



OCTOBER 2026



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS
FOOD & NUTRITION

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thur

fri

K-12 Snack Menu

MILK SERVED DAILY
1%, Fat-Free,
Lactose-Free



VEGETARIAN ITEM



LOCAL ITEM

USDA is an equal
opportunity provider,
employer, and lender.

📍 Seasonal Fruit

*Menus are subject
to change*

			1 ✔ Pretzels w/ Cheddar Cheese Stick	2 ✔ Raspberry & Cherry Yogurt Cup w/ Seasonal Fruit
5 ✔ Fresh Sliced Cucumbers w/ Hummus	6 ✔ Pretzels w/ Mozzarella String Cheese	7 ✔ Goldfish w/ Seasonal Fruit	8 ✔ Strawberry & Vanilla Yogurt Cup w/ Cinnamon Grahams	9 ✔ Pretzels & Seasonal Fruit
12	13	14 ✔ Fresh Sliced Cucumbers w/ Hummus	15 ✔ Pretzels w/ Cheddar Cheese Stick	16 ✔ Raspberry & Cherry Yogurt Cup w/ Seasonal Fruit
19 ✔ Fresh Sliced Cucumbers w/ Hummus	20 ✔ Pretzels w/ Mozzarella String Cheese	21 ✔ Goldfish w/ Seasonal Fruit	22 ✔ Strawberry & Vanilla Yogurt Cup w/ Cinnamon Grahams	23 ✔ Pretzels & Seasonal Fruit
26 ✔ Herb Pita Bread w/ Hummus	27 ✔ Goldfish w/ Fresh Apple Slices	28 ✔ Fresh Sliced Cucumbers w/ Hummus	29 ✔ Pretzels w/ Cheddar Cheese Stick	30