

Breakfast in the Classroom & Grab n'Go
March

ONE-TABLE

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
French Toast Sticks Assorted Cereal	Scrambled Eggs w/Toast Assorted Cereal	Spiced Apple Parfait Assorted Cereal	Plain Bagel w/ Cream Cheese Assorted Cereal	Egg & Cheese Biscuit Sandwich _____ _____ _____
Fresh Tangerine Whole Apple	Apple Juice Pineapple Tidbits	Fresh Banana *Green Apples*	Fresh Banana Orange Wedges	Fresh Tangerine Plum

Hear the Crunch!



D.C. Hunger Solutions
 Ending Hunger in the Nation's Capital

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All BIC/GnG breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

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March

ONE-TABLE

Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Hard Boiled Egg Bento Box Assorted Cereal	Vanilla Yogurt w/ Graham Crackers Assorted Cereal	Oatmeal Round Assorted Cereal	Banana Muffin w/ String Cheese Assorted Cereal	Strawberry Oatmeal (ve) Assorted Cereal
Frozen Blueberries Orange Slices	Grape Juice Diced Peaches	Apple Juice Pineapple	Fresh Pear Banana	Wild Blueberries Whole Apple

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Cheesy Scrambled Eggs w/Toast Assorted Cereal	Strawberry Yogurt w/ Graham Crackers Assorted Cereal	Blueberry Muffin w/ String Cheese Assorted Cereal	Hard Boiled Egg Bento Box Assorted Cereal	Peach Cobbler Breakfast Square Assorted Cereals
Grape Juice Fresh Apples	Fresh Apple Tangerines	Orange Wedges Apple Juice	Baked Cinnamon Apples Pear	Frozen Blueberries Fresh Banana

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Breakfast in the
Classroom & Grab n'Go
March/April

ONE-TABLE

Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Whole Grain Bagel w/ Cream Cheese Assorted Cereal	Egg & Cheese Biscuit Sandwich Assorted Cereal	Vanilla Yogurt w/Graham Crackers Assorted Cereal	Whole Grain French Toast Sticks w/Syrup Assorted Cereal	Maple Snack'n Waffles Assorted Cereal
Fresh Apple Wild Blueberries	Mandarin Oranges Crisp Apples	Pear Orange Slices	Apple Slices Grape Juice	Applesauce Fresh Banana

Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Oatmeal Round Assorted Cereal	Peach Cobbler Breakfast Square Assorted Cereal	Egg & Cheese Bagel Sandwich Assorted Cereal	Blueberry Muffin w/ String Cheese Assorted Cereal	Strawberry Yogurt w/ Graham Crackers Assorted Cereal
Pear Tangerine	Orange Slices Fresh Apples	Fresh Apple Orange Slices	Apple Juice Fresh Banana	Strawberries Orange

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