

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<p>French Toast Sticks w/ Syrup (v).</p> <p>Banana Muffin w/String Cheese (v).</p>	<p>Scrambled Eggs w/ Toast (v).</p> <p>Maple Snack'n Waffle (v).</p> <p>Blueberry Muffin w/String Cheese (v).</p>	<p>Cinnamon Roll Smoothie w/ Graham Cracker (v).</p> <p>Tropical Mango Breakfast Round (v).</p> <p>Banana Muffin w/ String Cheese (v).</p>	<p>Egg &amp; Cheese Sandwich on an English Muffin (v).</p> <p>Bagel w/ Cream Cheese (v).</p> <p>Blueberry Muffin w/ String Cheese (v).</p>	<p><u>Parfait Bar</u> Vanilla or Strawberry Yogurt w/ <u>Graham Crackers or Granola (v).</u></p> <p><u>Banana Muffin w/ String Cheese (v).</u></p>
<p>Fresh Apple</p> <p>Fresh Tangerine</p>	<p>Apple Juice</p> <p>Oranges</p>	<p>Orange Juice</p> <p>Frozen Blueberries</p>	<p>Fresh Banana</p> <p>Baked Cinnamon Apples</p>	<p>Fresh Tangerines</p> <p>Apples</p>



## June 1<sup>st</sup> is World Milk Day!

Did you know? Milk is made up of 85-95% water!

K-12 CORE BREAKFAST  
June

# BREAKFAST

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<p>Blueberry Snack'n Waffle (v).</p> <p>Hard Boiled Egg Bento Box (v).</p> <p>Apple Cinnamon Muffin w/ String Cheese (v).</p>	<p>Potato, Egg, &amp; Cheese Breakfast Bowl w/ Salsa (v).</p> <p>Yogurt Breakfast Bento Box (v).</p> <p>Blueberry Muffin w/ String Cheese (v).</p>	<p>Chicken &amp; Waffle Sandwich (v).</p> <p>Oatmeal Raisin Round (v).</p> <p>Blueberry Muffin w/ String Cheese (v).</p>	<p>Cheese Omelet w/ Whole Grain Biscuit (v).</p> <p>Bagel w/ Cream Cheese (v).</p> <p>Apple Cinnamon Muffin w/ String Cheese (v).</p>	<p>Cinnamon Roll Smoothie (v).</p> <p>Apple Cinnamon Oatmeal (v).</p> <p>Blueberry Muffin w/ String Cheese (v).</p>
<p>Orange Wedges Fresh Pears</p>	<p>Grape Juice Fresh Tangerine</p>	<p>Apple Juice Pineapple</p>	<p>Pear Fresh Banana</p>	<p>Frozen Blueberries Baked Apples</p>
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<p>Cheesy Scrambled Eggs w/ Toast (v).</p> <p>Banana Muffin w/ String Cheese (v).</p>	<p><b>No School</b></p>	<p>Egg &amp; Cheese Bagel Sandwich (v).</p> <p>Bagel w/ Cream Cheese (v).</p> <p>Banana Muffin w/String Cheese (v).</p>	<p>Whole Grain French Toast Sticks w/ Syrup (v).</p> <p>Apple Cinnamon Muffin w/ String Cheese (v).</p>	<p><b>Juneteenth</b></p>
<p>Fresh Apple Grape Juice</p>		<p>Apple Juice Orange Wedges</p>	<p>Pears Frozen Blueberries</p>	

Daily offerings include frosted mini wheats, cinnamon chex, blueberry chex, cheerios, and trix cereal with graham crackers. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. (v) denotes vegetarian choices (including milk and eggs) and (ve) denotes vegan choices. **Locally Sourced** items offered daily. This menu is subject to change and based upon product availability.

*This institution is an equal opportunity provider. Additional nutrition information available upon request.*