

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Cheesy Scrambled Eggs w/Toast Diced Pears	Hard Boiled Egg Bento Box Strawberries	Egg & Cheese Breakfast Sandwich on a Biscuit Orange Wedges	Banana Muffin w/String Cheese Baked Cinnamon Apples	Potato, Egg & Cheese Breakfast Bowl Fresh Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Lunch Comfort Kitchen	Crispy Chicken Wrap Cheese Pizza (v) Roasted Cauliflower Orange Slices	Chicken Quesadilla Cheese Quesadilla (v) Roasted Broccoli Diced Pears	Beef Tachos w/Breadstick Plant-Based Tachos w/Breadstick (v) Mexican Corn Applesauce	Tuna Salad Sandwich Breakfast Potato Bowl w/Biscuit (v) Roasted Carrots Mandarin Oranges	Turkey & Cheese Sandwich Glorious Mac & Cheese (v) Peas Apple Slices
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OFFERED

DAILY

Non fat white milk
Low-fat 1% white milk

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast	Plain Bagel w/Cream Cheese Peach Slices	Egg & Cheese Biscuit Sandwich Mandarin Oranges	Vanilla Yogurt w/Graham Crackers Watermelon	Whole Grain French Toast Sticks w/Syrup Apple Slices	Egg & Cheese Burrito Banana

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**Lunch
Comfort
Kitchen**

Butter Chicken w/Brown Rice Veggie Burger (v) Green Peas Apple Slices	Turkey Tacos al Pastor Grilled Cheese Sandwich (v) Aztec Corn & Beans Orange Slices	Cheeseburger Chile Relleno Burrito (v) Baked Plantains Pineapple Tidbits	Pasta w/Colorful Marinara Sunbutter & Jelly Sandwich (ve) Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Applesauce
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	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast	Peach Cobbler Breakfast Square Fresh Tangerine	Oatmeal Breakfast Round Orange Slices	Egg & Cheese Bagel Sandwich Cantaloupe	Blueberry Muffin w/ Cheese Stick Fresh Banana	Strawberry Yogurt w/ Granola Strawberries

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**Lunch
Comfort
Kitchen**

Crunchy Beef Taco	Chicken Nuggets	Chicken & Bean Empanada	Beef Bolognese	Cheese Quesadilla (v)
Cheese-filled Breadsticks w/Marinara (v)	Macaroni & Cheese (v)	Teriyaki Tofu w/ Veggie Lo Mein (v)	Tortellini Marinara (v)	Tuna Salad Sandwich
Refried Pinto Beans Diced Pears	Citrus Glazed Carrots Fresh Apple Slices	Roasted Bell Peppers & Onions Mandarin Oranges	Roasted Green Beans Orange Smiles	Roasted Broccoli Banana

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	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Breakfast			Happy Holidays!		

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Lunch Comfort Kitchen			Happy Holidays!		
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	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
Breakfast			Happy New Year!	Plain Bagel w/Cream Cheese Fresh Banana	Strawberry Oatmeal (ve) Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

			Happy New Year!	Chili con Carne w/Breadsticks Caprese Grilled Cheese Sandwich (v) Crinkle Cut Fries Mandarin Oranges	Chicken & Bean Empanada Broccoli & Cheese Baked Potato w/Garlic Knot(v) Coleslaw Applesauce
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