

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Plain Bagel w/ Cream Cheese Sliced Peaches	Egg & Cheese Biscuit Sandwich Mandarin Oranges	Vanilla Yogurt w/Graham Crackers Applesauce	Whole Grain French Toast Sticks w/Syrup Apple Slices	Tater Tot Breakfast Burrito Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Butter Chicken w/ Brown Rice Veggie Burger (v) Green Peas Apple Slices	Turkey Tacos al Pastor Grilled Cheese Sandwich (v) Aztec Corn & Beans Orange Slices	Cheeseburger Chick'n Nuggets w/ Breadstick (v) Baked Plantains Pineapple Tidbits	Pasta w/Colorful Marinara Sunbutter & Jelly Sandwich (ve) Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Applesauce
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. (f) denotes an item that contains fish. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast	Oatmeal Breakfast Round	Peach Cobbler Breakfast Square	Egg & Cheese Bagel Sandwich	Blueberry Muffin w/ Cheese Stick	Strawberry Yogurt w/ Granola
	Fresh Tangerine	Baked Cinnamon Apples	Orange Slices	Fresh Banana	Strawberries

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Lunch Comfort Kitchen	Crunchy Beef Taco	Chicken Nuggets	Sweet & Sour Chicken w/ Brown Rice	French Toast W/ Turkey Sausage	Cheese Quesadilla (v)
	Bean & Cheese Soft Tacos (v)	Macaroni & Cheese (v)	Teriyaki Tofu w/ Veggie Lo Mein (v)	Rainbow Chili w/ Tortilla Chips (v)	Tuna Salad Sandwich (f)
	Refried Pinto Beans Diced Pears	Citrus Glazed Carrots Fresh Apple Slices	Roasted Bell Peppers & Onions Mandarin Oranges	Roasted Sweet Potato Orange Smiles	Roasted Broccoli Banana

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availability.

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast	Whole Grain French Toast Sticks Apple Slices	Scrambled Eggs w/Toast Pineapple	Tropical Mango Breakfast Round Banana	Happy Juneteenth!	Have a Happy & Healthy Summer!

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**Lunch
Comfort
Kitchen**

Spaghetti & Turkey Marinara	Tuna Salad Sandwich (f)	Grilled Chicken Sandwich		
Grilled Cheese Sandwich (v)	Baked Penne (v)	Teriyaki Chick'n Fried Rice (v)		
Sweet Plantains Applesauce	Parmesan Green Beans Apple Slices	Roasted Broccoli & Red Peppers Orange Slices		

**OFFERED
DAILY**

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Low-fat 1% white
milk

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