

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk or
Fat-Free Milk



September 2026

HIGH SCHOOL LUNCH MENU

USDA is an equal opportunity provider,
employer, and lender

Menus are subject to change.

Legend:
Vegetarian Options
Available Daily
Contains Fish
Locally Sourced
Promotion

September 28- October 2

Powering
potential.™

MAIN
ENTREE

GRILL

PIZZA/NACHOS

EXPRESS

VEGETABLES
AND FRUIT

	MON	TUES	WED	THURS	FRI
MAIN ENTREE	Waffalaco	French Toast with Turkey Sausage OR Veggie Sausage	Bean Tacos with Cilantro Rice and Corn Salsa Turkey Barbacoa Tacos with Cilantro Rice and Corn Salsa	Chicken Dumplings OR Veggie Dumpling with Fried Rice	Meatballs with Cilantro Rice and Greek Salad
GRILL	Chicken Tender with Breadstick Veggie Burger	Breaded Chicken Sandwich Veggie Burger	Chicken Tender with Breadstick Veggie Burger	Spicy Breaded Chicken Sandwich Veggie Burger	Chicken Tender with Breadstick Veggie Burger
PIZZA/NACHOS	White Pizza Cheese Pizza Pepperoni Pizza	Beef Nachos with Toppings and Cilantro Rice	Make Your Pizza Lunch Pack Cheese Pizza Pepperoni Pizza	Chicken Nachos with Toppings and Cilantro Rice	Bruschetta Pizza Cheese Pizza Pepperoni Pizza
EXPRESS	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar
VEGETABLES AND FRUIT	Roasted Sweet Potato Broccoli Mixed Fruit Fresh Orange	Tater Tot Celery Sticks Warm Cinnamon Apples Blueberries	Edamame Pea and Carrots Diced Peaches Fresh Orange	Corn Red Bell Peppers Cantaloupe Diced Pears	Spinach Side Salad Baby Carrots Apricot Halves Fresh Orange

DELI BAR:

- Tortilla Wrap | Sub Roll
- Chicken Ham Turkey Chicken Beef Pepperoni Pepper Jack Cheese American Cheese
- Onion Cucumber Lettuce Diced Tomato

AVAILABLE DAILY:

Milk Varieties: Skim, 1%, Lactose Free
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing
Sunbutter and Jelly Sandwich
Whole Apple

SALAD BAR:

- Mixed Green Salad | Spinach Salad | Tossed Salad
- Diced Egg Garbanzo Beans Mozzarella Cheese Diced Chicken Ham Diced Chicken
- Green Peas Diced Tomato Broccoli Green Bell Pepper

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk or
Fat-Free Milk

USDA is an equal opportunity provider,
employer, and lender

Menus are subject to change.



Legend:
Vegetarian Options
Available Daily
Contains Fish
Locally Sourced
Promotion



October 2026

HIGH SCHOOL LUNCH MENU

October 5- October 9

Powering
potential.™

MEATLESS MONDAY

	MON	TUES	WED	THURS	FRI
MAIN ENTREE	Sweet and Sour Tofu with Broccoli and Rice	Chicken Tikka Masala Bow OR Chana Masala Bowl with Rice	Loaded Tater Tots with Turkey Chorizo and Salsa con Queso and tortilla chips	Popcorn Chicken Potato Bowl with Dinner Roll Veggie Nuggets Potato Bowl with Dinner Roll	Cheesy Baked Penne with Parmesan Breadstick
GRILL	Vegan Chicken Nuggets with Breadstick Veggie Burger	Breaded Chicken Sandwich Veggie Burger	Chicken Tender with Breadstick Veggie Burger	Spicy Breaded Chicken Sandwich Veggie Burger	Chicken Tender with Breadstick Veggie Burger
PIZZA/NACHOS	Vegetable Pizza Cheese Pizza	Beef Nachos with Toppings and Cilantro Rice	Make Your Pizza Lunch Pack Cheese Pizza Pepperoni Pizza	Chicken Nachos with Toppings and Cilantro Rice	Bruschetta Pizza Cheese Pizza Pepperoni Pizza
EXPRESS	Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar
VEGETABLES AND FRUIT	Edamame Celery Sticks Mixed Fruit Fresh Orange	Baby Carrots Broccoli Diced Pears Cantaloupe	Esquites Red Bell Peppers Diced Peaches Fresh Orange	Baked Beans Cucumbers Applesauce Blueberries	Rainbow Mix Veggie Blend Baby Carrots Apricot Halves Fresh Orange

Limited Time Offer:
Southwest Crunch
Burger

Limited Time Offer:
Southwest Crunch
Burger

DELI BAR:

- Tortilla Wrap | Sub Roll
- Chicken Ham Turkey Chicken Beef Pepperoni Pepper Jack Cheese American Cheese
- Onion Cucumber Lettuce Diced Tomato

AVAILABLE DAILY:

Milk Varieties: Skim, 1%, Lactose Free
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing
Sunbutter and Jelly Sandwich
Whole Apple

SALAD BAR:

- Mixed Green Salad | Spinach Salad | Tossed Salad
- Diced Egg Garbanzo Beans Mozzarella Cheese Diced Chicken Ham Diced Chicken
- Green Peas Diced Tomato Broccoli Green Bell Pepper

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk or
Fat-Free Milk



Legend:
Vegetarian Options
Available Daily
Contains Fish
Locally Sourced
Promotion



October 2026

HIGH SCHOOL LUNCH MENU

October 12- October 16

USDA is an equal opportunity provider,
employer, and lender

Menus are subject to change.

Powering
potential.™

MAIN
ENTREE

GRILL

PIZZA/NACHOS

EXPRESS

VEGETABLES
AND FRUIT

National School Lunch Week

MON

TUES

WED

THURS

FRI

NO SCHOOL

NO SCHOOL

Buffalo Chicken Wings OR
Teriyaki Chicken Wings with
Biscuit

Fish Sticks with Biscuit
Veggie Nuggets with
Biscuit

Sloppy Joe Sandwich
OR
Vegan BBQ Lentil Sloppy
Joe Sandwich

Chicken Tender with
Breadstick
Veggie Burger

Spicy Breaded
Chicken Sandwich
Veggie Burger

Chicken Tender with
Breadstick
Veggie Burger

Make Your Pizza Lunch
Pack
Cheese Pizza
Pepperoni Pizza

Chicken Nachos with
Toppings and Cilantro
Rice

Buffalo Chicken Pizza
Cheese Pizza
Pepperoni Pizza

Diced Chicken Caesar Salad
with Dinner Roll
Egg Chef Salad with Dinner
Roll
Deli Bar

Salad Bar

Diced Chicken Caesar Salad
with Dinner Roll
Egg Chef Salad with Dinner
Roll
Deli Bar

Seasoned Crinkle Cut Fries
Broccoli
Diced Peaches
Fresh Orange

Baked Beans
Cucumbers
Applesauce
Blueberries

Rainbow Mix Veggie Blend
Baby Carrots
Apricot Halves
Fresh Orange

DELI BAR:

- Tortilla Wrap | Sub Roll
- Chicken Ham Turkey Chicken Beef Pepperoni Pepper Jack Cheese American Cheese
- Onion Cucumber Lettuce Diced Tomato

AVAILABLE DAILY:

Milk Varieties: Skim, 1%, Lactose Free
Condiments – Ketchup, Mustard,
Mayo, Ranch & Italian Dressing
Sunbutter and Jelly Sandwich
Whole Apple

SALAD BAR:

- Mixed Green Salad | Spinach Salad | Tossed Salad
- Diced Egg Garbanzo Beans Mozzarella Cheese Diced Chicken Ham Diced Chicken
- Green Peas Diced Tomato Broccoli Green Bell Pepper

All Lunches Must Include Choice of: Fruits and/or Vegetable
And May Include: 1% Low-Fat Milk or Fat-Free Milk



October 2026

HIGH SCHOOL LUNCH MENU

October 19- October 23

USDA is an equal opportunity provider, employer, and lender

Menus are subject to change.

Powering potential.™

MAIN
ENTREE

GRILL

PIZZA/NACHOS

EXPRESS

VEGETABLES
AND FRUIT

	MON	TUES	WED	THURS	FRI
MAIN ENTREE	Turkey BaBoom Turkey Melt Bosco Sticks with Marinara Dipping Sauce	Gochujang BBQ Popcorn Chicken OR Vegan Nuggets with Rice	Chicken Quesadilla OR Cheese Quesadilla with Salsa	Waffles with Turkey Sausage Link OR Veggie Sausage	Chicken Meatball Sub Cheese Sub
GRILL	Chicken Tender with Breadstick Veggie Burger	Breaded Chicken Sandwich Veggie Burger	Chicken Tender with Breadstick Veggie Burger	Spicy Breaded Chicken Sandwich Veggie Burger	Veggie Burger
PIZZA/NACHOS	White Pizza Cheese Pizza Pepperoni Pizza	Beef Nachos with Toppings and Cilantro Rice	Make Your Pizza Lunch Pack Cheese Pizza Pepperoni Pizza	Chicken Nachos with Toppings and Cilantro Rice	Bruschetta Pizza Cheese Pizza Pepperoni Pizza
EXPRESS	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar	Salad Bar	Diced Chicken Caesar Salad with Dinner Roll Egg Chef Salad with Dinner Roll Deli Bar
VEGETABLES AND FRUIT	Roasted Broccoli Celery Sticks Mixed Fruit Fresh Orange	Baby Carrots Edamame Diced Peaches Blueberries	Corn Roasted Carrots Diced Pears Fresh Orange	Tater Tots Green Bell Peppers Warm Cinnamon Peaches Cantaloupe	Side Salad Cucumber Apricot Halves Fresh Orange

DELI BAR:

- Tortilla Wrap | Sub Roll
- Chicken Ham Turkey Chicken Beef Pepperoni Pepper Jack Cheese American Cheese
- Onion Cucumber Lettuce Diced Tomato

AVAILABLE DAILY:

Milk Varieties: Skim, 1%, Lactose Free
Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing
Sunbutter and Jelly Sandwich
Whole Apple

SALAD BAR:

- Mixed Green Salad | Spinach Salad | Tossed Salad
- Diced Egg Garbanzo Beans Mozzarella Cheese Diced Chicken Ham Diced Chicken
- Green Peas Diced Tomato Broccoli Green Bell Pepper

All Lunches Must Include Choice of: Fruits and/or Vegetable
And May Include: 1% Low-Fat Milk or Fat-Free Milk



October 2026

HIGH SCHOOL LUNCH MENU

October 26- October 30

USDA is an equal opportunity provider, employer, and lender

Menus are subject to change.

Powering potential.™

MAIN
ENTREE

GRILL

PIZZA/NACHOS

EXPRESS

VEGETABLES
AND FRUIT

MON

TUES

WED

THURS

FRI

Fish Tacos w/ Creamy Sriracha Coleslaw
Tofu Tacos with Rice

Spaghetti with Vegan Crumbles with garlic knot
Spaghetti with Italian Meat Sauce with garlic knot

Walking Taco

Teriyaki Popcorn Chicken with Rice
Teriyaki Tofu with Rice

Chicken Tender with Breadstick
Veggie Burger

Breaded Chicken Sandwich
Veggie Burger

Chicken Tender with Breadstick
Veggie Burger

Spicy Breaded Chicken Sandwich
Veggie Burger

White Pizza
Cheese Pizza
Pepperoni Pizza

Beef Nachos with Toppings and Cilantro
Rice

Make Your Pizza Lunch Pack
Cheese Pizza
Pepperoni Pizza

Chicken Nachos with Toppings and Cilantro
Rice

Diced Chicken Caesar Salad with Dinner Roll
Egg Chef Salad with Dinner Roll
Deli Bar

Salad Bar

Diced Chicken Caesar Salad with Dinner Roll
Egg Chef Salad with Dinner Roll
Deli Bar

Salad Bar

Seasoned Crinkle Cut Fries
Red Bell Pepper Strips
Mixed Fruit
Fresh Orange

Roasted Carrots
Broccoli
Diced Pears
Blueberries

Zucchini
Kickin' Pintos
Diced Peaches
Fresh Orange

Celery Sticks
Rainbow Mix Veggie Blend
Applesauce
Cantaloupe

NO SCHOOL

DELI BAR:

- Tortilla Wrap | Sub Roll
- Chicken Ham Turkey Chicken Beef Pepperoni Pepper Jack Cheese American Cheese
- Onion Cucumber Lettuce Diced Tomato

AVAILABLE DAILY:

Milk Varieties: Skim, 1%, Lactose Free
Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing
Sunbutter and Jelly Sandwich
Whole Apple

SALAD BAR:

- Mixed Green Salad | Spinach Salad | Tossed Salad
- Diced Egg Garbanzo Beans Mozzarella Cheese Diced Chicken Ham Diced Chicken
- Green Peas Diced Tomato Broccoli Green Bell Pepper