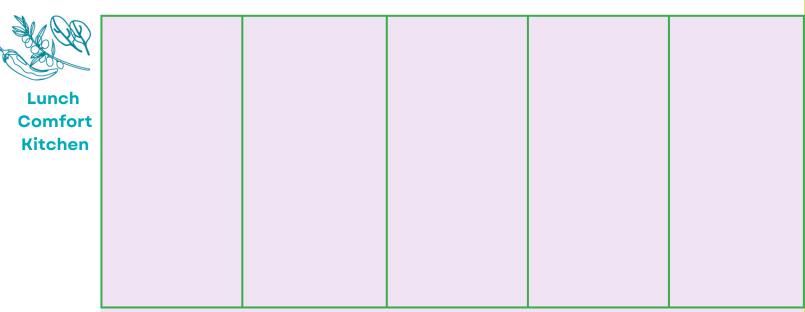
Early Childhood Education



	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
Breakfast	****	Нарру	Winter	Break!	****

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



OFFERED DAILY

Non fat white milk Low-fat 1% white milk



January



Breakfast

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
t	Whole Grain Bagel w/ Cream Cheese	Strawberry Yogurt w/ Graham Crackers	Cheesy Scrambled Eggs w/ Toast Orange	Hard Boiled Egg Breakfast Bento Box Baked	Potato, Egg, & Cheese Bowl Fresh Banana
	Pineapple	Strawberries	Wedges	Cinnamon Apples	

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Comfort Kitchen

î.	Crispy	Chicken	Turkey Tacos	Tuna Salad	Turkey "Ham"
	Chicken Wrap	Quesadilla w/	w/ Salsa	Sandwich (f)	& Cheese
		Salsa			Sandwich
	Cheese Pizza		Plant-Based	Breakfast	
	(v)	Cheese	Totchos w/	Potato Bowl	Glorious
		Quesadilla w/	Breadstick (v)	(v)	Macaroni &
	Parmesan	Salsa (v)			Cheese (v)
	Green Beans		Applesauce	Roasted	
	Diced Peaches	Mexican Black		Carrots	Green Peas
		Beans		Mandarin	Apple Slices
		Pineapple		Oranges	

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	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	Whole Grain Bagel w/ Cream Cheese	Banana Muffin Mandarin Oranges	Whole Grain French Toast Sticks w/ Syrup (ve)	Vanilla Yogurt Apple Slices	Tater Tot Breakfast Burrito
	Peach Slices	oranges	Applesauce	_ 	Banana

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	Cheeseburger	Turkey Tacos al Pastor w/	Teriyaki Chicken w/	Pasta w/ Rainbow	Turkey & Cheese		
	Veggie Burger	Avocado	Fried Rice	Marinara (ve)	Sandwich		
Lunch	(v)	Crema					
Comfort			Chik'n	Sunbutter &	Cheese Pizza		
Kitchen	Green Peas	Grilled Cheese	Nuggets w/	Jelly Sandwich	(v)		
	Fresh Apple	Sandwich (v)	Breadstick (v)	(ve)			
	Slices				Broccoli & Red		
		Aztec Corn	Baked	Lemon	Peppers		
		Orange Slices	Plantains	Carrots	Applesauce		
			Pineapple	Banana			
			Ketchup & Mustard				
			available				

OFFERED DAILY

Non fat white milk Low-fat 1% white milk





Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
	19	20	21	22	23
t	No School - MLK Jr. Day	Oatmeal Baked Cinnamon Apples	Egg & Cheese Bagel Sandwich Orange Slices	Blueberry Muffin w/ String Cheese Fresh Banana	Strawberry Yogurt w/ Granola Strawberries

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	Chicken Nuggets	Sweet & Sour Chicken w/ Brown Rice	French Toast Sticks (ve) & Vanilla Yogurt	Tuna Salad Sandwich (f)
Lunch Comfort Kitchen	Macaroni & Cheese (v) Citrus Glaze Carrots Pineapple	Teriyaki Tofu w/ Veggie Lo Mein (ve) Roasted Bell Peppers & Onions Mandarin Oranges	Rainbow Chili w/ Tortilla Chips (v) Roasted Sweet Potatoes Applesauce	Cheese Quesadilla (v) Roasted Broccoli Fresh Bananas
OFFERED DAILY Non fat white milk Low-fat 1% white milk				





	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Breakfast	No School -	Scrambled Eggs w/ Toast Pineapple	Tropical Mango Oatmeal Round	Berry Patch Smoothie	Egg & Cheese Breakfast Sandwich
	Presidents' Day	Tidbits	Fresh Banana	Orange Wedges	Mandarin Oranges

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Lunch	Tuna Salad Sandwich (f) Baked Penne	Teriyaki Chicken w/ Fried Rice	Rainbow Chili w/ Tortilla Chips (v)	Turkey Pepperoni Pizza
Comfort Kitchen	Parmesan Green Beans Fresh Apple Slices	Teriyaki Chik'n Nuggets w/ Fried Rice (v) Roasted Broccoli & Red Peppers Pineapple	Sunbutter & Jelly Sandwich (ve) Lemon Carrots Fresh Bananas	Cheese Pizza (v) Roasted Butternut Squash Cantaloupe
OFFERER				

OFFERED DAILY

Non fat white milk Low-fat 1% white milk