

K-12 CORE BREAKFAST

April

BREAKFAST

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cheesy Scrambled Eggs w/Toast (v). Apple Cinnamon Muffin w/String Cheese (v).	Hard Boiled Egg Bento Box. Tropical Mango Breakfast Round (v). Banana Muffin w/String Cheese (v).	Egg & Cheese Biscuit Sandwich (v). Strawberry Yogurt w/Graham Crackers (v). Blueberry Muffin w/String Cheese (v).	Whole Grain French Toast Sticks w/Syrup (v). Plain Bagel w/Cream Cheese (v).	— No School —
Fresh Apple Diced Pears	Strawberries Tangerine	Apple Juice Orange Wedges	Cantaloupe Cinnamon Apples	

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Breakfast Sausage and Pancake on a Stick. Whole Grain Bagel w/Cream Cheese (v). Apple Cinnamon Muffin w/String Cheese (v).	Egg & Cheese Flatbread Sandwich (v). Vanilla Yogurt w/Graham Crackers (v). Banana Muffin w/Cheese Stick (v).	Scrambled Eggs w/Whole Grain Biscuit. Cinnamon French Toast Bites (v). Blueberry Muffin w/String Cheese (v).	Whole Grain French Toast Sticks. Blueberry Patch Parfait w/Graham Crackers (v). Apple Cinnamon Muffin w/String Cheese (v).	Egg & Potato Breakfast Burrito. Maple Waffle (v). Blueberry Muffin w/String Cheese (v).
Orange Wedges Frozen Blueberries	Fresh Apple Tangerine	Orange Wedges Watermelon	Grape Juice Apple Slices	Applesauce Fresh Banana

Daily offerings include assorted cereal bowls with graham crackers. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. (v) denotes vegetarian choices (including milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

K-12 CORE BREAKFAST
April

BREAKFAST

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
		No School Enjoy Your Spring Break!		
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
French Toast Sticks w/Syrup (v). Banana Muffin w/String Cheese (v).	Scrambled Eggs w/Toast (v). Maple Snack'n Waffle (v). Banana Muffin w/Cheese Stick (v).	Biscuit w/Old Fashioned Country Gravy. Tropical Mango Breakfast(v). Apple Cinnamon Muffin w/String Cheese (v).	Cheese Omelets (v). Plain Bagel w/Cream Cheese (v). Banana Muffin w/String Cheese(v).	Sausage & Cheese Breakfast Sandwich. Vanilla Yogurt w/Graham Crackers(v). Blueberry Muffin w/String Cheese (v)
Fresh Whole Apple Tangerine	Apple Juice Pineapple Tidbits	Fresh Banana Frozen	Pineapple Tidbits Orange Wedges	Tangerine Red Seedless Grapes

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K-12 CORE BREAKFAST
April & May

BREAKFAST

Monday 29	Tuesday 30	Wednesday May 1	Thursday 2	Friday 3
Blueberry Waffle (v). Hard Boiled Egg Bento Box (v). Banana Muffin w/String Cheese (v)	Turkey Sausage Breakfast Pizza. Cinnamon French Toast Bites (v). Blueberry Muffin w/String Cheese (v).	Chicken Biscuit Sandwich. Sunrise Breakfast Round (v).	Egg & Potato Breakfast Burrito. Whole Grain Bagel w/Cream Cheese (v). Apple Cinnamon Muffin w/String Cheese (v).	Strawberry Oatmeal (ve). Vanilla Yogurt w/Graham Crackers (v). Blueberry Muffin w/String Cheese (v).
Banana Orange Wedges	Grape Juice Tangerine	Applesauce Strawberry Cup	Red Seedless Grapes Banana	Frozen Blueberries Strawberry Cup

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