

Middle & High School

December 4 - 8

ONE-TABLE



**Comfort
Kitchen**



**Block
Party**



Traditions



**Corner
Deli**



**From the
Garden**

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

Monday Dec 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Turkey Hot Dog Veggie Burger (v) Mexican Black Beans Burger Toppings	Spaghetti & Turkey Marinara Cheese Quesadilla (v) Aztec Corn Salsa	Roast Turkey w/Gravy & Dinner Roll Bean & Cheese Enchiladas (v) Roasted Sweet Potato	Spicy Chicken Sandwich Fiesta Potato Breakfast Bowl w/Biscuit (v) Seasoned Carrot Coins	BBQ Mac & Cheese w/Dinner Roll Fajita Vegetable Quesadilla (v) Roasted Broccoli
Tofu & Rice Guisado w/Flatbread (v) Baked Tostones	Dominican Chimichurri Burger (v) Yucca Fries	Pavo Al Horno w/Dominican Yellow Rice (v) Roasted Broccoli	Fries with Dominican Beef Chimi Sauce and Breadstick (v)	Stewed Lentils with Brown Rice (v) Mashed Plantains
Nacho Bar Tortilla Chips Turkey Taco Filling Queso Blanco Mexican Black Beans (v) Mixed Greens Salsa & Nacho Toppings	Grill Spicy Chicken Sandwich Veggie Burger (v) Fish Sandwich Crinkle Cut Fries Mixed Greens Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Garden Salad (v)	Nacho Bar Tortilla Chips Turkey Taco Filling Refried Beans (v) Cheddar Cheese Sauce Mixed Greens Salsa & Nacho Toppings	Grill Classic Hamburger Classic Cheeseburger Veggie Burger (v) Crinkle Cut Fries Mixed Greens Burger Toppings
Turkey & Cheese Sub Fiesta Dip Box (v)	American Combo Sub Hearty Garden Salad w/Breadstick (v)	Italian Combo Sub Hummus Box (ve)	Turkey & Cheese Sub Protein Box (v)	Turkey-Ham & Cheese Sub Fiesta Salad w/Breadstick (v)
Fresh Apple Slices Orange Slices Baby Carrots Super Salad	Banana Diced Peaches Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Diced Peaches Roasted Chickpeas Super Salad	Orange Slices Diced Pears Celery Sticks Super Salad

All grain products are whole grain rich.


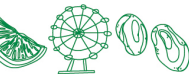



(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

opportunity provider.
Additional nutrition information
available upon request.

Middle & High School

December 11- 15

ONE-TABLE

	Monday Dec 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
 Comfort Kitchen	Butter Chicken w/Brown Rice Veggie Burger (v) Seasoned Potato Wedges Burger Toppings	Spaghetti & Turkey Marinara w/Garlic Knot Grilled Cheese Sandwich (v) Parmesan Green Beans	Cheeseburger Jamaican Jerk Lentils w/Brown Rice (v) Broccoli & Carrots Burger Toppings	Breaded Chicken Drumstick w/Mac & Cheese Veggie Tortellini w/Garlic Knot (v) Collard Greens	Crispy Chipotle Chicken Sandwich Rainbow Chili w/Cheese & Breadstick (v) Broccoli Slaw
 Block Party	Salvadorian Chicken w/Brown Rice Roasted Corn	Brazilian Steak Sandwich Seasoned Potato Wedges	Sofrito Black Beans w/Plantain Fried Rice (v) Roasted Broccoli	Bean & Queso Blanco Quesadilla (v) Mexican Black Beans	Green Chili Chicken & Corn Stew w/Brown Rice Mexican Roasted Sweet Potato
 Traditions	Pizza Taco Pizza Veggie Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Turkey Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Crispy Chicken Sandwich Grilled Cheese Sandwich (v) Crinkle Cut Fries Burger Toppings	Pizza Cheese Pizza (v) Taco Pizza Garden Salad (v)	Nacho Bar Tortilla Chips Turkey Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings
 Corner Deli	Chef Salad w/Egg and Breadstick Fiesta Dip Box (v)	Chicken Caesar Wrap Garden Salad w/Breadstick (v)	Crispy Chicken Salad w/Breadstick Hummus Box (ve)	Chicken Caesar Salad w/Breadstick Protein Box (v)	Deli Bento Box Fiesta Salad w/Breadstick (v)
 From the Garden OFFERED DAILY Non fat white milk Low-fat 1% white milk	Fresh Apple Slices Diced Peaches Basic Corn Salad Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Baby Carrots Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Mixed Fruit Salad Chilled Peas Super Salad

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

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Middle & High School

December 18- 22

ONE-TABLE

	Monday Dec 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
 Comfort Kitchen	Turkey Soft Tacos Cheesy Breadstick w/Marinara (v) Garden Salad w/Ranch	Chicken Drumstick w/Gravy & Dinner Roll Rainbow Chili w/Biscuit (v) Mashed Potatoes	French Toast Sticks w/turkey Sausage Patty Patatas Bravas (v) Roasted Bell Peppers & Onions	Breaded Chicken Drumstick w/Dinner Roll BBQ Sloppy Joe Sandwich (ve) Green Beans	No School
 Block Party	Habichuelas Guisados & Plantain Fried Rice Roasted Butternut Squash	Pollo Guisado w/Tortillas Yuca w/Garlic & Onion	Pastaleon w/Breadstick Ensalada Verde	Pica Pollo Drumstick w/Tortilla Chips Roasted Corn	
 Traditions	Grill Hamburger Cheeseburger Veggie Burger (v) Crinkle Cut Fries Mixed Greens Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Turkey Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Crispy Chicken Sandwich Grilled Cheese Sandwich (v) Crinkle Cut Fries Burger Toppings	
 Corner Deli	Turkey & Cheese Sub Fiesta Dip Box (v)	American Combo Sub Garden Salad w/Breadstick (v)	Italian Combo Sub Hummus Box (ve)	Turkey & Cheese Sub Protein Box (v)	
 From the Garden OFFERED DAILY Non fat white milk Low-fat 1% white milk	Fresh Apple Slices Orange Slices Baby Carrots Super Salad	Baked Cinnamon Apples Dried Cranberries Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Diced Peaches Broccoli Slaw Super Salad	

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Italian, Ranch, Ketchup, Mayo, Mustard