

Breakfast in the Classroom Menu - Term 1*

Early Childhood Education, and Kindergarten through 5th Grade

Week 1
Aug 30th - Sept 3rd
Sept 20th - Sept 24th
Oct 11th - Oct 15th
Nov 1st - Nov 5th

Week 2
Sept 6th - Sept 10th
Sept 27th - Oct 1st
Oct 18th - Oct 22nd

Week 3
Sept 13th - Sept 17th
Oct 4th - Oct 8th
Oct 25th - Oct 29th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Whole Grain Apple Muffin Diced Pears 100% Apple Juice	Assorted Cereals & Whole Grain Graham Crackers Chilled Pineapples	Zucchini Bread Fresh Apple Slices	French Toast Sticks w/ Syrup & Hard Boiled Egg All-Mixed-Up Fruit Cup	Egg & Cheese Biscuit Sandwich Mandarin Oranges
Week 2	Banana Bread Mandarin Oranges 100% Orange Juice	Turkey Sausage Biscuit Sandwich Applesauce Cup	Fruit & Yogurt Parfait All-Mixed-Up Fruit Cup	Cheese Omelet w/ Whole Grain Biscuit Chilled Pineapples	Whole Grain Bagel w/ Cream Cheese Fresh Apple Slices
Week 3	Assorted Cereals & Whole Grain Graham Crackers Manadrin Oranges	Egg & Cheese Breakfast Burrito w/ Salsa Diced Pears	Whole Grain Blueberry Muffin 100% Apple Juice Fresh Apple Slices	Cheesy Egg Sandwich w/ Pesto Diced Peaches	Oatmeal w/ Assorted Toppings All-Mixed-Up Fruit Cup
Choose a Milk		Nonfat or 1% White Milk			

All meals include a choice of non-fat or 1% white milk
Assorted cereals & whole grain graham crackers available daily

*Subject to change based on availability

V - indicates vegetarian
VE - indicates vegan
Green Color Font - indicates locally sources produce

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