

	Monday 28	Tuesday 29	Wednesday 30	Thursday 1	Friday 2
Breakfast	French Toast Sticks w/ Syrup (ve)	Vanilla Yogurt Cup	Oatmeal Raisin Breakfast Round	English Muffin w/ Sunbutter (ve)	Maple Snack'n Waffle
	Orange Wedges	Tangerine	Applesauce	Grape Juice	Banana

Daily offerings include cheerios, rice chex, blueberry chex, cinnamon chex and trix cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

 Lunch Comfort Kitchen	Teriyaki Chicken w/ Brown Rice	Cheeseburger	Turkey Tacos al Pastor w/ Avocado Crema	Baked Alfredo & Marinara Penne Pasta (v)	Cheese Pizza (v)
	Veggie Burger (v)	Plant-Based Chik'n Nuggets (ve)	Grilled Cheese Sandwich (v)	Citrus Carrots Banana	Parmesan Green Beans Applesauce
	Broccoli & Peppers Applesauce	French Fries Orange Slices	Aztec Corn & Black Beans Pineapple Tidbits		
		Ketchup & Mustard			

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes
vegan choices. (f) denotes an option that contains fish. Locally Sourced
items offered daily. This menu is subject to change and based upon product
availability. Additional nutrition information available upon request.

Breakfast

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Oatmeal Raisin Round Tangerines	Whole Grain Biscuit w/ Grape Jelly Orange Wedges	Blueberry Snack'n Waffle Applesauce	Plain Bagel w/Cream Cheese Fresh Banana	Strawberry Yogurt Strawberries

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Lunch Comfort Kitchen

Chicken Nuggets Plant-Based Chik'n Nuggets (ve) Citrus Glazed Carrots Pineapple Ranch, BBQ, Ketchup	Beef Crunchy Tacos Bean Tacos (v) Mexican Corn Orange Slices National Taco Day! 	Sweet & Sour Chicken w/ Cilantro Lime Rice Teriyaki Tofu w/ Veggie Lo Mein (ve) Roasted Bell Peppers & Onions Mandarin Oranges	French Toast Sticks w/ Scrambled Eggs (v) Roasted Sweet Potatoes Applesauce	Pollock Nuggets (f) Glorious Mac & Cheese (v) Roasted Broccoli Banana
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	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	No School	No School	Tropical Mango Oatmeal Round Pineapple	Whole Grain Bagel w/ Cream Cheese Applesauce	Vanilla Yogurt Cup Mandarin Oranges

Daily offerings include cheerios, rice chex, blueberry chex, cinnamon chex and trix cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

		Teriyaki Chicken w/ Fried Rice Plant-Based Teriyaki Chik'n w/ Fried Rice (v) Green Peas Orange Slices	Rainbow Chili w/ Cheddar Cheese and Tortilla Chips (v) Roasted Butternut Squash Banana	Beef Crunchy Taco Cheese Pizza (V) Mexican Black Beans Orange Slices
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OFFERED

DAILY

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milk

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	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breakfast	Blueberry Muffin Orange Wedges	English Muffin w/ Sunbutter (ve) Diced Peaches	Strawberry Yogurt Pineapple	Whole Grain Bagel w/ Cream Cheese Banana	Maple Snack'n Waffle Applesauce

Daily offerings include cheerios, rice chex, blueberry chex, cinnamon chex and trix cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

	Turkey & Cheese Nachos Sunbutter & Jelly Sandwich (ve) Mexican Black Beans Apple Slices	Pollock Nuggets (f) Veggie Burger (v) Tater Tots Diced Pears Ranch, Ketchup, BBQ	Lasagna Roll-Up (v) Green Beans Orange Slices	Turkey Chili w/ Tortilla Chips Grilled Cheese Sandwich (v) Roasted Broccoli Mandarin Oranges	Turkey Pepperoni Pizza Cheese Pizza (v) Sweet Yellow Corn Applesauce
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OFFERED

DAILY

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Low-fat 1% white milk

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	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Breakfast	Banana Muffin Diced Pears	Blueberry Snack'n Waffle Strawberries	Whole Grain Bagel w/ Cream Cheese Orange Slices	French Toast Sticks w/ Syrup (ve) Pineapple	No School

Daily offerings include cheerios, rice chex, blueberry chex, cinnamon chex and trix cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Chicken Quesadilla Cheese Quesadilla (v) Mexican Black Beans Orange Slices	Glorious Macaroni & Cheese (v) Collard Greens Pineapple	Beef Totchos w/ Breadstick Plant-Based Totchos w/ Breadstick (v) Garden Salad w/ Diced Tomato Banana	Scrambled Cheesey Eggs w/ Biscuit (v) Sunbutter & Jelly Sandwich (ve) Roasted Sweet Potato Tangerines	
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DAILY**

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