

Elementary & K-8
September/October
2026

ONE-TABLE



**Comfort
Kitchen**



**Corner
Deli**



**From the
Garden**

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

DRESSINGS

Italian, Ranch

Monday 28	Tuesday 29	Wednesday 30	Thursday 1	Friday 2
Teriyaki Chicken w/ Brown Rice Veggie Burger (v) Burger Toppings Ketchup Mustard Roasted Broccoli & Red Peppers Sweet Potato Fries	Cheeseburger Veggie Chick'n Nuggets w/ Breadstick (v) Roasted Butternut Squash French Fries	Turkey Tacos al Pastor w/ Avocado Crema Grilled Cheese Sandwich (v) Aztec Corn & Black Beans Creamy Tomato Basil Soup	Breaded Chicken Drumstick w/ Mac & Cheese Baked Alfredo & Marinara Penne w/ Garlic Knot (v) Citrus Carrots Collard Greens	Turkey Pepperoni Pizza Cheese Pizza (v) Parmesan Green Beans Roasted Broccoli
Sunbutter & Jelly Sandwich (ve)	Turkey & Cheese Sandwich	Chef Salad w/ Hard Boiled Egg and Garlic Knot	Sunbutter & Jelly Sandwich (ve)	Fun Lunch Pack: Banana Muffin, String Cheese, Strawberry Yogurt, Granola, Tangerine (v)
Apple Slices Pears Cucumber Slices	Orange Slices Honeydew Melon Super Salad	Pineapple Tidbits Blueberries Baby Carrots	Banana Apple Slices Super Salad	Whole Apples Diced Peaches Chilled Peas



Happy Hispanic Heritage Month
September 15th - October 15th



All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. (f) denotes choices containing fish. Locally Sourced items offered daily. This menu is subject to change and based upon product availability. Additional nutrition information available upon request.

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Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Chicken Nuggets or Plant-Based Chik'n Nuggets (ve) w/ Breadstick (v) Citrus Glazed Carrots Green Peas Ranch, BBQ, Ketchup available	Crunchy Beef Tacos Bean & Cheese Soft Tacos (v) Salsa Lettuce Refried Pinto Beans Mexican Corn National Taco Day!	 Western Chicken & Potato Wedge Bowl w/ Breadsticks Teriyaki Tofu w/ Veggie Lo Mein (v) Soy Roasted Mushrooms Roasted Bell Peppers & Onions	Turkey Hot Dog Rainbow Chili w/ Tortilla Chips (v) Green Beans Baby Carrots	Crispy Pollock Nuggets w/ Dinner Roll (f) Glorious Mac & Cheese (v) Roasted Broccoli Spiral Fries
Fun Lunch Pack: Blueberry Muffin, Vanilla Yogurt, Cheese Stick, Granola, Apple (v)	Turkey "Ham" & Cheese Sandwich	Sunbutter & Jelly Sandwich (ve)	Blueberry Parfait (v)	Hummus Wrap (ve)
Blueberries Pineapple Super Salad	Orange Slices Grapes Baby Carrots	Mandarin Oranges Applesauce Cucumbers	Green Apple Slices Orange Wedges Super Salad	Banana Grapes Tomato, Corn, & Cilantro Salad

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Check out October's BiteScience Featured Lunch!

- Nutrient Best Friends, Vitamin D & Calcium, shine in this dish! 

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Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
No School	No School	Teriyaki Chicken w/ Fried Rice Plant-Based Teriyaki Chick'n and Fried Rice (v) Roasted Broccoli Green Peas	Crispy Chicken Sandwich Rainbow Chili w/ Tortilla Chips (v) Roasted Butternut Squash Crinkle Cut Fries Ketchup, Mustard	Beef Crunchy Tacos Cheese Pizza (v) Mexican Black Beans Roasted Broccoli & Carrots Salsa Lettuce Shredded Cheese
		Fun Lunch Pack: Bagel w/ Cream Cheese, Strawberry Yogurt, Cheese Stick, Baby Carrots (v)	Blueberry Parfait (v)	Turkey "Ham" & Cheese Sandwich
		Diced Pears Orange Slices Super Salad	Blueberries Fresh Tangerine Fresh Broccoli	Banana Orange Slices Super Salad



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Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Turkey & Cheese Nachos Broccoli & Cheese Baked Potato w/ Breadstick (v) Mexican Black Beans Moroccan Spiced Carrots	Crispy Pollock Nuggets w/ Dinner Roll (f) Veggie Burger w/ Burger Toppings (v) Celery Sticks Tater Tots Ketchup, Mustard	 Western Chicken & Potato Wedge Bowl w/ Breadsticks Lasagna Roll- Up w/ Garlic Knot (v) Green Beans Cauliflower	Turkey Chili w/ Tortilla Chips Grilled Cheese Sandwich (v) Roasted Broccoli Creamy Tomato Soup	Turkey Pepperoni Pizza Cheese (v) Green Peas Sweet Yellow Corn
Strawberry Banana Parfait (v)	Sunbutter & Jelly Sandwich (ve)	Turkey & Cheese Sandwich	Hearty Garden Salad w/ Tortilla Chips (v)	Sunbutter & Jelly Sandwich (v)
Grapes Blueberries Super Salad	Apple Slices Diced Pears Celery Sticks	Orange Slices Blueberries Super Salad	Pears Watermelon Baby Carrots	Orange Slices Apples Super Salad



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Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Chicken Quesadilla Cheese Quesadilla (v) Salsa Mexican Black Beans Roasted Cilantro Lime Broccoli	Arroz con Pollo w/ Crispy Tortilla Strips Glorious Mac & Cheese w/ Breadstick (v) Salsa Green Beans Collard Greens	Beef Tot-chos w/ Breadstick Plant-based Tot-chos w/ Breadstick (v) Mexican Corn Lettuce Salsa	Chicken Sausage & Pancake Wrap on a Stick w/ Syrup Cheesy Scrambled Eggs w/ Biscuit (v) Roasted Sweet Potatoes Roasted Bell Peppers	No School
Sunbutter & Jelly Sandwich (ve)	Hearty Garden Salad w/ Breadstick (v)	Fun Lunch Pack: Blueberry Muffin, Vanilla Yogurt, Cheese String, Granola, Apple (v)	Sunbutter & Jelly Sandwich (ve)	
Pears Orange Slices Tomato & Cucumber Salad	Red Seedless Grapes Pineapple Super Salad	Blueberries Banana Super Salad	Green Apple Slices Baby Carrots	

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