

Breakfast in the Classroom  
& Grab n' Go  
**DECEMBER**

# BREAKFAST

Monday Dec 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Cheesy Scrambled Eggs w/Toast(v)	Cinnamon Cream Cheese Mini Bagels(v) Banana Muffin w/String Cheese (v)	Strawberry Yogurt w/Graham Crackers(v) Blueberry Muffin w/String Cheese(v)	Whole Grain French Toast Sticks w/Syrup (v)	Apple Cinnamon Muffin w/String Cheese (v)
Fresh Apple Diced Pears	Strawberries Tangerine	Apple Juice Orange Wedges	Pineapple Tidbits Cinnamon Apples	Frozen Blueberries Banana

Monday Dec 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Whole Grain Bagel w/Cream Cheese(v) Apple Cinnamon Muffin w/String Cheese(v)	Vanilla Yogurt w/Graham Crackers (v) Banana Muffin w/Cheese Stick (v)	Cinnamon French Toast Bites(v) Blueberry Muffin w/String Cheese (v)	Whole Grain French Toast w/Syrup(v) Chocolate Chip Muffin w/String Cheese(v)	Egg & Potato Breakfast Burrito(v) Blueberry Muffin w/String Cheese (v)
Orange Wedges Mixed Fruit Salad	Fresh Apple Tangerine	Orange Wedges Watermelon	Grape Juice Apple Slices	Applesauce Fresh Banana

Daily offerings include assorted cereal bowls with graham crackers or assorted muffins with cheese stick. All breakfast entrées are vegetarian (including milk & eggs) and include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

*This institution is an equal opportunity provider. Additional nutrition information available upon request.*

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Monday Dec 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Vanilla Yogurt w/Graham Crackers(v) Chocolate Chip Muffin w/String Cheese (v)	Tropical Mango Breakfast Round(v) Apple Cinnamon Muffin w/String Cheese (v)	Egg & Cheese Bagel Sandwich(v) Banana Muffin w/String Cheese(v)	Blueberry Muffin w/String Cheese (v)	No School
Frozen Blueberries Tangerine	Orange Slices Baked Cinnamon Apples	Cantaloupe Orange Wedges	Banana Apple Juice	



Happy Winter Break!



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