## December 2023

## Lunch Early Childhood Education

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Taco Pizza     Tofu Fried Rice V     Roasted Cauliflower     Orange Wedges	5 • Parmesan Chicken w/ Spaghetti &	6 • Taco Mac & Cheese • Bean & Cheese	7 • Tuna Salad Sandwich • Breakfast Potato Bowl w/ Biscuit V • Roasted Carrots • Mandarin Oranges	8 • Taco Quesadilla • Fajita Vegetable Quesadilla V • Baked Beans • Fresh Apple Slices
<ul> <li>Deli Bento Box</li> <li>Veggie Burger V</li> <li>Sweet Potato Fries</li> <li>Fresh Apple Slices</li> </ul>	12 • Spaghetti w/ Turkey Marinara • Grilled Cheese Sandwich V • Parmesan Green Beans • Orange Wedges	<ul> <li>Cheeseburger</li> <li>Teriyaki Tofu w/ Brown Rice VE</li> <li>Baked Plantains</li> <li>Frozen Blueberries</li> </ul>	<ul> <li>Veggie Tortellini V</li> <li>Sunbutter &amp; Jelly Sandwich VE</li> <li>Roasted Carrots</li> <li>Fresh Banana</li> </ul>	<ul> <li>Taco Pizza</li> <li>Cheese Pizza V</li> <li>Broccoli &amp; Red Peppers</li> <li>Applesauce</li> </ul>
<ul> <li>Ground Turkey Enchilada</li> <li>Cheese Filled Breadstick w/ Marinara V</li> <li>Refried Pinto Beans</li> <li>Diced Pears</li> </ul>	<ul> <li>19 • Pulled Chicken w/Gravy &amp; Dinner Roll</li> <li>• Rainbow Chili w/Biscuit V</li> <li>• Mashed Potatoes</li> <li>• Baked Cinnamon Apples</li> </ul>	20 • French Toast Sticks w/ Turkey Sausage • Tortillas de Patata V • Tomato Cucumber Salad • Mixed Fruit Salad	<ul> <li>Chicken Caesar Wrap</li> <li>Vegan BBQ Sloppy Joe VE</li> <li>Green Beans</li> <li>Orange Wedges</li> </ul>	• No School
• NO SCHOOL	• NO SCHOOL	• NO SCHOOL	• NO SCHOOL	• NO SCHOOL

Student's choice of skim or 1% This menu is subject to hormone-free milk provided change based upon at every meal

availability

V- Vegetarian (including milk and eggs)

**VE- Vegan**