

Elementary & K-8
December/ January

ONE-TABLE



**Comfort
Kitchen**



**Corner
Deli**

**From the
Garden**



**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
		Happy New Year!	Chili con Carne w/Breadstick Caprese Grilled Cheese Sandwich (v) Green Peas Crinkle Cut Fries	Chicken & Veggie Empanadas Broccoli & Cheese Baked Potato w/ Garlic Knot (v) Roasted Broccoli Blue Ribbon Slaw
			Chicken Caesar Wrap	Fiesta Salad w/ Garlic Knot(v)
			Whole Apple Mandarin Oranges Greek Salad Green Pepper Strips	Orange Slices Applesauce Super Salad Potato Salad

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*

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January

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Comfort Kitchen



Corner Deli

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Parmesan Chicken w/Spaghetti & Marinara Cheese Pizza (v) Parmesan Green Beans Roasted Cauliflower	Chicken Quesadilla OR Cheese Quesadilla (v) Mexican Black Beans Roasted Cilantro & Lime Broccoli	Beef Tachos w/Breadstick Plant-based Tachos w/Breadstick (v) Mexican Corn Tater Tots	Spicy Chicken Sandwich Fiesta Potato Breakfast Bowl w/Biscuit (v) Sweet Potato Fries Seasoned Carrot Coins	BBQ Mac & Cheese w/ Garlic Knot Lasagna Roll Up w/ Garlic Knot (v) Collard Greens Green Peas
Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad w/Breadstick	Hummus Box (v)	Turkey & Cheese Sandwich

From the Garden



Strawberries Orange Slices Baby Carrots Super Salad	Red Seedless Grapes Orange Slices Chilled Peas Spinach Salad	Whole Apple Frozen Blueberries Red Pepper Strips Super Salad	Apple Slices Banana Roasted Chickpeas Spinach Salad	Mixed Melon Peach Slices Cucumber Slices Super Salad
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Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Butter Chicken w/Brown Rice Veggie Burger (v) Green Peas Sweet Potato Fries Burger Toppings	Turkey Tacos al Pastor w/Avocado Crema Grilled Cheese Sandwich (v) Black Bean & Corn Salad Crinkle Cut Fries	Cheeseburger Chile Relleno Burrito (v) Roasted Broccoli & Carrots Baked Plantains	Breaded Chicken Drumstick w/Mac & Cheese Pasta & Colorful Marinara w/Garlic Knot (v) Citrus Carrots Collard Greens	No School
Deli Bento Box	Chef Salad w/Hard Boiled Egg and Garlic Knot (v)	Chicken Caesar Salad w/ Breadstick	Sunbutter & Jelly Sandwich (ve)	
Apple Sauce Fresh Peach Cucumber Coins Super Salad	Orange Slices Apple Slices Caesar Side Salad Sliced Bell Pepper	Frozen Blueberries Pineapple Tidbits Super Salad Baby Carrots	Banana Fresh Pear Caesar Side Salad Celery Sticks	

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Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
No School	Chicken Nuggets w/Breadstick Macaroni & Cheese w/Breadstick (v) Citrus Glazed Carrots Green Peas	Chicken Katsu Sandwich Teriyaki Tofu w/Veggie Lo Mein (v) Fiesta Potatoes Roasted Bell Peppers & Onions	French Toast Sticks w/Turkey Sausage Tortellini Marinara w/Garlic Knot (v) Roasted Sweet Potatoes Baby Carrots	Cheese Quesadilla (v) Fajita Chicken w/ Jollof Rice & Oven Baked Flatbread Collard Greens Refried Beans
	Pizza Bento Box	Fiesta Salad w/Breadstick (v)	Chicken Caesar Wrap	Tuna Salad Sandwich
	Apple Slices Diced Peaches Garden Salad Cucumber Slices	Watermelon Mandarin Oranges Super Salad Chilled Sweet Potato	Fresh Whole Apple Orange Smiles Garden Side Salad Red Bell Pepper Strips	Banana Wild Blueberries Super Side Salad Tomato, Corn, & Cilantro Salad

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Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
No School	Spaghetti & Turkey Marinara Baked Penne w/Breadstick (v) Parmesan Green Beans Tater Tots	Grilled Chicken Sandwich Teriyaki Chick'n and Fried Rice (v) Roasted Broccoli & Carrots Green Peas	Beef Hot Dog Tortellini Pasta Salad (v) Crinkle Cut Fries Roasted Butternut Squash	Beef Enchiladas Cheese Pizza (v) Mexican Black Beans Citrus Carrots
	Hummus Box (v)	Turkey "Ham" and Cheese Sandwich	Blueberry Parfait (v)	Chicken Caesar Salad w/Breadstick
	Peach Slices Apple Slices Garden Salad Celery Sticks	Banana Orange Slices Asian Bean Salsa Super Salad	Frozen Blueberries Cantaloupe Blue Ribbon Slaw Tuscan Salad	Whole Apple Banana Roasted Corn Super Salad

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