

DCPS Eats! Fall Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Breakfast:</u> Cinnamon Breakfast Round Yogurt w/ Homemade Granola Fresh Strawberries Pineapple Tidbits</p> <hr/> <p><u>Lunch:</u> Chicken Fried Rice Vegetarian Fried Rice Chicken Salad Sub Seasoned Edamame Asian Green Beans Local Apple Slices Peach Cups</p>	<p><u>Breakfast:</u> Chicken Sausage Biscuit Zucchini Bread Fresh Oranges Peach Cups</p> <hr/> <p><u>Lunch:</u> Chicken Tacos Black Bean Tacos Chef Salad w/Pretzels Mexicali Corn Fresh Baby Carrots Red Grapes Pineapple Tidbits</p>	<p><u>Breakfast:</u> Eggo® Mini Waffles Cereal w/Graham Cracker Fresh Peach Pineapple Tidbits</p> <hr/> <p><u>Lunch:</u> Chicken Sandwich Black Bean Burger Wrap Turkey & Cheese Sandwich Local Cucumber Slices Tater Tots Fresh Bananas Fresh Strawberries</p>	<p><u>Breakfast:</u> Turkey Ham, Egg, & Cheese Biscuit Nutri-grain® Bar w/ Cheese Stick Fresh Watermelon Applesauce Cup</p> <hr/> <p><u>Lunch:</u> Hot Dog Black Bean Burger Chef Salad w/Pretzels BBQ Baked Beans Fresh Baby Carrots Local Apple Slices Peach Cups</p>	<p><u>Breakfast:</u> Breakfast Burrito Cereal w/Graham Cracker Local Apple Slices Orange Juice</p> <hr/> <p><u>Lunch:</u> Homemade Hawaiian Pizza Homemade Cheese Pizza Hummus w/Pita Garlic & Herb Broccoli Sweet Potato Wedges Fresh Banana Pineapple Tidbits</p>

Student's Choice of Low Fat or Fat Free Milk is provided at each meal

This institution is an equal opportunity provider. Menus subject to change based on product availability.

DCPS Eats! Fall Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Breakfast:</u> Eggo® Mini Waffles Apple Pie Parfait Fresh Peach Pineapple Tidbits</p> <hr/> <p><u>Lunch:</u> Chicken Chipotle Bowl Vegetarian Chipotle Bowl Hummus w/Pita Mexicali Corn Baby Carrots Fresh Oranges Peach Cups</p>	<p><u>Breakfast:</u> Chicken Sausage & Cheese Biscuit Cereal w/Graham Cracker Fresh Bananas Peach Cups</p> <hr/> <p><u>Lunch:</u> Cheeseburger Black Bean Burger Chef Salad w/Pretzels BBQ Baked Beans Tater Tots Local Apple Slices Fresh Watermelon</p>	<p><u>Breakfast:</u> Breakfast Burrito Zucchini Bread Slice Fresh Strawberries Orange Juice</p> <hr/> <p><u>Lunch:</u> Buffalo Chicken Drumstick Buffalo Roasted Tofu Cajun Seasoned Tilapia Brown Rice Garlic & Herb Broccoli Local Citrus Kale Salad Fresh Bananas Pineapple Tidbits</p>	<p><u>Breakfast:</u> Egg & Cheese Biscuit Cereal w/Graham Cracker Fresh Banana Pineapple Tidbits</p> <hr/> <p><u>Lunch:</u> Teriyaki Chicken Teriyaki Tofu Fried Rice Egg Salad Sub Asian Green Beans Fresh Baby Carrots Fresh Red Grapes Peach Cups</p>	<p><u>Breakfast:</u> Blueberry Muffin w/Hard Boiled Egg Cheerios® Cereal Bar w/Cheese Stick Fresh Peach Applesauce Cup</p> <hr/> <p><u>Lunch:</u> Homemade Chicken Alfredo Pizza Homemade Cheese Pizza Hummus w/Pita Garlic & Herb Broccoli Sweet Potato Wedges Peach Cups Fresh Strawberries</p>

Student's Choice of Low Fat or Fat Free Milk is provided at each meal

This institution is an equal opportunity provider. Menus subject to change based on product availability.

DCPS Eats! Fall Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Breakfast:</u> Eggo® Mini Pancakes Cereal w/Graham Cracker Local Apple Slices Fresh Peach</p> <hr/> <p><u>Lunch:</u> BBQ Pulled Chicken Sandwich Grilled Cheese Sandwich Tuna Salad Sub BBQ Baked Beans Fresh Baby Carrots Fresh Oranges Peach Cups</p>	<p><u>Breakfast:</u> Homemade Breakfast Pizza Bagel w/Cream Cheese Fresh Oranges Peach Cups</p> <hr/> <p><u>Lunch:</u> Chicken Nachos Cheese & Black Bean Nachos Chef Salad w/Pretzels Black Beans Corn Salad Local Apple Slices Pineapple Tidbits</p>	<p><u>Breakfast:</u> Egg & Cheese Biscuit Yogurt w/Homemade Granola Fresh Banana Applesauce Cup</p> <hr/> <p><u>Lunch:</u> Chicken Philly Sandwich Black Bean Burger Sunbutter & Jelly Sandwich Potato Wedges Fresh Baby Carrots Fresh Red Grapes Peach Cups</p>	<p><u>Breakfast:</u> Breakfast Burrito Cereal w/Graham Cracker Fresh Peach Pineapple Tidbits</p> <hr/> <p><u>Lunch:</u> Chicken Broccoli Alfredo Baked Rotini Hummus w/Pita Garlicky Broccoli Local Citrus Kale Salad Fresh Watermelon Applesauce</p>	<p><u>Breakfast:</u> Homemade Apple Butter w/ Freshly Baked Biscuit Fresh Strawberry Parfait Local Apple Slices Orange Juice</p> <hr/> <p><u>Lunch:</u> Homemade Buffalo Chicken Pizza Homemade Cheese Pizza Hot Dog Buffalo Cauliflower Sweet Potato Wedges Fresh Banana Pineapple Tidbits</p>

Student's Choice of Low Fat or Fat Free Milk is provided at each meal

This institution is an equal opportunity provider. Menus subject to change based on product availability.