



October 2026

K-12 BREAKFAST MENU

MON	TUES	WED	THURS	FRI
			1 Lemon Bread Country Chicken & Cheese Biscuit Banana Craisins	2 Maple Pancake Squares English Muffin with Hard Boiled Egg and Strawberry or Orange Marmalade Sour Cherry Juice Orange
5 Turkey Sausage, Egg & Cheese Breakfast Tacos Mini Strawberry Creamy Cheese Bagel Cherry Merry Juice Pear	6 Blueberry Mini Loaf Brown Sugar Oatmeal with String Cheese Orange Raisin	7 Apple Orange Smoothie with Giant Goldfish Vanilla Graham Cracker Cheesy Chicken Ham, Egg & Tater Tot Taco Pear Orange Juice	8 Scrambled Eggs with Croissant Eggoji Waffles Banana Craisin	9 Turkey Sausage Bagel Melt Pancake Bites Sour Apple Juice Orange
NO SCHOOL	NO SCHOOL	14 Turkey Sausage & Cheese English Muffin Dutch Apple Pancake Pear Orange Juice	15 Mini Cinnamon Creamy Cheese Bagels Three Cheese Mexi Breakfast Maple Flatbread Banana Craisins	16 Mini Chicken Sausage Pancake Bites Tropical Smoothie Sour Apple Juice Orange
19 Blueberry Waffle Country Chicken & Cheese English Muffin Cherry Merry Juice Pear	20 Strawberry Oatmeal Biscuit with Orange Marmalade or Strawberry Jam and Hard-Boiled Egg Orange Raisins	21 Banana Mini Loaf with String Cheese Cheesy Chicken Ham & Tater Tot Strata Sliced Toast Orange Juice Pear	22 Eggo Mini French Toast Scrambled Eggs w/ Turkey Ham & Cheese Banana Craisins	23 Egg & Cheese Bagel Berry Banana Smoothie with Giant Vanilla Goldfish Grahams Sour Apple Juice Pear
26 Pumpkin Muffin Chicken and Cheddar Stuffed Snack'n Waffles Cherry Merry Juice Pear	27 Turkey Chorizo and Cheese Croissant Eggoji Waffles Orange Raisins	28 Strawberry Apple Smoothie with Giant Vanilla Goldfish Grahams Country Chicken Biscuit with Maple Hot Honey Pear Orange Juice	29 Pear Overnight Oats with String Cheese Turkey Sausage and Cheese English Muffin Banana Craisins	NO SCHOOL

Menus are subject to change.

All Breakfast
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk or Fat-
Free Milk

Powering
potential.™



Served Daily:

With a string cheese

Rice Cereal
Cinnamon Chex Cereal
Golden Grahams Cereal
Bagel
Apple

Strawberry, Blueberry, or Peach Parfait with Giant
Vanilla Goldfish Grahams

Legend:

Vegetarian Options
Available Daily
Contains Fish
Locally Sourced
Promotion



STUDENT
NUTRITION

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