

BEFORE SCHOOL, AFTER SCHOOL AND ANYTIME IN BETWEEN  
**NUTRITIOUS AND INNOVATIVE MENUS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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**SUPPER MENU**

<p><b>4</b></p> <p>Chicken Alfredo Mac &amp; Cheese with Garlic Knot</p> <p>Roasted Butternut Squash Apple Sauce</p>	<p><b>5</b></p> <p>Veggie Tortellini with Garlic Knot <b>V</b></p> <p>Roasted Broccoli Baked Cinnamon Peaches</p>	<p><b>6</b></p> <p>Hamburger with Lettuce &amp; Tomato <b>OR</b> Gardenburger <b>V</b></p> <p>Baked Beans Banana</p>	<p><b>7</b></p> <p>Bean Tacos or Turkey Tacos w/ Salsa or Shredded Lettuce</p> <p>Tomato Corn Cilantro Salad Orange Smiles</p>	<p><b>8</b></p> <p>Sunbutter &amp; Jelly Sandwich</p> <p>Red Bell Pepper Strips w/ Ranch Fresh Apple Slices</p>
<p><b>11</b></p> <p>Tinga Chicken Burrito Bowl or Veggie Burrito Bowl w/ Cilantro Rice <b>V</b></p> <p>Elote Corn Watermelon</p>	<p><b>12</b></p> <p>Cheese Pizza <b>V</b></p> <p>Seasoned Carrot Coins Baked Cinnamon Apples</p>	<p><b>13</b></p> <p>Grilled Cheese <b>V</b></p> <p>Potato Wedges Applesauce</p>	<p><b>14</b></p> <p>Cheesy Breadstick &amp; Marinara <b>V</b></p> <p>Caesar Salad Diced Pears</p>	<p><b>15</b></p> <p>Spaghetti with Plant Based Crumbles Or Turkey Bolognese</p> <p>Orange Smiles Roasted Broccoli &amp; Carrots</p>
<p><b>18</b></p> <p>Sunbutter &amp; Jelly Sandwich <b>VE</b></p> <p>Bell Peppers w/ Ranch Watermelon</p>	<p><b>19</b></p> <p>Taco Quesadilla or Cheese Quesadilla w/ Sour Cream <b>V</b></p> <p>Tomato, Corn, Cilantro Salad Applesauce</p>	<p><b>20</b></p> <p>Hamburger w/ Toppings or Veggie Burger <b>V</b></p> <p>Potato Wedges w/ Ketchup &amp; Mustard Banana</p>	<p><b>21</b></p> <p>Veggie Lo Mein <b>V</b></p> <p>Sweet &amp; Sour Vegetables Apples Slices</p>	<p><b>22</b></p> <p>NO SCHOOL</p>
<p><b>20</b></p> <p>NO SCHOOL</p>	<p><b>21</b></p> <p>NO SCHOOL</p>	<p><b>22</b></p> <p>NO SCHOOL</p>	<p><b>23</b></p> <p>NO SCHOOL</p>	<p><b>24</b></p> <p>NO SCHOOL</p>

Student's choice of skim or 1% hormone-free milk provided at every meal. All grains are whole grain rich. Vegetarian options (including milk and eggs) notated with **V**, Vegan options notated with **VE**. Locally Sourced items noted in **green**. This menu is subject to change and based upon product availability.