

Elementary & K-8

December

ONE-TABLE



Comfort Kitchen



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Parmesan Chicken w/Spaghetti & Marinara Cheese Pizza (v) Parmesan Green Beans Roasted Cauliflower	Chicken Quesadilla OR Cheese Quesadilla (v) Mexican Black Beans Roasted Cilantro & Lime Broccoli	Beef Tachos w/Breadstick Plant-based Tachos w/Breadstick (v) Mexican Corn Tater Tots	Spicy Chicken Sandwich Fiesta Potato Breakfast Bowl w/Biscuit (v) Sweet Potato Fries Seasoned Carrot Coins	BBQ Mac & Cheese w/ Garlic Knot Lasagna Roll Up w/ Garlic Knot (v) Collard Greens Green Peas
Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad w/Breadstick	Hummus Box (v)	Turkey & Cheese Sandwich

Strawberries Orange Slices Baby Carrots Super Salad	Red Seedless Grapes Orange Slices Chilled Peas Spinach Salad	Whole Apple Frozen Blueberries Red Pepper Strips Super Salad	Apple Slices Banana Roasted Chickpeas Spinach Salad	Mixed Melon Peach Slices Cucumber Slices Super Salad
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All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

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Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Butter Chicken w/Brown Rice Veggie Burger (v) Green Peas Sweet Potato Fries Burger Toppings	Turkey Tacos al Pastor w/Avocado Crema Grilled Cheese Sandwich (v) Black Bean & Corn Salad Crinkle Cut Fries	Cheeseburger Chile Relleno Burrito (v) Roasted Broccoli & Carrots Baked Plantains	Breaded Chicken Drumstick w/Mac & Cheese Pasta & Colorful Marinara w/Garlic Knot (v) Citrus Carrots Collard Greens	Honey BBQ Chicken Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Roasted Butternut Squash
Deli Bento Box	Chef Salad w/Hard Boiled Egg and Garlic Knot (v)	Chicken Caesar Salad w/ Breadstick	Sunbutter & Jelly Sandwich (ve)	Turkey & Cheese Sub
Apple Sauce Fresh Peach Cucumber Coins Super Salad	Orange Slices Apple Slices Caesar Side Salad Sliced Bell Pepper	Frozen Blueberries Pineapple Tidbits Super Salad Baby Carrots	Banana Fresh Pear Caesar Side Salad Celery Sticks	Whole Apple Red Seedless Grapes Super Salad Chilled Peas

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Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Crunchy Beef Tacos Cheese-filled Breadsticks w/Marinara (v) Refried Pinto Beans Green Beans	Chicken Nuggets w/Breadstick Macaroni & Cheese w/Breadstick (v) Citrus Glazed Carrots Green Peas	Chicken & Bean Empanadas Teriyaki Tofu w/Veggie Lo Mein (v) Fiesta Potatoes Roasted Bell Peppers & Onions	Beef Bolognese w/ Garlic Knot Tortellini Marinara w/ Garlic Knot (v) Roasted Sweet Potatoes Roasted Broccoli	Cheese Quesadilla (v) Fajita Chicken w/ Jollof Rice & Oven Baked Flatbread Collard Greens Refried Beans
Strawberry Banana Parfait (v)	Pizza Bento Box	Fiesta Salad w/Breadstick (v)	Chicken Caesar Wrap	Tuna Salad Sandwich
Orange Slices Diced Pear Baby Carrots Super Salad	Apple Slices Diced Peaches Garden Salad Cucumber Slices	Watermelon Mandarin Oranges Super Salad Chilled Sweet Potato	Fresh Whole Apple Orange Smiles Garden Side Salad Red Bell Pepper Strips	Banana Wild Blueberries Super Side Salad Tomato, Corn, & Cilantro Salad

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Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
		Happy Holidays!		



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Elementary & K-8
December/ January

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Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
		Happy New Year!	Chili con Carne w/Breadstick Caprese Grilled Cheese Sandwich (v) Green Peas Crinkle Cut Fries	Chicken & Veggie Empanadas Broccoli & Cheese Baked Potato w/ Garlic Knot (v) Roasted Broccoli Blue Ribbon Slaw
			Chicken Caesar Wrap	Fiesta Salad w/ Garlic Knot(v)
			Whole Apple Mandarin Oranges Greek Salad Green Pepper Strips	Orange Slices Applesauce Super Salad Potato Salad

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