

Monday 30	Tuesday 31	Wednesday Jan 1	Thursday 2	Friday 3
		Happy New Year!	Plain Bagel w/Cream Cheese Assorted Cereal	Strawberry Oatmeal (ve) Assorted Cereal
			Fresh Banana Fresh Grapes	Strawberries Wild Blueberries

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Cheesy Scrambled Eggs w/Toast Assorted Cereal	Hard Boiled Egg Bento Box Assorted Cereal	Egg & Cheese Biscuit Sandwich Assorted Cereal	Banana Muffin w/ String Cheese Assorted Cereal	Potato, Egg & Cheese Breakfast Burrito Assorted Cereal
Diced Pears Fresh Apples	Strawberries Tangerines	Orange Wedges Apple Juice	Baked Cinnamon Apples Canteloupe	Fresh Banana Wild Blueberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All BIC/GnG breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

January

Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Plain Bagel w/Cream Cheese Assorted Cereal	Egg & Cheese Biscuit Sandwich Assorted Cereal	Vanilla Yogurt w/Graham Crackers Assorted Cereal	Whole Grain French Toast Sticks w/Syrup Assorted Cereal	No School
Diced Peaches Frozen Blueberries	Mandarin Oranges Crisp Apples	Watermelon Orange Slices	Apple Slices Grape Juice	

Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
No School	Oatmeal Breakfast Round Assorted Cereal	Egg & Cheese Bagel Sandwich Assorted Cereal	Blueberry Muffin w/ String Cheese Assorted Cereal	Strawberry Yogurt w/ Graham Crackers Assorted Cereal
	Orange Slices Fresh Apples	Cantaloupe Orange Slices	Apple Juice Fresh Banana	Strawberries Grapes

Breakfast in the
Classroom & Grab n'Go
January

ONE-TABLE

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
No School	Scrambled Eggs w/ Toast Assorted Cereal	Tropical Mango Breakfast Round Assorted Cereal	Plain Bagel w/Cream Cheese Assorted Cereal	Egg & Cheese Biscuit Sandwich Assorted Cereal
	Apple Juice Pineapple	Blueberries Banana	Orange slices Pineapple	Grapes Tangerines

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