



# June Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
no school <span>25</span>	hummus multigrain SunChips <span>26</span>	cinnamon goldfish graham yogurt <span>27</span>	fresh clementines cheese stick <span>28</span>	apple slices cheese crackers <span>29</span>
wheat crackers cheese stick <span>1</span>	blueberry lemon crackers yogurt <span>2</span>	cinnamon goldfish graham apple slices <span>3</span>	cheese stick pretzel goldfish <span>4</span>	cheese crackers fresh clementines <span>5</span>
pretzel goldfish cheese stick <span>8</span>	hummus multigrain SunChips <span>9</span>	cinnamon goldfish graham yogurt <span>10</span>	fresh clementines cheese stick <span>11</span>	apple slices cheese crackers <span>12</span>
wheat crackers cheese stick <span>15</span>	no school <span>16</span>	cinnamon goldfish graham apple slices <span>17</span>	cheese stick pretzel goldfish <span>18</span>	

All grains served are whole grain rich

Menu subject to change based on availability

This institution is an equal opportunity provider

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

Menu Name: Snack

Include Cost: No

Site:

Use Alternate Menu Name: No

### Monday - 05/18/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999075 Whole Grain Wheat Crackers	1 ea	1	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00
990991 Cheddar Cheese Stick	1 ea	1	91	4.56	192	0.00	0.00	7.09	0.00	20	1.01	0.00	7.09	*N/A*	202.5	0.00	0.00
Weighted Daily Average			201	5.06	352	2.00	2.00	10.59	0.00	20	20.01	2.00	9.09	*N/A*	207.5	*0.00	5.00
% of Calories				22.66 %		3.98%	3.98%	47.4%	0.0%		39.8%		18.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Tuesday - 05/19/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999174 Appleways Blueberry Lemon Crispy Bites	1 bag	1	121	0.51	61	8.10	8.10	3.54	0.00	0	21.26	2.02	2.02	0	5.1	0.00	1.01
990703 Nonfat Yogurt Cup	1 ea/4oz	1	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
Weighted Daily Average			204	0.51	129	20.10	15.10	3.54	0.00	0	37.26	2.02	5.02	*0	317.6	0.30	1.01
% of Calories				2.25%		39.41%	29.61%	15.6%	0.0%		73.1%		9.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Wednesday - 05/20/2026

#### Reimbursable Meal Total 1

**Base Menu Spreadsheet**

Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80
990948 Apple Slice Pack	1 ea	1	30	0.00	0	5.97	0.00	0.00	0.00	0	6.96	1.00	0.00	*N/A*	0.0	38.79	0.00
Weighted Daily Average			150	1.00	140	12.97	7.00	4.00	0.00	0	25.96	2.00	1.00	*N/A*	80.0	38.79	1.80
% of Calories				6.00%		34.59%	18.67%	24.0%	0.0%		69.2%		2.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

**Thursday - 05/21/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999261 Mozzarella Cheese Stick	each	1	80	3.00	20	1.00	0.00	6.00	20.00	200	1.00	0.00	6.00	0	220.0	0.00	0.00
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			170	3.00	220	1.00	0.00	7.50	20.00	200	17.00	1.00	8.00	*0	*220.0	*0.00	*0.00
% of Calories				15.88 %		2.35%	0.00%	39.7%	105.9%		40.0%		18.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

**Friday - 05/22/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999030 Cheese Crackers	1 ea	1	110	1.00	180	0.00	0.00	3.50	0.00	0	17.00	2.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991036 Fresh Clementines	2 ea	1	128	0.00	3	24.98	0.00	0.41	0.00	0	32.66	4.63	2.31	*N/A*	81.6	132.81	0.38
Weighted Daily Average			238	1.00	183	24.98	0.00	3.91	0.00	0	49.66	6.63	5.31	*N/A*	*81.6	*132.81	*0.38
% of Calories				3.78%		41.98%	0.00%	14.8%	0.0%		83.5%		8.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Saturday - 05/23/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990470 Fresh Orange	1 ea	1	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80
Weighted Daily Average			206	1.03	140	24.20	7.00	4.22	0.00	0	40.62	5.42	2.73	*0	153.6	97.89	1.98
% of Calories				4.50%		46.99%	13.59%	18.4%	0.0%		78.9%		5.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 05/25/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999091 Colby Jack Cheese Stick	1 ea	1	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
Weighted Daily Average			200	6.00	390	0.00	0.00	10.50	0.00	25	16.00	1.00	9.00	*N/A*	*200.0	*N/A*	*0.00
% of Calories				27.00 %		0.00%	0.00%	47.2%	0.0%		32.0%		18.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Tuesday - 05/26/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999079 Little Sesame Hummus Cup	1 ea	1	160	2.00	220	1.00	0.00	12.00	0.00	0	7.00	4.00	4.00	*N/A*	26.0	*N/A*	1.08
999175 Sunchip Multigrain Garden Salsa	1 bag	1	140	0.50	140	2.00	2.00	6.00	0.00	0	19.00	2.00	2.00	0	10.0	0.00	0.60
Weighted Daily Average			300	2.50	360	3.00	2.00	18.00	0.00	0	26.00	6.00	6.00	*0	36.0	*0.00	1.68
% of Calories				7.50%		4.00%	2.67%	54.0%	0.0%		34.7%		8.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Wednesday - 05/27/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	1	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
Weighted Daily Average			202	1.00	209	19.00	14.00	4.00	0.00	0	35.00	1.00	4.00	*N/A*	392.5	0.30	1.80
% of Calories				4.46%		37.62%	27.72%	17.8%	0.0%		69.3%		7.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Thursday - 05/28/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
991036 Fresh Clementines	2 ea	1	128	0.00	3	24.98	0.00	0.41	0.00	0	32.66	4.63	2.31	*N/A*	81.6	132.81	0.38
999261 Mozzarella Cheese Stick	each	1	80	3.00	20	1.00	0.00	6.00	20.00	200	1.00	0.00	6.00	0	220.0	0.00	0.00
Weighted Daily Average			208	3.00	23	25.98	0.00	6.41	20.00	200	33.66	4.63	8.31	*0	301.6	132.81	0.38
% of Calories				12.98 %		49.96%	0.00%	27.7%	86.5%		64.7%		16.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Friday - 05/29/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990948 Apple Slice Pack	1 ea	1	30	0.00	0	5.97	0.00	0.00	0.00	0	6.96	1.00	0.00	*N/A*	0.0	38.79	0.00

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999030 Cheese Crackers	1 ea	1	110	1.00	180	0.00	0.00	3.50	0.00	0	17.00	2.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			140	1.00	180	5.97	0.00	3.50	0.00	0	23.96	3.00	3.00	*N/A*	*0.0	*38.79	*0.00
% of Calories				6.43%		17.06%	0.00%	22.5%	0.0%		68.5%		8.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Saturday - 05/30/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990470 Fresh Orange	1 ea	1	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			176	0.03	200	17.20	0.00	1.72	0.00	0	37.62	5.42	3.73	*0	*73.6	*97.89	*0.18
% of Calories				0.15%		39.09%	0.00%	8.8%	0.0%		85.5%		8.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 06/01/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999075 Whole Grain Wheat Crackers	1 ea	1	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990991 Cheddar Cheese Stick	1 ea	1	91	4.56	192	0.00	0.00	7.09	0.00	20	1.01	0.00	7.09	*N/A*	202.5	0.00	0.00
Weighted Daily Average			201	5.06	352	2.00	2.00	10.59	0.00	20	20.01	2.00	9.09	*N/A*	207.5	*0.00	5.00
% of Calories				22.66 %		3.98%	3.98%	47.4%	0.0%		39.8%		18.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Tuesday - 06/02/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999174 Appleways Blueberry Lemon Crispy Bites	1 bag	1	121	0.51	61	8.10	8.10	3.54	0.00	0	21.26	2.02	2.02	0	5.1	0.00	1.01
990703 Nonfat Yogurt Cup	1 ea/4oz	1	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
Weighted Daily Average			204	0.51	129	20.10	15.10	3.54	0.00	0	37.26	2.02	5.02	*0	317.6	0.30	1.01
% of Calories				2.25%		39.41%	29.61%	15.6%	0.0%		73.1%		9.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Wednesday - 06/03/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990948 Apple Slice Pack	1 ea	1	30	0.00	0	5.97	0.00	0.00	0.00	0	6.96	1.00	0.00	*N/A*	0.0	38.79	0.00
Weighted Daily Average			150	1.00	140	12.97	7.00	4.00	0.00	0	25.96	2.00	1.00	*N/A*	80.0	38.79	1.80
% of Calories				6.00%		34.59%	18.67%	24.0%	0.0%		69.2%		2.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Thursday - 06/04/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999261 Mozzarella Cheese Stick	each	1	80	3.00	20	1.00	0.00	6.00	20.00	200	1.00	0.00	6.00	0	220.0	0.00	0.00
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			170	3.00	220	1.00	0.00	7.50	20.00	200	17.00	1.00	8.00	*0	*220.0	*0.00	*0.00
% of Calories				15.88 %		2.35%	0.00%	39.7%	105.9%		40.0%		18.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Friday - 06/05/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999030 Cheese Crackers	1 ea	1	110	1.00	180	0.00	0.00	3.50	0.00	0	17.00	2.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991036 Fresh Clementines	2 ea	1	128	0.00	3	24.98	0.00	0.41	0.00	0	32.66	4.63	2.31	*N/A*	81.6	132.81	0.38
Weighted Daily Average			238	1.00	183	24.98	0.00	3.91	0.00	0	49.66	6.63	5.31	*N/A*	*81.6	*132.81	*0.38
% of Calories				3.78%		41.98%	0.00%	14.8%	0.0%		83.5%		8.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Saturday - 06/06/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990470 Fresh Orange	1 ea	1	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80
Weighted Daily Average			206	1.03	140	24.20	7.00	4.22	0.00	0	40.62	5.42	2.73	*0	153.6	97.89	1.98
% of Calories				4.50%		46.99%	13.59%	18.4%	0.0%		78.9%		5.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 06/08/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999091 Colby Jack Cheese Stick	1 ea	1	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
Weighted Daily Average			200	6.00	390	0.00	0.00	10.50	0.00	25	16.00	1.00	9.00	*N/A*	*200.0	*N/A*	*0.00
% of Calories				27.00 %		0.00%	0.00%	47.2%	0.0%		32.0%		18.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Tuesday - 06/09/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999079 Little Sesame Hummus Cup	1 ea	1	160	2.00	220	1.00	0.00	12.00	0.00	0	7.00	4.00	4.00	*N/A*	26.0	*N/A*	1.08
999175 Sunchip Multigrain Garden Salsa	1 bag	1	140	0.50	140	2.00	2.00	6.00	0.00	0	19.00	2.00	2.00	0	10.0	0.00	0.60
Weighted Daily Average			300	2.50	360	3.00	2.00	18.00	0.00	0	26.00	6.00	6.00	*0	36.0	*0.00	1.68
% of Calories				7.50%		4.00%	2.67%	54.0%	0.0%		34.7%		8.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Wednesday - 06/10/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	1	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
Weighted Daily Average			202	1.00	209	19.00	14.00	4.00	0.00	0	35.00	1.00	4.00	*N/A*	392.5	0.30	1.80
% of Calories				4.46%		37.62%	27.72%	17.8%	0.0%		69.3%		7.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Thursday - 06/11/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
991036 Fresh Clementines	2 ea	1	128	0.00	3	24.98	0.00	0.41	0.00	0	32.66	4.63	2.31	*N/A*	81.6	132.81	0.38
999261 Mozzarella Cheese Stick	each	1	80	3.00	20	1.00	0.00	6.00	20.00	200	1.00	0.00	6.00	0	220.0	0.00	0.00
Weighted Daily Average			208	3.00	23	25.98	0.00	6.41	20.00	200	33.66	4.63	8.31	*0	301.6	132.81	0.38
% of Calories				12.98 %		49.96%	0.00%	27.7%	86.5%		64.7%		16.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Friday - 06/12/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990948 Apple Slice Pack	1 ea	1	30	0.00	0	5.97	0.00	0.00	0.00	0	6.96	1.00	0.00	*N/A*	0.0	38.79	0.00

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999030 Cheese Crackers	1 ea	1	110	1.00	180	0.00	0.00	3.50	0.00	0	17.00	2.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			140	1.00	180	5.97	0.00	3.50	0.00	0	23.96	3.00	3.00	*N/A*	*0.0	*38.79	*0.00
% of Calories				6.43%		17.06%	0.00%	22.5%	0.0%		68.5%		8.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Saturday - 06/13/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990470 Fresh Orange	1 ea	1	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			176	0.03	200	17.20	0.00	1.72	0.00	0	37.62	5.42	3.73	*0	*73.6	*97.89	*0.18
% of Calories				0.15%		39.09%	0.00%	8.8%	0.0%		85.5%		8.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 06/15/2026

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999075 Whole Grain Wheat Crackers	1 ea	1	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990991 Cheddar Cheese Stick	1 ea	1	91	4.56	192	0.00	0.00	7.09	0.00	20	1.01	0.00	7.09	*N/A*	202.5	0.00	0.00
Weighted Daily Average			201	5.06	352	2.00	2.00	10.59	0.00	20	20.01	2.00	9.09	*N/A*	207.5	*0.00	5.00
% of Calories				22.66 %		3.98%	3.98%	47.4%	0.0%		39.8%		18.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Tuesday - 06/16/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999174 Appleways Blueberry Lemon Crispy Bites	1 bag	1	121	0.51	61	8.10	8.10	3.54	0.00	0	21.26	2.02	2.02	0	5.1	0.00	1.01
990703 Nonfat Yogurt Cup	1 ea/4oz	1	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
Weighted Daily Average			204	0.51	129	20.10	15.10	3.54	0.00	0	37.26	2.02	5.02	*0	317.6	0.30	1.01
% of Calories				2.25%		39.41%	29.61%	15.6%	0.0%		73.1%		9.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Wednesday - 06/17/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000989 Cinnamon Goldfish Graham	1 ea	1	120	1.00	140	7.00	7.00	4.00	0.00	0	19.00	1.00	1.00	*N/A*	80.0	0.00	1.80

# Base Menu Spreadsheet

## Portion Values

May 18, 2026 thru Jun 18, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990948 Apple Slice Pack	1 ea	1	30	0.00	0	5.97	0.00	0.00	0.00	0	6.96	1.00	0.00	*N/A*	0.0	38.79	0.00
Weighted Daily Average			150	1.00	140	12.97	7.00	4.00	0.00	0	25.96	2.00	1.00	*N/A*	80.0	38.79	1.80
% of Calories				6.00%		34.59%	18.67%	24.0%	0.0%		69.2%		2.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Thursday - 06/18/2026

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999261 Mozzarella Cheese Stick	each	1	80	3.00	20	1.00	0.00	6.00	20.00	200	1.00	0.00	6.00	0	220.0	0.00	0.00
990788 Pretzel Goldfish	1 ea	1	90	0.00	200	0.00	0.00	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			170	3.00	220	1.00	0.00	7.50	20.00	200	17.00	1.00	8.00	*0	*220.0	*0.00	*0.00
% of Calories				15.88 %		2.35%	0.00%	39.7%	105.9%		40.0%		18.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	197	2.14	210	12.46	4.22	6.48	3.57	40	29.49	3.12	5.48	*0	*176.9	*39.94	*1.29
% of Calories		9.78%		25.30%	8.57%	29.6%	16.3%		59.9%		11.1%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

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