana Craisins	²³ Egg & Cheese Bagel Berry Banana Smoothie with Giant Vanilla Goldfish Grahams Sour Apple Juice Pear
²⁶ Pumpkin Muffin Chicken and Cheddar Stuffed Snack'n Waffles Cherry Merry Juice Pear	²⁷ Eggoji Waffles Orange Raisins	²⁸ Strawberry Apple Smoothie with Giant Vanilla Goldfish Grahams Country Chicken Biscuit with Maple Hot Honey Pear Orange Juice	²⁹ Pear Overnight Oats with String Cheese Turkey Sausage and Cheese English Muffin Banana Craisins	NO SCHOOL

Menus are subject to change.



Served Daily:
With a string cheese
Rice Cereal
Cinnamon Chex Cereal
Golden Grahams Cereal

Apple

Legend:
Vegetarian Options
Available Daily
Contains Fish
Locally Sourced
Promotion

aramark
STUDENT
NUTRITION

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employer, and lender