



Breakfast

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Strawberry Yogurt w/Graham Crackers	Blueberry Muffin w/String Cheese	Oatmeal Breakfast Round	Plain Bagel w/Cream Cheese	Strawberry Oatmeal (ve) Strawberries
Orange Wedges	Diced Peaches	Applesauce	Fresh Banana	

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Comfort Kitchen

E	ef & Cheese Nachos Veggie Burgers (v) exican Black Beans pple Slices	Chicken Nuggets Sunbutter & Jelly Sandwich (ve) Tater Tots Strawberries	Turkey & Cheese Sandwich Cheese-filled Breadsticks w/Marinara (v) Roasted Broccoli Banana	Chili con Carne w/Breadsticks Caprese Grilled Cheese Sandwich (v) Crinkle Cut Fries Mandarin Oranges	Chicken & Bean Empanada Broccoli & Cheese Baked Potato w/Garlic Knot(v) Coleslaw Applesauce
---	--	---	---	--	---

OFFERED DAILY

Non fat white milk Low-fat 1% white milk





		_	.ء.	4
н	re	21	VT:	- 191

Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Cheesy Scrambled Eggs w/Toast Diced Pears	Hard Boiled Egg Bento Box Strawberries	Egg & Cheese Breakfast Sandwich on a Biscuit Orange Wedges	Banana Muffin w/String Cheese Baked Cinnamon Apples	No School

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Lunch Comfort Kitchen

	Crispy Chicken Wrap	Chicken Quesadilla	Beef Tachos w/Breadstick	Chicken & Waffles	
	Cheese Pizza (v) Roasted Cauliflower Orange Slices	Cheese Quesadilla (v) Roasted Broccoli Diced Pears	Plant-Based Tachos w/Breadstick (v) Mexican Corn Applesauce	Breakfast Potato Bowl w/Biscuit (v) Roasted Carrots Mandarin Oranges	No School
L					

OFFERED DAILY

Non fat white milk Low-fat 1% white milk





D I -	£ 4
Break	TAST

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
No School	Egg & Cheese Biscuit Sandwich	Vanilla Yogurt w/Graham Crackers	Whole Grain French Toast Sticks	Egg & Cheese Burrito
	Mandarin	Watermelon	w/Syrup	Banana
	Oranges		Apple Slices	

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

Lunch
Comfort

Kitchen

	Turkey Tacos al Pastor	Cheeseburger	Pasta w/Colorful	Turkey & Cheese
		Chick'n	Marinara	Sandwich
No School	Grilled Cheese	Nuggets w/		
	Sandwich (v)	Breadstick (v)	Sunbutter &	Cheese Pizza
			Jelly Sandwich	(v)
	Aztec Corn &	Baked	(ve)	
	Beans	Plantains		Roasted
	Orange Slices	Pineapple	Citrus Glazed	Broccoli &
		Tidbits	Carrots	Red Peppers
			Banana	Applesauce
OFFERE				

OFFERED DAILY

Non fat white milk Low-fat 1% white milk





Breakfast

Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Peach Cobbler Breakfast Square	Oatmeal Breakfast Round	Egg & Cheese Bagel Sandwich	Blueberry Muffin w/ Cheese Stick	Strawberry Yogurt w/ Granola
Fresh Tangerine	Orange Slices	Cantaloupe	Fresh Banana	Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Comfort Kitchen

Crunchy Beef Taco Bean & Chicken W/ Brown Rice Cheese Soft Tacos (v) Refried Pinto Beans Diced Pears Chicken W/ Brown Rice Sweet & Sour Chicken w/ Brown Rice Sweet & Sour Chicken w/ Brown Rice French Toast W/ Turkey Sausage Teriyaki Tofu w/ Veggie Lo Mein(v) Rainbow Chili w/ Tortilla Chips(v) Roasted Bell Peppers & Cheese Quesadilla (v) Tuna Salad Sandwich Chips(v) Roasted Broccoli Banana Oranges
--

OFFERED DAILY

Non fat white milk Low-fat 1% white milk