

High School
September/October
2026

ONE-TABLE



Comfort Kitchen



Block Party



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

Monday 28	Tuesday 29	Wednesday 30	Thursday 1	Friday 2
Buffalo Chicken Pizza Cheese Pizza (v) Roasted Zucchini	Cheeseburger Hamburger Veggie Burger (v) Burger Toppings Crinkle Cut Fries Ketchup Mustard	Turkey Tacos al Pastor w/ Avocado Crema Cheese Pizza (v) Aztec Corn & Black Beans	BYO Baked Potato Bar Baked Potato w/ Turkey Chili, Veggie Chili (v), or Cheese Sauce (v) Garlic Knots Roasted Broccoli Shredded Cheddar Sour Cream	Turkey Pepperoni Pizza Cheese Pizza (v) Collard Greens
Teriyaki Chicken w/ Brown Rice Roasted Broccoli & Red Peppers	Bean & Queso Blanco Quesadilla (v) Mexican Roasted Sweet Potato	Red Chile Chicken w/ Tortilla Green Beans	Cheese Quesadilla (v) Elote Corn Salsa Sour Cream	Dominican Chimi Burger Yuca Fries
Chicken Caesar Wrap (f)	Southwest Chicken Caesar Salad (f) w/ Breadsticks	Sunbutter & Jelly Sandwich (ve)	Hearty Garden Salad w/ Tortilla Chips (v)	Turkey & Cheese Sandwich Mustard Mayo
Fresh Apple Slices Pears Caesar Side Salad Celery Sticks	Orange Slices Honeydew Melon Super Side Salad 3 Bean Salad	Pineapple Tidbits Blueberries Super Salad Baby Carrots	Banana Apple Slices Super Side Salad Celery Sticks	Fresh Apple Grapes Super Salad Baby Carrots



Happy Hispanic Heritage Month

September 15th - October 15th



All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. (f) denotes a choice that contains fish. Locally Sourced items offered daily. This menu is subject to change and based upon product availability. Additional nutrition information available upon request.

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	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
 Comfort Kitchen	Turkey Pepperoni Pizza Cheese Pizza (v) Green Beans	Turkey Hot Dog Cheese-filled Breadsticks w/ Marinara (v) Roasted Broccoli	Cheeseburger Hamburger Veggie Burger (v) Burger Toppings Tater Tots Ketchup, Mustard	Pizza Piccante (v) Cheese Pizza (v) Citrus Carrots	Pollock Nuggets w/ Dinner Rolls (f) Veggie Chik'n Nuggets w/ Dinner Roll (v) Roasted Broccoli
 Block Party	BYO Nacho Bar Tortilla Chips Tinga Chicken Pinto Beans (ve) Jalapeno Cheese Sauce (v) Salsa Lettuce Diced Tomatoes Sour Cream	Beef Crunchy Tacos  Bean Tacos (v) Cilantro Lime Rice Roasted Corn Salsa	 Western Chicken & Potato Wedge Bowl Roasted Bell Peppers & Onions	Haitian Chicken Drumstick w/ Jollof Rice & Flatbread Roasted Sweet Potatoes	Cheese Quesadilla (v) Frijoles a la Charro Sour Cream Salsa
 Corner Deli	Sunbutter & Jelly Sandwich (ve)	Turkey "Ham" & Cheese Sandwich	Hearty Garden Salad w/ Tortilla Chips (v)	Southwest Chicken Caesar Salad (f) w/ Tortilla Chips	Spicy Turkey Sub
 From the Garden	Apple Slices Blueberries Caesar Side Salad Celery Sticks	Orange Slices Grapes Baby Carrots Garden Side Salad	Pineapple Pears Super Salad 3 Bean Salad	Apple Slices Orange Slices Cucumber Slices Caesar Side Salad	Banana Grapes Tomato Corn & Cilantro Salad Super Side Salad

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October 6th is
National Taco Day!



Check out October's **BiteScience**
Featured Lunch!

- Nutrient Best Friends, Vitamin D + Calcium, shine in this dish! 

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**Comfort
Kitchen**



**Block
Party**



**Corner
Deli**



**From the
Garden**

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DRESSINGS

Italian, Ranch

Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
No School	No School	Hot Honey Turkey Pepperoni Pizza Cheese Pizza (v) Green Peas	Boneless Wings w/ Breadstick and Sweet Chipotle Sauce Rainbow Chili w/ Tortilla Chips (v) Sweet Potato Fries	Buffalo Chicken Pizza Cheese Pizza (v) Roasted Zucchini
		Teriyaki Tofu w/ Fried Rice (v) Roasted Peppers & Onions	<u>BYO Pasta Bowl</u> Penne Pasta Spaghetti Alfredo Sauce (v) Chicken Meatballs w/ Marinara Roasted Broccoli Breadstick	Beef Crunchy Tacos w/ Cilantro Lime Rice Roasted Corn Sour Cream Salsa
		Chicken Caesar Salad w/ Breadsticks (f)	Turkey "Ham" & Cheese Sandwich	Sunbutter & Jelly Sandwich (ve)
		Orange Slices Diced Pears Tomato & Cucumber Salad Caesar Side Salad	Tangerine Blueberries Kale Salad Carrot & Celery Sticks	Orange Slices Banana Caesar Side Salad Cucumber Slices

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DRESSINGS

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Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breaded Chicken Drumstick w/ Maple Waffle & Syrup Broccoli & Cheese Baked Potato w/ Garlic Knot (v) Green Peas	Pollock Nuggets (f) w/ Dinner Roll Cheese Pizza (v) Roasted Broccoli Ketchup	 Western Chicken & Potato Wedge Bowl w/ Breadsticks Baked Penne w/ Garlic Knot (v) Green Beans	Turkey Chili w/ Fritos *Shredded Cheese Available* Grilled Cheese Sandwich w/ Creamy Tomato Basil Soup (v) Roasted Butternut Squash	Nashville Hot Pizza Cheese Pizza (v) Carrots & Celery w/ Ranch
Sofrito Black Beans w/ Cilantro Lime Rice w/ Salsa (ve) Plantains	Jerk Chicken Quesadilla w/ Salsa Mexican Roasted Sweet Potato	Dominican Chimi Burger Veggie Burger w/ Burger Topping (v) Refried Beans Ketchup, Mustard	Chicken & Beans Chilaquiles Elote Corn	BYO Asian Bowl Yakisoba Noodles Brown Rice Teriyaki Chicken Korean BBQ Tofu (v) Spicy Vegetable Blend Green Onion
Sunbutter & Jelly Sandwich (ve)	Chicken Caesar Salad (f) w/ Tortilla Chips	Spicy Turkey Sub	Hearty Garden Salad w/ Fritos (v)	Sunbutter & Jelly Sandwich (ve)
Red Grapes Blueberries Baby Carrots Super Salad	Apple Slices Diced Pears Celery Sticks Kale Salad	Orange Slices Blueberries Caesar Side Salad Tomato & Cucumber Salad	Pears Honeydew Melon Super Salad Fresh Broccoli	Orange Wedges Banana Side Garden Salad Cucumber Slices



Check out October's BiteScience Featured Lunch!

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Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Buffalo Chicken Pizza Cheese Pizza (v) Green Beans	Chicken Sausage & Pancake Wraps on a Stick w/ Syrup Plant-Based Chik'n & Waffles w/ Syrup (v) Sweet Potatoe Fries	Steak & Cheese Sub Cheese Pizza (v) Green Peas	Spicy Chicken Sandwich Veggie Burger w/ Burger Toppings (v) Tater Tots	No School
Chicken Quesadilla Cheese Quesadilla (v) Aztec Black Beans & Corn Salsa Sour Cream	Arroz con Pollo w/ Crispy Tortilla Strips Refried Beans Salsa	Beef Tot-chos w/ Breadsticks Plant-based Tot-chos w/ Breadsticks (v) Salsa Elote Corn	BYO Nacho Bar Tortilla Chips Tinga Chicken Pinto Beans (ve) Jalapeno Cheese Sauce (v) Salsa Lettuce Diced Tomatoes Sour Cream	
Turkey & Cheese Sub	Southwest Chicken Caesar Salad w/ Breadstick (f)	Sunbutter & Jelly Sandwich (ve)	Chef Salad w/ Tortilla Chips	
Pears Orange Slices Tomato & Cucumber Salad Super Salad	Grapes Pineapple Red Pepper Strips Super Side Salad	Banana Blueberries Baby Carrots Super Side Salad	Apples Tangerines Celery Sticks Super Side Salad	

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