

Breakfast in the Classroom
& Grab n' Go
JANUARY

BREAKFAST

Monday Jan 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
No School	No School	Sunrise Breakfast Round	Whole Grain Bagel w/Cream Cheese Apple Cinnamon Muffin w/String Cheese	Strawberry Oatmeal Blueberry Muffin w/String Cheese
		Applesauce Strawberry Cup	Pineapple Tidbits Cinnamon Peaches	Frozen Blueberries Strawberry Cup

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Cheesy Scrambled Eggs w/Toast	Tropical Mango Round Banana Muffin w/String Cheese	Strawberry Yogurt w/Graham Crackers Blueberry Muffin w/String Cheese	Whole Grain French Toast Sticks w/Syrup	Apple Cinnamon Muffin w/String Cheese
Fresh Apple Diced Pears	Strawberry Cup Tangerine	Apple Juice Orange Wedges	Pineapple Tidbits Cinnamon Apples	Frozen Blueberries Banana

Daily offerings include assorted cereal bowls with graham crackers or assorted muffins with cheese stick. All breakfast entrées are vegetarian (including milk & eggs) and include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

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Monday Jan 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
No School	Vanilla Yogurt w/Graham Crackers Banana Muffin w/Cheese Stick	Cinnamon French Toast Bites Blueberry Muffin w/String Cheese	Whole Grain French Toast w/Syrup Apple Cinnamon Muffin w/String Cheese	Egg & Potato Breakfast Burrito Blueberry Muffin w/String Cheese
	Fresh Apple Tangerine	Orange Wedges Watermelon	Grape Juice Apple Slices	Applesauce Fresh Banana

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Vanilla Yogurt w/Graham Crackers Banana Muffin w/String Cheese	Sunrise Breakfast Round Apple Cinnamon Muffin w/String Cheese	Egg & Cheese Bagel Sandwich Banana Muffin w/String Cheese	Blueberry Muffin w/String Cheese (v)	No School
Frozen Blueberries Tangerine	Orange Slices Baked Cinnamon Apples	Cantaloupe Orange Wedges	Banana Apple Juice	

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Monday Jan 29	Tuesday 30	Wednesday 31	Thursday Feb 1	Friday 2
Whole Grain French Toast Sticks w/Syrup	Scrambled Eggs w/Toast Banana Muffin w/String Cheese	Tropical Mango Breakfast Round Apple Cinnamon Muffin w/String Cheese	Whole Grain Bagel w/Cream Cheese Banana Muffin w/String Cheese	Vanilla Yogurt w/Graham Crackers <hr/> Blueberry Muffin w/String Cheese
Fresh Apple Tangerine	Apple Juice Pineapple Tidbits	Banana Frozen Blueberries	Pineapple Tidbits Orange Wedges	Tangerine Apple Slices

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