

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Breakfast	Whole Grain Bagel w/Cream Cheese Mixed Fruit Salad	Vanilla Yogurt w/Graham Crackers Tangerine	Cinnamon French Toast Bites Watermelon	Whole Grain French Toast Sticks w/Syrup Apple Slices	Egg & Potato Breakfast Burrito Banana

Daily offerings include assorted cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Deli Bento Box. Veggie Burger (v). Sweet Potato Fries Apple Slices	Breakfast Pizza w/Turkey Sausage Egg & Cheese Breakfast Burrito (v). Fiesta Roasted Potatoes Orange Slices	Cheeseburger. Bean & Cheese Burrito (v). Baked Plantains Frozen Blueberries	Pasta w/Rainbow Marinara (v). Sunbutter & Jelly Sandwich (ve). Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich. Cheese Pizza (v). Broccoli & Red Peppers Applesauce
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Breakfast	Vanilla Yogurt w/Graham Crackers Frozen Blueberries	Sunrise Breakfast Round Orange Slices	Egg & Cheese Bagel Sandwich Cantaloupe	No School	No School

Daily offerings include assorted cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Beef Enchiladas. Cheesy Breadsticks w/Marinara (v). Refried Beans Diced Pears	Chicken Nuggets. Macaroni & Cheese(v). Citrus Glazed Carrots Apple Slices	Shepherds Pie w/Beef Crumbles & Biscuit. Broccoli & Cheddar Baked Potato (v). Roasted Broccoli Green Apples	No School	No School
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

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vegan choices. Locally Sourced items offered daily. This menu is subject to
change and based upon product availability.

	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Breakfast	Whole Grain French Toast Sticks w/Syrup Fresh Apple	Scrambled Eggs w/Toast Pineapple Tidbits	Tropical Mango Breakfast Round Fresh Banana	Plain Bagel w/Cream Cheese Orange Wedges	Vanilla Yogurt w/Graham Crackers Fresh Tangerine

Daily offerings include assorted cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Spaghetti & Marinara Sauce (v). Grilled Cheese Sandwich (v). Baby Carrots Frozen Blueberries	Tuna Salad Sandwich. Baked Penne (v). Mixed Garden Veggies Apple Slices	Grilled Chicken Sandwich. Tofu Fried Rice (v). Roasted Broccoli & Red Peppers Orange Wedges	Popcorn Chicken Bowl w/Corn & Mashed Potatoes (v). Sunbutter & Jelly Sandwich (ve). Roasted Cauliflower Banana	Beef Enchilada. Cheese Pizza (v). Mexican Corn Cantaloupe
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

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vegan choices. Locally Sourced items offered daily. This menu is subject to
change and based upon product availability.

	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Breakfast	Strawberry Yogurt w/Graham Crackers Orange Wedges	Egg & Potato Breakfast Burrito Fresh Tangerine	Sunrise Breakfast Round Applesauce	Plain Bagel w/Cream Cheese Banana	Strawberry Oatmeal Strawberry Cup

Daily offerings include assorted cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Beef & Cheese Nachos. Bean & Cheese Burrito (v).	Chicken Nuggets. Sunbutter & Jelly Sandwich (ve).	Turkey & Cheese Sandwich. Cheese-filled Breadstick w/Marinara (v).	Chili con Carne w/Breadstick. Caprese Grilled Cheese Sandwich (v).	Chicken Salad Sandwich. Broccoli & Cheese Baked Potato. (v).
Mexican Black Beans Apple Slices	Tater Tots Frozen Blueberries	Roasted Broccoli Banana	Crinkle Cut Fries Mandarin Oranges	Blue Ribbon Coleslaw Applesauce

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes
vegan choices. Locally Sourced items offered daily. This menu is subject to
change and based upon product availability.