

	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Breakfast	Whole Grain French Toast Sticks	Scrambled Eggs w/Toast	Tropical Mango Breakfast Round	Plain Bagel w/Cream Cheese	Egg & Cheese Biscuit Sandwich
	Apple Slices	Pineapple	Banana	Orange Wedges	Mandarin Oranges

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Spaghetti & Turkey Marinara	Tuna Salad Sandwich	Grilled Chicken Sandwich	Rainbow Chili w/ Tortilla Chips	Beef Enchilada
Grilled Cheese Sandwich (v)	Baked Penne (v)	Teriyaki Chick'n Fried Rice (v)	Sunbutter & Jelly Sandwich (ve)	Cheese Pizza (v)
Sweet Plantains Applesauce	Parmesan Green Beans Apple Slices	Roasted Broccoli & Red Peppers Orange Slices	Roasted Butternut Squash Banana	Lemon Carrots Cantaloupe

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white milk

All grain products are whole grain rich. (v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Breakfast	Strawberry Yogurt w/Graham Crackers Orange Wedges	Blueberry Muffin w/String Cheese Diced Peaches	Oatmeal Breakfast Round Pineapple	No School	No School

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Lunch Comfort Kitchen	Beef & Cheese Nachos Veggie Burgers (v) Mexican Black Beans Apple Slices	Chicken Nuggets Sunbutter & Jelly Sandwich (ve) Tater Tots Strawberries	Turkey & Cheese Sandwich Cheese-filled Breadsticks w/Marinara (v) Roasted Broccoli Banana		
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DAILY**

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milk

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	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Breakfast	Cheesy Scrambled Eggs w/Toast Diced Pears	Strawberry Yogurt w/ Graham Cracker Strawberries	Plain Bagel w/ Cream Cheese Orange Wedges	Hard Boiled Egg Bento Box Baked Cinnamon Apples	Potato Egg & Cheese Breakfast Bowl Fresh Banana

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Lunch Comfort Kitchen	Crispy Chicken Wrap Cheese Pizza (v) Roasted Cauliflower Orange Slices	Chicken Quesadilla Cheese Quesadilla (v) Mexican Black Beans Diced Pears	Beef Tachos w/Breadstick Plant-Based Tachos w/Breadstick (v) Mexican Corn Applesauce	Chicken & Waffles Breakfast Potato Bowl w/Biscuit (v) Roasted Carrots Mandarin Oranges	Turkey Ham & Cheese Sandwich Mac & Cheese (v) Green Peas Fresh Apple Slices
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DAILY

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	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breakfast	Plain Bagel w/ Cream Cheese Sliced Peaches	Egg & Cheese Biscuit Sandwich Mandarin Oranges	Vanilla Yogurt w/Graham Crackers Applesauce	Whole Grain French Toast Sticks w/Syrup Apple Slices	Tater Tot Breakfast Burrito Banana

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**Lunch
Comfort
Kitchen**

Butter Chicken w/ Brown Rice Veggie Burger (v) Green Peas Apple Slices	Turkey Tacos al Pastor Grilled Cheese Sandwich (v) Aztec Corn & Beans Orange Slices	Cheeseburger Chick'n Nuggets w/ Breadstick (v) Baked Plantains Pineapple Tidbits	Pasta w/Colorful Marinara Sunbutter & Jelly Sandwich (ve) Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Applesauce
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DAILY**

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	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 28
Breakfast	Oatmeal Breakfast Round Fresh Tangerine	Peach Cobbler Breakfast Square Baked Cinnamon Apples	Egg & Cheese Bagel Sandwich Orange Slices	Blueberry Muffin w/ Cheese Stick Fresh Banana	Strawberry Yogurt w/ Granola Strawberries

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**Lunch
Comfort
Kitchen**

Crunchy Beef Taco Bean & Cheese Soft Tacos (v) Refried Pinto Beans Diced Pears	Chicken Nuggets Macaroni & Cheese (v) Citrus Glazed Carrots Fresh Apple Slices	Sweet & Sour Chicken w/ Brown Rice Teriyaki Tofu w/ Veggie Lo Mein (v) Roasted Bell Peppers & Onions Mandarin Oranges	French Toast W/ Turkey Sausage Rainbow Chili w/ Tortilla Chips (v) Roasted Sweet Potato Orange Smiles	Cheese Quesadilla (v) Tuna Salad Sandwich Roasted Broccoli Banana
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