

# ONE-TABLE



**Comfort Kitchen**



**Corner Deli**



**From the Garden**

OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

**DRESSINGS**

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Parmesan Chicken w/Spaghetti & Marinara Cheese Pizza (v). Buffalo Chicken Pizza. Garden Salad Roasted Cauliflower	Jerk Chicken Quesadilla. Cheese Quesadilla (v). Croque Monsieur Sandwich. Parmesan Green Beans Baked Beans	Roast Turkey w/Gravy & Dinner Roll. Bean & Cheese Nachos (v). Grilled Chicken Sandwich. Mashed Potatoes Mexican Corn	Spicy Chicken Sandwich. Fiesta Potato Breakfast Bowl w/Biscuit (v). French Toast Sticks w/Turkey Sausage Patty & Syrup. Seasoned Carrot Coins Sweet Potato Fries	 <p>No School</p>
Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad	Hummus Box (v)	
Strawberry Cup Orange Slices Baby Carrots Super Salad	Red Grapes Banana Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Diced Peaches Roasted Chickpeas Super Salad	 <p>No School</p>

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

High School

April 8-12

# ONE-TABLE



## Comfort Kitchen



## Corner Deli



## From the Garden

OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Comfort Kitchen	Butter Chicken w/Brown Rice. Veggie Burger (v). Baked Penne w/Breadstick.  Garden Salad Seasoned Potato Wedges	Spaghetti & Beef Marinara w/Garlic Knot. Cheese Pizza (v). General Tso's Chicken w/Brown Rice.  Parmesan Green Beans Stir Fry Vegetables	Chicken Pad Thai. Bean & Cheese Burrito (v). Beef Nachos.  Baked Plantains Broccoli & Carrots Burger Toppings	Breaded Chicken Drumstick w/Mac & Cheese. Pasta & Rainbow Marinara w/Garlic Knot (v). Croque Monsieur Sandwich  Collard Greens Caesar Side Salad	BBQ Chicken Sandwich. Grilled Cheese Sandwich w/Tomato Soup (v). Taco Pizza.  Roasted Corn Broccoli & Red Peppers
Corner Deli	Deli Bento Box	Chef Salad w/Hard Boiled Egg & Garlic Knot	Chicken Caesar Salad w/Breadstick	Turkey & Cheese Sub Protein Box (v)	Turkey & Cheese Sandwich
From the Garden	Apple Slices Diced Peaches Basil Corn Salad Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Baby Carrots Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Red Grapes Chilled Peas Super Salad

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High School

April 15-19 No School

# ONE-TABLE

	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
 <b>Comfort Kitchen</b>			No School Enjoy Your Spring Break !		
 <b>Corner Deli</b>					
 <b>From the Garden</b>					

OFFERED  
DAILY

Non fat white milk  
Low-fat 1% white  
milk

DRESSINGS

Italian, Ranch, Ketchup,  
Mayo, Mustard

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# ONE-TABLE



## Comfort Kitchen



## Corner Deli



## From the Garden

### OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<p>Jamaican Jerk Chicken w/Brown Rice. Grilled Cheese Sandwich (v). Sweet &amp; Sour Tofu w/Brown Rice (ve).</p> <p>Baby Carrots Sweet Plantains</p>	<p>Spaghetti and Turkey Marinara. Baked Penne w/Breadstick (v). Lasagna Roll Up w/Breadstick</p> <p>Parmesan Green Beans Tater Tots</p>	<p>Chicken Pad Thai. Tofu Fried Rice (v). Grilled Chicken Sandwich.</p> <p>Green Peas Roasted Broccoli &amp; Carrots</p>	<p>Turkey Hot Dog. Lentil Dal w/Brown Rice (v). Salvadorian Chicken Thighs w/Brown Rice.</p> <p>Roasted Cauliflower Oven Baked Fries</p>	<p>Beef Enchilada. Bean &amp; Cheese Enchilada (v). Cheese Pizza (v).</p> <p>Mexican Black Beans Caesar Side Salad</p>
<p>Crispy Chicken Wrap</p>	<p>Hummus Box (v)</p>	<p>Turkey &amp; Cheese Sandwich</p>	<p>Pizza Bento Box (v)</p>	<p>Chicken Caesar Salad w/Breadstick (v)</p>
<p>Banana Applesauce Baby Carrots Super Salad</p>	<p>Canned Pears Apple Slices Tomato &amp; Cucumber Salad Super Salad</p>	<p>Orange Slices Frozen Blueberries Asian Bean Salsa Super Salad</p>	<p>Frozen Blueberries Diced Peaches Blue Ribbon Slaw Super Salad</p>	<p>Orange Slices Cantaloupe Roasted Corn Super Salad</p>

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High School  
April 29-May 3

# ONE-TABLE

	Monday 29	Tuesday 30	Wednesday May 1	Thursday 2	Friday 3
 <b>Comfort Kitchen</b>	Beef & Cheese Nachos. Veggie Burger (v). Turkey Tacos.  Black Beans Moroccan Spiced Carrots Burger Toppings	Chicken Nuggets w/Breadstick. Vegan BBQ Sloppy Jo Sandwich (ve).  Celery Sticks Tater Tots	Brazilian Steak Sandwich Veggie Lo Mein w/Sweet & Sour Tofu (v). Cheese-filled Breadsticks w/Marinara (v).  Roasted Corn Roasted Broccoli	Dominican Pica Chicken Drumstick w/Brown Rice. Chili con Carne w/Breadstick. Caprese Grilled Cheese Sandwich (v).  Crinkle Cut Fries Green Peas	BBQ Chicken Sandwich. Broccoli & Cheese Baked Potato w/Dinner Roll (v). Beefy Macaroni.  Roasted Broccoli Blue Ribbon Coleslaw
 <b>Corner Deli</b>	Sunbutter & Jelly Sandwich (ve)	Strawberry Banana Parfait (v)	Buffalo Chicken Wrap	Turkey & Cheese Sub Protein Box (v)	Fiesta Dip Box (v)
 <b>From the Garden</b> OFFERED DAILY Non fat white milk Low-fat 1% white milk <b>DRESSINGS</b> Italian, Ranch, Ketchup, Mayo, Mustard	Apple Slices Diced Pears Fresh Broccoli Super Salad	Frozen Blueberries Strawberry Cup Celery Sticks Super Salad	Orange Slices Frozen Blueberries Pinto Beans Super Salad	Fresh Apple Slices Mandarin Oranges Baby Carrots Super Salad	Orange Slices Applesauce Potato Salad Super Salad

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