



OCTOBER 2026



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS
FOOD & NUTRITION

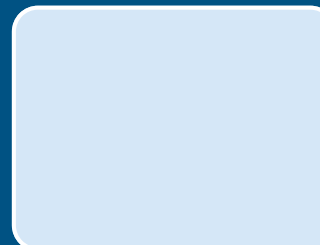
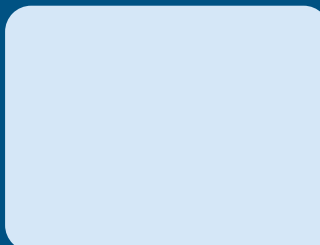
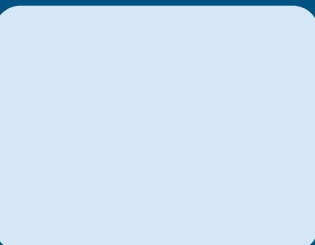
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1

- ✓ Breakfast Pizza
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Sliced Peaches
- Mandarin Oranges

2

- ✓ Breakfast Breads (Zucchini, Pumpkin, Banana)
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Apple Pie Smoothie w/ Honey Grahams

- Pineapple Tidbits
- Seasonal Fruit

5

- ✓ Hot Honey Chicken Biscuit
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Very Berry Smoothie w/ Honey Grahams

- Mandarin Oranges
- Seasonal Fruit

6

- ✓ Waffle w/ Blueberry Compote & Syrup Cup
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Warm Cinnamon Pears
- Seasonal Fruit

7

- ✓ Plain Bagel w/ Cream Cheese
- ✓ Blueberry Chex or Honey Cheerios
- ✓ Strawberry Banana Smoothie w/ Honey Grahams

- Sliced Peaches
- Seasonal Fruit

8

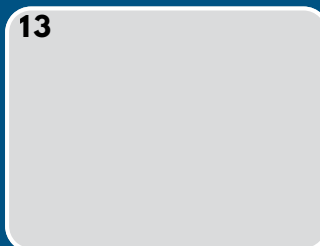
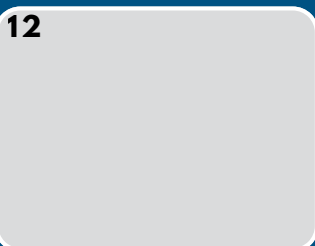
- ✓ BYO Breakfast Bowl
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Tater Tots
- Seasonal Fruit

9

- ✓ Maple Pancakes w/ Syrup Cup
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Sunrise Smoothie w/ Honey Grahams

- Pineapple Tidbits
- Seasonal Fruit



14

- ✓ Waffle w/ Syrup Cup
- ✓ Blueberry Chex or Honey Cheerios
- ✓ Peach Parfait

- Warm Cinnamon Apples
- Seasonal Fruit

15

- ✓ Breakfast Pizza
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Sliced Peaches
- Mandarin Oranges

16

- ✓ Breakfast Breads (Zucchini, Pumpkin, Banana)
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Apple Pie Smoothie w/ Honey Grahams

- Pineapple Tidbits
- Seasonal Fruit

19

- ✓ Hot Honey Chicken Biscuit
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Very Berry Smoothie w/ Honey Grahams

- Mandarin Oranges
- Seasonal Fruit

20

- ✓ Waffle w/ Blueberry Compote & Syrup Cup
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Warm Cinnamon Pears
- Seasonal Fruit

21

- ✓ Plain Bagel w/ Cream Cheese
- ✓ Blueberry Chex or Honey Cheerios
- ✓ Strawberry Banana Smoothie w/ Honey Grahams

- Sliced Peaches
- Seasonal Fruit

22

- ✓ BYO Breakfast Bowl
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Tater Tots
- Seasonal Fruit

23

- ✓ Maple Pancakes w/ Syrup Cup
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Sunrise Smoothie w/ Honey Grahams

- Pineapple Tidbits
- Seasonal Fruit

26

- ✓ Egg & Cheese Croissant
- ✓ Cinnamon Chex or Blueberry Chex
- ✓ Strawberry Banana Smoothie w/ Honey Grahams

- Fresh Orange Slices
- Seasonal Fruit

27

- ✓ Breakfast Taco
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Fresh Banana
- Seasonal Fruit

28

- ✓ Waffle w/ Syrup Cup
- ✓ Blueberry Chex or Honey Cheerios
- ✓ Peach Parfait

- Warm Cinnamon Apples
- Seasonal Fruit

29

- ✓ Breakfast Pizza
- ✓ Cinnamon Chex or Honey Cheerios
- ✓ BYO Yogurt Parfait

- Sliced Peaches
- Mandarin Oranges



K-12 Breakfast Menu

MILK SERVED DAILY
1%, Fat-Free,
Lactose-Free



VEGETARIAN ITEM



LOCAL ITEM

USDA is an equal
opportunity provider,
employer, and lender.

Seasonal Fruit

Menus are subject
to change