

| | Monday Jan 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 |
|------------------|------------------|------------------|-------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------|
| Breakfast | No School | No School | Sunrise Breakfast Round Applesauce | Plain Bagel w/Cream Cheese Baked Cinnamon Peaches | Strawberry Oatmeal Strawberry Cup |

Daily offerings include assorted cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

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| No School | No School | Turkey Nachos. Cheese-filled Breadstick w/Marinara (v). Baby Carrots Banana | Chili con Carne w/Breadstick. Caprese Grilled Cheese Sandwich (v). Tater Tots Frozen Blueberries | Chicken Salad Sandwich. Broccoli & cheese Baked Potato. (v). Blue Ribbon Coleslaw Applesauce |
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes
vegan choices. Locally Sourced items offered daily. This menu is subject to
change and based upon product availability.

| | Monday Jan 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 |
|------------------|--------------------------------------------------|------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------|
| Breakfast | Cheesy Scrambled Eggs w/Toast Diced Pears | Tropical Mango Breakfast Round Strawberry Cup | Strawberry Yogurt w/Graham Crackers Orange Wedges | Whole Grain French Toast Sticks w/Warm Syrup Baked Cinnamon Apples | Apple Cinnamon Muffin w/String Cheese Stick Fresh Banana |

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| Lunch Comfort Kitchen | Taco Pizza. Tofu Fried Rice (v). Roasted Cauliflower Orange Slices | Parmesan Chicken & Spaghetti. Cheese Quesadilla (v). Roasted Broccoli Canned Pears | Taco Mac & Cheese. Bean & Cheese Enchiladas (v). Seasoned Corn Frozen Blueberries | Tuna Salad Sandwich. Fiesta Potato Breakfast Bowl w/Biscuit (v). Roasted Carrots Mandarin Oranges | Taco Quesadilla. Fajita Vegetable Quesadilla (v). Baked Beans Fresh Apple Slices |
|------------------------------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|

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| | Monday Jan 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 |
|------------------|------------------|---------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------|
| Breakfast | No School | Vanilla Yogurt w/Graham Crackers Tangerine | Cinnamon French Toast Bites Watermelon | Whole Grain French Toast Sticks w/Warm Syrup Apple Slices | Egg & Potato Breakfast Burrito Applesauce |

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**Lunch
Comfort
Kitchen**

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| No School | Spaghetti w/Panko Breadcrumbs & Turkey Marinara Grilled Cheese Sandwich(v) Parmesan Green Beans Orange Slices | Chicken Ramen Bowl. Teriyaki Tofu w/Brown Rice (v). Baked Plantains Frozen Blueberries | Veggie Tortellini (v). Sunbutter & Jelly Sandwich(ve). Roasted Carrots Banana | Taco Pizza. Cheese Pizza(v). Broccoli & Red Peppers Applesauce |
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| | Monday Jan 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 |
|------------------|---------------------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------|--------------|
| Breakfast | Vanilla Yogurt w/Graham Crackers Frozen Blueberries | Sunrise Breakfast Round Orange Slices | Egg & Cheese Bagel Sandwich Cantaloupe | Blueberry Muffin w/String Cheese Banana | No School |

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| Lunch Comfort Kitchen | Ground Turkey Enchiladas. Cheesy Breadsticks w/Marinara (v). Refried Beans Diced Pears | Chicken Nuggets. Macaroni & Cheese(v). Citrus Glazed Carrots Apple Slices | French Toast Sticks w/Turkey Sausage Patty. Baked Tofu & Veggie Lo Mein(v). Roasted Potatoes Mixed Fruit Salad | Taco Quesadilla. Sloppy Joe Sandwich (ve). Green Beans Orange Slices | No School |
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| | Monday Jan 29 | Tuesday 30 | Wednesday 31 | Thursday Feb 1 | Friday 2 |
|------------------|-------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------|-------------------------------------------------------|---------------------------------------------------|
| Breakfast | Whole Grain French Toast Sticks w/Syrup Apple Slices | Scrambled Eggs & Toast Pineapple Tidbits | Tropical Mango Breakfast Round Cantaloupe | Whole Grain Bagel w/Cream Cheese Orange Wedges | Vanilla Yogurt w/Graham Crackers Tangerine |

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| Lunch Comfort Kitchen | Spaghetti & Marinara Sauce (v). Grilled Cheese Sandwich (v). Baby Carrots Frozen Blueberries | Tuna Salad Sandwich. Baked Penne (v). Mixed Garden Veggies Apple Slices | Chicken Ramen Bowl. Tofu Fried Rice (v). Roasted Broccoli & Red Peppers Orange Slices | Popcorn Chicken Bowl w/Mashed Potatoes & Gravy. Sunbutter & Jelly Sandwich (ve). Roasted Cauliflower Banana | Beef Enchilada. Cheese Pizza (v). Mexican Corn Diced Peaches |
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