

Breakfast in the
Classroom & Grab n'Go
December

ONE-TABLE

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<p>Cheesy Scrambled Eggs w/Toast</p> <p>Assorted Cereal</p>	<p>Hard Boiled Egg Bento Box</p> <p>Assorted Cereal</p>	<p>Egg & Cheese Biscuit Sandwich</p> <p>Assorted Cereal</p>	<p>Banana Muffin w/ String Cheese</p> <p>Assorted Cereal</p>	<p>Potato, Egg & Cheese Breakfast Burrito</p> <p>Assorted Cereal</p>
<p>Diced Pears Fresh Apples</p>	<p>Strawberries Tangerines</p>	<p>Orange Wedges Apple Juice</p>	<p>Baked Cinnamon Apples Canteloupe</p>	<p>Fresh Banana Wild Blueberries</p>

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All BIC/GnG breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

December

Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Plain Bagel w/Cream Cheese Assorted Cereal	Egg & Cheese Biscuit Sandwich Assorted Cereal	Vanilla Yogurt w/Graham Crackers Assorted Cereal	Whole Grain French Toast Sticks w/Syrup Assorted Cereal	Egg & Cheese Breakfast Burrito Assorted Cereal
Diced Peaches Frozen Blueberries	Mandarin Oranges Crisp Apples	Watermelon Orange Slices	Apple Slices Grape Juice	Banana Applesauce

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Peach Cobbler Breakfast Square Assorted Cereal	Oatmeal Breakfast Round Assorted Cereal	Egg & Cheese Bagel Sandwich Assorted Cereal	Blueberry Muffin w/ String Cheese Assorted Cereal	Strawberry Yogurt w/ Graham Crackers Assorted Cereal
Fresh Tangerine Blueberries	Orange Slices Fresh Apples	Cantaloupe Orange Slices	Apple Juice Fresh Banana	Strawberries Grapes

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Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
		Happy Holidays!		

Monday 30	Tuesday 31	Wednesday Jan 1	Thursday 2	Friday 3
		Happy New Year!	Plain Bagel w/Cream Cheese Assorted Cereal	Strawberry Oatmeal (ve) Assorted Cereal
			Fresh Banana Fresh Grapes	Strawberries Wild Blueberries

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