

All Lunch
Must Include
Choice of:



Fruit or Vegetable
and May Include:
1% Low-Fat Milk or Fat-
Free Milk



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS

August 2024

9-12

LUNCH MENU

August 26- August 30

Powering
potential.

ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



| MON | TUES | WED | THURS | FRI |
|---|---|---|--|---|
| -Beef Sliders -Turkey Barbacoa with Couscous and Dinner Roll | -Spaghetti w/ Meatballs Spaghetti w/ Vegetarian Meat Red sauce -Chicken Teriyaki w/ Vegetables & Rice | -Chicken or Vegetable Dumplings Egg Fried Rice -Cheese Quesadilla | -French Toast w/ Turkey Sausage Patty -Enchiladas Casserole w/ Spanish Rice | -Egg Roll Bowl -Gyro Meatball w/ Rice and Parmesan Flatbread |
| Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | White Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| Salad Bar Turkey & Cheese Wrap | Caesar Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar Cheese & Veggie Wrap | Chicken & Cheese Salad Garden Salad w/ Cheese w/ Dinner Roll | Salad Bar Ham & Cheese Wrap |
| Veggie Burger Cheeseburger | Veggie Burger Cheeseburger | Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger |
| Baby Carrots Black Eyed Peas Fresh Apple Diced Pears | Edamame Steamed Squash Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches | Cucumber Slices Tater Tots Fresh Pear Mixed Fruit | Baby Carrots Green Peas Fresh Apple Apricot Halves |

AVAILABLE DAILY:

- Milk Varieties: Skim, 1%
- Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing, Margarine

Vegetarian Options Available Daily
Contains Fish
Locally Sourced



Menus are subject to change.

This institution is an equal opportunity provider.

All Lunch
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September 2024

9-12

LUNCH MENU

September 2-September 6

Powering
potential.

ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



| | MON | TUES | WED | THURS | FRI |
|--|--|---|---|---|--|
| | -Pomodoro Spaghetti Bowl -Philly Cheesesteak | -Chicken Tikka Masala Bowl -Chana Masala Bowl | -Country Popcorn Chicken Bowl w/ Dinner Roll -Meatball Sub | -Eggoji Waffles Turkey Sausage Link -Baked Potato with Broccoli and Cheese | -Cheesy Baked Penne -Fish Quinoa Bowl w/ Dinner Roll |
| | Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | BBQ Chicken Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| | Salad Bar Turkey & Cheese Wrap | Chicken Caesar Salad w/ Dinner Roll Garden Salad w/ Cheese & Dinner Roll | Salad Bar Three Cheese Wrap | Beef Nacho Salad w/ Dinner Roll Garden Salad w/ Cheese & Dinner Roll | Salad Bar Ham & Cheese Wrap |
| | Veggie Burger Cheeseburger | Veggie Burger Cheeseburger | Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger |
| | Baby Carrots Green Peas Fresh Apple Diced Pears | Edamame Steamed Squash Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches | Cucumber Slices Steamed Corn Fresh Pear Mixed Fruit | Baby Carrots Black Beans Fresh Apple Apricot Halves |

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September 2024

9-12

LUNCH MENU

September 9-September 13

Powering
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ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



| | MON | TUES | WED | THURS | FRI |
|--|---|---|---|--|---|
| | -Breaded Fish Melt -Chicken Parmesan w/ Spaghetti | -Kickin' Bean & Beef Tortilla Bowl -Chili Dog | -Penne Alfredo w/ Chicken & Breadstick -Bean & Cheese Tacos | -Chicken Tenders or Tofu w/ Rice & Sunbutter Thai Sate | -Mac & Cheese -French Toast Sticks & Scrambled Eggs |
| | Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | Greek Chicken Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| | Salad Bar Turkey & Cheese Wrap | Chicken Caesar Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar Asian Chicken Wrap | Ranch Chicken Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar Ham & Cheese Wrap |
| | Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger | Breaded Chicken Sandwich | Veggie Burger Cheeseburger |
| | Baby Carrots Green Peas Fresh Apple Sliced Pears | Steamed Broccoli Baked Beans Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Squash Fresh Apple Sliced Peaches | Cucumber Slices Steamed Corn Fresh Pear Mixed Fruit | Baby Carrots Edamame Fresh Apple Apricot Halves |



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September 2024

9-12

LUNCH MENU

September 16- September 20

Powering
potential.

ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



| | MON | TUES | WED | THURS | FRI |
|--|--|--|---|--|---|
| | -Chili Garlic Popcorn Chicken w/ Lo Mein -Grilled Reuben | -Sloppy Joe Sliders Lentil Sloppy Joe -Chicken Pot Pie | -General Tso's Beef or Tofu with Vegetables | -Kale and Potato Enchilada Bake -Beef Meatballs with Couscous | -Chicken and Waffles -Lentils and Cheese Tacos |
| | Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | Vegetable Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| | Salad Bar Turkey & Cheese Wrap | Chicken Caesar Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar BBQ Chicken Wrap | Chicken Baja Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar Ham & Cheese Wrap |
| | Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger | Breaded Chicken Sandwich | Veggie Burger Cheeseburger |
| | Baby Carrots Black Eyed Peas Fresh Apple Sliced Pears | Edamame Steamed Squash Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches | Cucumber Slices Green Peas Fresh Pear Mixed Fruit | Baby Carrots Tater Tots Fresh Apple Apricot Halves |

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September 2024

9-12

LUNCH MENU

September 23- September 27

Powering
potential.

ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



AVAILABLE DAILY:

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| MON | TUES | WED | THURS | FRI |
|--|--|--|--|---|
| -Fish Tacos w/ Creamy Coleslaw -Hot Dog | -Beef & Broccoli w/ Rice -Bosco Sticks w/ Dipping Sauce | -Cheese Quesadilla -Turkey Banh Mi  | -Mediterranean Grain Bowl -Country Fried Steak w/ Dinner Roll | -Chicken Rosa Sauce w/ Penne & Breadstick -Chicken BLT Sandwich |
| Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | Buffalo Chicken Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| Salad Bar Turkey & Cheese Wrap | Chicken Caesar Salad Garden Salad w/ Cheese w/ Dinner Roll | Salad Bar Chicken Snack Wraps | Vegetable Baja Salad Garden Salad w/ Cheese w/ Dinner Roll | Salad Bar Ham & Cheese Wrap |
| Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger | Breaded Chicken Sandwich | Veggie Burger Cheeseburger |
| Baby Carrots Baked Beans Fresh Apple Sliced Pears | Edamame Steamed Squash Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches | Cucumber Slices Mashed Potatoes Fresh Pear Mixed Fruit | Baby Carrots Green Peas Fresh Apple Apricot Halves |

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DISTRICT OF COLUMBIA
PUBLIC SCHOOLS

September 2024

9-12

LUNCH MENU

September 30- October 4

Powering
potential.

ENTRÉE OPTIONS

Salad Bar:

- Romaine
- Edamame
- Shredded Cheese
- Cucumbers
- Tomatoes
- Red Bell Pepper Slices

Nacho Toppings:

- Sour Cream
- Black Olives
- Jalapeños
- Salsa

FRUIT & VEGGIES



| MON | TUES | WED | THURS | FRI |
|--|---|---|--|---|
| -Chicken Sliders -Turkey Barbacoa with Couscous and Dinner Roll | -Spaghetti w/ Meatballs Spaghetti w/ Vegetarian Meat Red sauce -Chicken Teriyaki w/ Vegetables & Rice | -Chicken or Vegetable Dumplings Egg Fried Rice -Cheese Quesadilla | -French Toast w/ Turkey Sausage Patty -Enchiladas Casserole w/ Spanish Rice | -Egg Roll Bowl -Gyro Meatball w/ Rice and Parmesan Flatbread |
| Cheese Pizza Pepperoni Pizza | Beef or Bean & Cheese Nachos Nacho Toppings | White Pizza | Chicken or Bean & Cheese Nachos Nacho Toppings | Cheese Pizza Pepperoni Pizza |
| Salad Bar Turkey & Cheese Wrap | Caesar Salad Garden Salad w/ Cheese & Dinner Roll | Salad Bar Cheese & Veggie Wrap | Chicken & Cheese Salad Garden Salad w/ Cheese w/ Dinner Roll | Salad Bar Ham & Cheese Wrap |
| Veggie Burger Cheeseburger | Bread Chicken Sandwich | Veggie Burger Cheeseburger | Grilled Cheese | Veggie Burger Cheeseburger |
| Baby Carrots Black Eyed Peas Fresh Apple Diced Pears | Edamame Steamed Squash Fresh Orange Applesauce | Red Bell Pepper Slices Steamed Broccoli Fresh Apple Sliced Peaches | Cucumber Slices Tater Tots Fresh Pear Mixed Fruit | Baby Carrots Green Peas Fresh Apple Apricot Halves |

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