

	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
Breakfast			Happy New Year!	Plain Bagel w/Cream Cheese Fresh Banana	Strawberry Oatmeal (ve) Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



Lunch
Comfort
Kitchen

		Happy New Year!	Chili con Carne w/Breadsticks Caprese Grilled Cheese Sandwich (v) Crinkle Cut Fries Mandarin Oranges	Chicken & Bean Empanada Broccoli & Cheese Baked Potato w/Garlic Knot(v) Coleslaw Applesauce
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OFFERED
DAILY

Non fat white milk
Low-fat 1% white milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Breakfast	Cheesy Scrambled Eggs w/Toast Diced Pears	Hard Boiled Egg Bento Box Strawberries	Egg & Cheese Breakfast Sandwich on a Biscuit Orange Wedges	Banana Muffin w/String Cheese Baked Cinnamon Apples	Potato, Egg & Cheese Breakfast Bowl Fresh Banana

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	Crispy Chicken Wrap	Chicken Quesadilla	Beef Tachos w/Breadstick	Tuna Salad Sandwich	Turkey & Cheese Sandwich
Lunch Comfort Kitchen	Cheese Pizza (v) Roasted Cauliflower Orange Slices	Cheese Quesadilla (v) Roasted Broccoli Diced Pears	Plant-Based Tachos w/Breadstick (v) Mexican Corn Applesauce	Breakfast Potato Bowl w/Biscuit (v) Roasted Carrots Mandarin Oranges	Glorious Mac & Cheese (v) Peas Apple Slices

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	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Breakfast	Plain Bagel w/Cream Cheese Peach Slices	Egg & Cheese Biscuit Sandwich Mandarin Oranges	Vanilla Yogurt w/Graham Crackers Watermelon	Whole Grain French Toast Sticks w/Syrup Apple Slices	No School

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	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Lunch Comfort Kitchen	Butter Chicken w/Brown Rice Veggie Burger (v) Green Peas Apple Slices	Turkey Tacos al Pastor Grilled Cheese Sandwich (v) Aztec Corn & Beans Orange Slices	Cheeseburger Chile Relleno Burrito (v) Baked Plantains Pineapple Tidbits	Pasta w/Colorful Marinara Sunbutter & Jelly Sandwich (ve) Citrus Glazed Carrots Banana	No School

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	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast	No School	Oatmeal Breakfast Round Orange Slices	Egg & Cheese Bagel Sandwich Cantaloupe	Blueberry Muffin w/ Cheese Stick Fresh Banana	Strawberry Yogurt w/ Granola Strawberries

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**Lunch
Comfort
Kitchen**

No School	Chicken Nuggets Macaroni & Cheese (v) Citrus Glazed Carrots Fresh Apple Slices	Chicken & Bean Empanada Teriyaki Tofu w/ Veggie Lo Mein (v) Roasted Bell Peppers & Onions Mandarin Oranges	French Toast W/ Turkey Sausage Tortellini Marinara (v) Roasted Green Beans Orange Smiles	Cheese Quesadilla (v) Tuna Salad Sandwich Roasted Broccoli Banana
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	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast	No School	Scrambled Eggs w/Toast Pineapple	Tropical Mango Breakfast Round Banana	Plain Bagel w/Cream Cheese Orange Wedges	Egg & Cheese Biscuit Sandwich Mandarin Oranges

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**Lunch
Comfort
Kitchen**

No School	Tuna Salad Sandwich Baked Penne (v) Mixed Garden Veggies Apple Slices	Grilled Chicken Sandwich Teriyaki Chick'n Fried Rice (v) Roasted Broccoli & Red Peppers Orange Slices	Popcorn Chicken Bowl w/Corn, Mashed Potatoes & Gravy Sunbutter & Jelly Sandwich (ve) Roasted Butternut Squash Banana	Beef Enchilada Cheese Pizza (v) Mexican Corn Cantaloupe
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