



OCTOBER 2026



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS

FOOD & NUTRITION

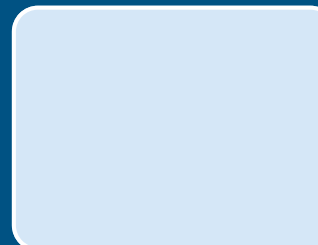
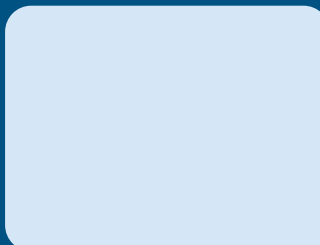
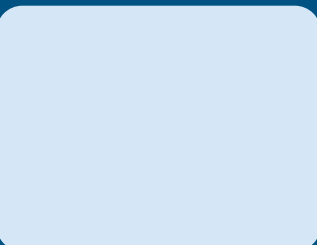
mon

tue

wed

thur

fri



- 1**
- Chicken Alfredo
 - Baked Ziti
 - Chicken Caesar Wrap
 - Cobb Salad w/ Dinner Roll
- Side Garden Salad
 - Seasonal Fruit
 - Roasted Broccoli
 - Pineapple Tidbits

- 2**
- Chicken Tacos
 - Beyond Beef Tacos
 - Soybutter & Jelly Power Pack
 - Chicken Caesar Salad w/ Croutons
- Fresh Baby Carrots
 - Seasonal Fruit
 - Seasoned Black Beans
 - Fresh Banana

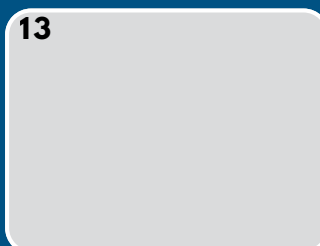
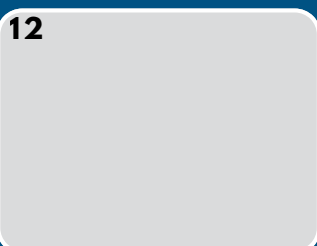
- 5**
- Turkey Pepperoni Pizza
 - Cheese Pizza
 - Turkey Ham & Cheese Sandwich
 - Garden Chicken Salad w/ Croutons
- Side Garden Salad
 - Seasonal Fruit
 - Fresh Baby Carrots
 - Diced Pears

- 6**
- BYO Chipotle Bowl
 - Soybutter & Jelly Power Pack
 - Taco Salad w/ Tortilla Chips
- Salsa Cup
 - Seasonal Fruit
 - Elote Corn
 - Mandarin Oranges

- 7**
- Mumbo Drumstick w/ Dinner Roll
 - Mumbo Chik'n w/ Dinner Roll
 - Turkey & Cheese Sandwich
 - Crispy Chicken Salad w/ Dinner Roll
- Wing Kit
 - Seasonal Fruit
 - Root Veggies
 - Pineapple Tidbits

- 8**
- Beef Nachos
 - Bean & Cheese Nachos
 - Chicken Caesar Wrap
 - Spicy Kale Caesar Salad w/ Croutons
- Salsa Cup
 - Seasonal Fruit
 - Fresh Sliced Cucumbers
 - Fresh Apple Slices

- 9**
- Cheeseburger
 - Black Bean Burger
 - Soybutter & Jelly Power Pack
 - Turkey Chef Salad w/ Croutons
- Baked Beans
 - Seasonal Fruit
 - Roasted Broccoli
 - Sliced Peaches



- 14**
- Sweet Chili Wings w/ Fried Rice
 - Sweet Chili Chik'n w/ Fried Rice
 - Turkey & Cheese Sandwich
 - Taco Salad w/ Tortilla Chips
- Wing Kit
 - Seasonal Fruit
 - Potato Wedges
 - Pineapple Tidbits

- 15**
- Cheeseburger
 - Black Bean Burger
 - Chicken Caesar Wrap
 - Cobb Salad w/ Flatbread
- Seasoned Corn
 - Seasonal Fruit
 - Roasted Broccoli
 - Mandarin Oranges

- 16**
- Pulled BBQ Chicken Sandwich
 - Lentil Sloppy Joe
 - Soybutter & Jelly Power Pack
 - Chicken Caesar Salad w/ Croutons
- ABC Salad
 - Seasonal Fruit
 - Baked Beans
 - Diced Pears

- 19**
- Turkey Pepperoni Pizza
 - Cheese Pizza
 - Turkey & Cheese Sandwich
 - Garden Chicken Salad w/ Dinner Roll
- Side Caesar Salad
 - Seasonal Fruit
 - Fresh Baby Carrots
 - Diced Pears

- 20**
- Beef & Cheese Nachos
 - Bean & Cheese Nachos
 - Soybutter & Jelly Power Pack
 - Taco Salad w/ Tortilla Chips
- Plantains
 - Mandarin Oranges
 - Salsa Cup
 - Seasonal Fruit

- 21**
- BBQ Drumstick w/ Biscuit
 - BBQ Chik'n w/ Biscuit
 - Turkey & Cheese Sandwich
 - Crispy Chicken Salad w/ Crutons
- Wing Kit
 - Seasonal Fruit
 - Baked Beans
 - Pineapple Tidbits

- 22**
- Orange Chicken w/ Brown Rice
 - Orange Chik'n w/ Brown Rice
 - Chicken Caesar Wrap
 - Spicy Kale Caesar Salad
- Roasted Broccoli
 - Seasonal Fruit
 - Root Vegetables
 - Sliced Peaches

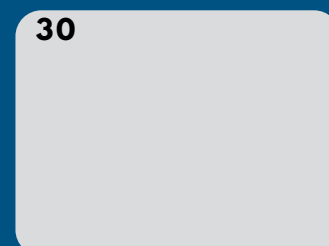
- 23**
- Hot Dog
 - Black Bean Burger
 - Soybutter & Jelly Power Pack
 - Turkey Chef Salad w/ Croutons
- Side Garden Salad
 - Seasonal Fruit
 - Tater Tots
 - Fresh Banana

- 26**
- Buffalo Chicken Pizza
 - Cheese Pizza
 - Turkey Ham & Cheese Sandwich
 - Turkey Ham Chef Salad w/ Flatbread
- Buffalo Cauliflower
 - Seasonal Fruit
 - Side Caesar Salad
 - Fresh Apple Slices

- 27**
- Crispy Fish Nuggets w/ Dinner Roll
 - Cheese Quesadilla
 - Soybutter & Jelly Power Pack
 - Spicy Kale Caesar Salad w/ Croutons
- Coleslaw
 - Seasonal Fruit
 - Fresh Sliced Cucumbers
 - Sliced Peaches

- 28**
- Honey Jerk Wings w/ Biscuit
 - Honey Jerk Chik'n w/ Biscuit
 - Turkey & Cheese Sandwich
 - Taco Salad w/ Tortilla Chips
- Wing Kit
 - Seasonal Fruit
 - Potato Wedges
 - Mandarin Oranges

- 29**
- Chicken Alfredo
 - Baked Ziti
 - Chicken Caesar Wrap
 - Cobb Salad w/ Dinner Roll
- Side Garden Salad
 - Seasonal Fruit
 - Roasted Broccoli
 - Pineapple Tidbits



K-8 Lunch Menu

MILK SERVED DAILY
1%, Fat-Free,
Lactose-Free



VEGETARIAN ITEM



LOCAL ITEM

USDA is an equal
opportunity provider,
employer, and lender.

Seasonal Fruit

Menus are subject
to change