Early Childhood Education Aug 26-30



Breakfast

Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
			Whole Grain French Toast Sticks	Egg & Cheese Burrito
	No School		w/Syrup Apple Slices	Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

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Lunch
Comfort
Kitchen

		Pasta w/Colorful Marinara	Turkey & Cheese Sandwich
	No School	Sunbutter & Jelly Sandwich (ve)	Cheese Pizza (v)
		Citrus Glazed	Roasted Broccoli &
		Carrots	Red Peppers
		Banana	Applesauce

OFFERED DAILY

Non fat white milk Low-fat 1% white milk

Early Childhood Education Sept 2-6



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Sunrise Breakfast Round Orange Slices	Egg & Cheese Bagel Sandwich Cantaloupe	Blueberry Muffin w/String Cheese Banana	Strawberry Yogurt w/Granola Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



No School	Chicken Nuggets Macaroni & Cheese (v) Citrus Glazed Carrots Fresh Apple Slices	Chicken & Bean Empanada Teriyaki Tofu w/ Veggie Lo Mein(v) Roasted Bell Peppers & Onions Mandarin Oranges	French Toast Sticks W/Turkey Sausage Patty BBQ Sloppy Joe Sandwich (ve) Green Beans Orange Slices	Tuna Salad Sandwich Cheese Quesadilla (v) Roasted Broccoli Banana
		Oranges		

OFFERED DAILY

Non fat white milk Low-fat 1% white milk





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Break	Tast

Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Whole Grain French Toast Sticks /Syrup	Scrambled Eggs w/Toast Pineapple	Tropical Mango Breakfast Round	Plain Bagel w/Cream Cheese	Egg & Cheese Biscuit Sandwich
Apple Slices		Banana	Orange Wedges	Mandarin Oranges

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Comfort Kitchen

)	Spaghetti & Marinara (v)	Tuna Salad Sandwich	Carolina BBQ Pulled Turkey Sandwich	Popcorn Chicken Bowl w/Corn,	Beef Enchilada
	Grilled Cheese Sandwich (v)	Baked Penne (v)	Teriyaki Chick'n Fried	Mashed Pototoes & Gravy	Cheese Pizza (v)
	Sweet Plantains Applesauce	Mixed Garden Veggies Apple Slices	Rice (v) Roasted Broccoli & Red Peppers Orange Slices	Sunbutter & Jelly Sandwich (ve) Roasted Butternut Squash Banana	Mexican Corn Cantaloupe
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OFFERED DAILY

Non fat white milk Low-fat 1% white milk

Early Childhood Education Sept 16-20



Breakfast

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Strawberry Yogurt w/Graham Crackers	Blueberry Muffin w/String Cheese	Sunrise Breakfast Round	Plain Bagel w/Cream Cheese	Strawberry Oatmeal (ve) Strawberry
Orange Wedges	Diced Peaches	Applesauce	Fresh Banana	Cup

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Comfort Kitchen

Beef & Cheese Nachos Veggie Burgers (v) Mexican Black Beans Apple Slices	Chicken Nuggets Sunbutter & Jelly Sandwich (ve) Tater Tots Strawberries	Turkey & Cheese Sandwich Cheese-filled Breadsticks w/Marinara (v) Roasted Broccoli Banana	Chili con Carne w/Breadsticks Caprese Grilled Cheese Sandwich (v) Crinkle Cut Fries Mandarin Oranges	Chicken & Bean Empanada Broccoli & Cheese Baked Potato w/Garlic Knot(v) Roasted Broccoli Applesauce
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OFFERED DAILY

Non fat white milk Low-fat 1% white milk





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Monday	Tuesday	Wednesday	Thursday	Friday
23	24	25	26	27
Eggs w/Toast	Hard Boiled Egg Bento Box Strawberries	Egg & Cheese Breakfast Sandwich on a Biscuit Orange Wedges	Apple Muffin w/String Cheese Baked Cinnamon Apples	Potato, Egg & Cheese Breakfast Bowl Fresh Banana

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Comfort Kitchen

Crispy	Chicken	Carolina BBQ	Tuna Salad	Turkey &
Chicken Wrap	Quesadilla	Pulled Turkey	Sandwich	Cheese
		Sandwich		Sandwich
Cheese Pizza	Cheese		Breakfast	
(v)	Quesadilla (v)	Plant-Based	Potato Bowl	Glorious Mac
		Tachos	w/Biscuit <mark>(v)</mark>	& Cheese (v)
Roasted	Roasted	w/Breadstick		
Cauliflower	Broccoli	(v)	Roasted	Peas
Orange Slices	Diced Pears		Carrots	Apple Slices
		Mexican Corn	Mandarin	
		Applesauce	Oranges	

OFFERED DAILY

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