December 2023 **Breakfast** Grades K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 • Cheesy Scrambled Eggs w/ Toast V • Apple Cinnamon Muffin w/ String Cheese V • Fresh Apple • Diced Pears	5 • Biscuit w/ Old Fashioned Country Gravy • Cinnamon Cream Cheese Filled Mini Bagels V • Banana Muffin w/ String Cheese V • Strawberries • Fresh Tangerine	6 • Egg & Cheese Breakfast Sandwich on a Buttermilk Biscuit V • Strawberry Yogurt w/ Graham Crackers V • Blueberry Muffin w/ String Cheese V • Apple Juice • Orange Wedges	7 • French Toast Sticks w/ Warm Syrup V • Plain Bagel w/ Cream Cheese V • Pineapple Tidbits • Baked Cinnamon Apples	8 • Sausage Breakfast Pizza • Tropical Mango Round V • Apple Cinnamon Muffin w/ String Cheese V • Frozen Blueberries • Fresh Banana
11 • Breakfast Sausage & Pancake on a Stick • Plain Bagel w/ Cream Cheese V • Apple Cinnamon Muffin w/ Cheese Stick V • Orange Wedges • Mixed Fruit Salad	12 • Egg & Cheese Flatbread Sandwich V • Vanilla Yogurt w/ Graham Crackers V • Banana Muffin w/ String Cheese V • Fresh Apple • Fresh Tangerine	13 • Breakfast Taco w/Potato, Egg, Turkey Crumble & Salsa • Cinnamon French Toast Bites V • Blueberry Muffin w/ String Cheese V • Orange Wedges • Watermelon	14 • French Toast Sticks w/ Warm Syrup V • Blueberry Patch Parfait w/ Graham Crackers V • Apple Cinnamon Muffin w/ String Cheese V • Grape Juice • Fresh Apple Slices	15 • Egg & Potato Breakfast Burrito V • Strawberry Guava Danish V • Blueberry Muffin w/ String Cheese V • Fresh Banana • Applesauce
18 • Breakfast Bowl w/ Turkey Crumble, Potato, Egg, Cheese & Salsa • Vanilla Yogurt w/ Graham Cracker V • Blueberry Muffin w/ String Cheese V • Frozen Blueberries • Fresh Tangerine	19 • French Toast Sticks w/ Warm Syrup V • Tropical Mango Round V • Apple Cinnamon Muffin w/ String Cheese V • Orange Wedges • Baked Cinnamon Apples	20 • Egg & Cheese Bagel Sandwich V • Cinnamon French Toast Bites V • Banana Muffin w/ String Cheese V • Cantaloupe • Orange Wedges	21 • Pancake & Turkey Breakfast Sausage on a Stick • Plain Bagel w/ Cream Cheese V • Blueberry Muffin w/ String Cheese V • Fresh Banana • Apple Juice	22 • **No School**
25 • **NO SCHOOL**	26 • **NO SCHOOL**	27 • **NO SCHOOL**	28 • **NO SCHOOL**	29 • **NO SCHOOL**

*Assorted Cereals Offered Daily – Cheerios, Rice Chex, Cinnamon Chex, Cinnamon Toast Crunch, Raisin Bran

All grain products are whole grain rich.

Student's choice of skim or 1% hormone-free milk provided at every meal

This menu is subject to change **based upon availability**

V- Vegetarian (including milk and eggs)

VE- Vegan

This Institution is an Equal Opportunity Provider

For an interactive menu and nutrient information please visit us on dcps.sodexomyway.com

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